

**Name of Meet:**           **2025 May The 4<sup>th</sup> Be With You Invite**

**Date of Meet:**           **May 2 – 4, 2025**

**Meet Sanction:**       **Held under the sanction of USA Swimming issued by SC Swimming**  
**Sanction number: SC25110LCM**

**Host Club:**           **City of Charleston’s Southern Marlins Racing Team**

<b>Meet Director:</b>	<b>Kristin Cook</b>	<a href="mailto:kristincook@bellsouth.net">kristincook@bellsouth.net</a>	<b>843.991.1137</b>
<b>Meet Referee:</b>	<b>Dave Munday</b>	<a href="mailto:dpmunday@homesc.com">dpmunday@homesc.com</a>	<b>843.860.1239</b>
<b>Admin Ref:</b>	<b>Billy Culbertson</b>	<a href="mailto:meet.support@sportstiming.com">meet.support@sportstiming.com</a>	<b>843.296.9630</b>
<b>Meet Entries:</b>	<b>Victoria Billy Culbertson</b>	<a href="mailto:meet.support@sportstiming.com">meet.support@sportstiming.com</a>	<b>843.296.9630</b>
<b>Safety Marshall:</b>	<b>Josh Stroble</b>	<a href="mailto:josh.stroble@gmail.com">josh.stroble@gmail.com</a>	<b>843.469.3533</b>
	<b>Shelbi Gladwell</b>	<a href="mailto:shelbigladwell@gmail.com">shelbigladwell@gmail.com</a>	<b>843.963.0464</b>

**Facility:**           **Martin Luther King, Jr (MLK) Pool**  
**155 Jackson Street, Charleston, SC 29401 843-724-7342**

Outdoor 8-lane 50-meter pool with non-turbulent lane lines. The water depth from the start end is 5 feet from 1 meter to 5 meters. The depth at the turn end is 3-3.5 feet from 1 meter to 5 meters (202.3.4D). Six (6) or Eight (8) lanes are used for competition, depending on meet management. With warm up/warm down area to the diving well open at all times.

The competition course has not been certified in accordance with 104.2.2C(4). Limited bleacher seating is available. Deck chairs are encouraged. Only swimmers, officials, coaches and meet personnel are allowed on deck. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) anytime athletes, coaches, officials and/or spectators are present.

Lifeguards will provide medical supervision, and AED is on site.

The facility The MLK Pool in The City of Charleston. SMRT Swimming has limited session size. Entry will be only through the side gate on the east end of pool. All exits will be through the north gate (diving well side). There will be no spectators on deck.

**Rules:**

1. Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein.
2. MAAPP 2.0: All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
3. SWIMWEAR: No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet USA Swimming Rule 102.8.1F
4. Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.
5. **Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of these devices is also not allowed behind the starting blocks.**

**Athlete Eligibility:**

- This meet is open to all swimmers currently registered with USA Swimming.
- All USA Swimming registration numbers will be verified with SWIMS. Age is to be determined on the first day of the meet.
- USA Swimming registrations will not be accepted on deck.
- **Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.**
- The meet is limited to the first 300 swimmers/ per session.
- Athlete age up date is the first day of the meet dated above. Host reserves the right to add swimmers to fill age groups.

**Image Release:** By attending or participating in this competition, you agree to be filmed and photographed by host club approved photographer (s) and videographer (s) and to allow the right to use names and pictures before, during or after the meet, such as psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the start of the meet.

<b>Entry Fees:</b>	Pool Fee	\$25.00/swimmer
	SCLSC Travel Fund / Program Fee	\$2.00/swimmer
	SCLSC Sports Development Fee	\$2.00/swimmer
	Out of LSC Travel Fund Program fee	\$2.00/swimmer
	Individual Event	\$5.00 per event
	Deck entry fee	\$7.00 per event
	Electronic Heat Sheet Fee	\$5.00/swimmer

Make checks payable to ABC of SMRT. Entry fees are non-refundable. The Clerk of Course will accept deck entries for open lanes only. Payment for all deck entries is due before the end of warm-ups to Clerk of Course.

**Athletes may only swim 4 events per session**

**No Time Trials will be offered.**

**Meet Format:**

- All events will be contested as Timed Finals.
- The 800m Free, 400m FR, & 400 IM will be deck seeded and swum fastest to slowest.
- Swimmers must provide their own timers and counters for the 400 FR, 400 IM, and 800 FR.
- Positive Check-In will close 15 minutes before the start of competition.

Warm-up procedures: Team Lane assignments will be made for each session. All SCLSC and USA Swimming safety guidelines will be enforced.

Meet management reserves the right to adjust warm-up and meet start times based upon the number of entries and timeline of the meet. Teams will be notified of any changes in timeline via email and/or the SMRT website.

No food vendors will be present.

Entries received by the deadline date will be considered team entries and no refunds for no-shows will be issued.

**Seedings:**

Fri: All 200 IM's & 800 FR will be seeded and competed combined both age group & gender  
Sat: All 15 & over, 11-12 and 10 & under will be seeded and competed as mixed genders  
Sun: All 15 & over, 11-12 and 10 & under will be seeded and competed as mixed genders

**Time of Meet:**

Fri: Session 1 Warmups 4:30pm, Meet Starts 5:30pm  
Sat: Session 2 Warmups 7:30am, Meet Starts 8:30 am - All 15 & over & 13-14 Boys  
Session 3 Warmups not before 11:30am, Meet Starts 12:30pm - 13-14 Girls & All 11-12  
Session 4 Warmups not before 3:00pm, Meet Starts 3:45pm - All 10 & under  
Sun: Session 5 Warmups 7:30am, Meet Starts 8:30 am - All 15 & over & 13-14 Boys  
Session 6 Warmups not before 11:30am, Meet Starts 12:30pm - 13-14 Girls & All 11-12  
Session 7 Warmups not before 3:00pm, Meet Starts 3:45pm - All 10 & under

**Any changes in times that need to be made will be sent to coaches 7 days prior to meet.**

**Entries:**

Meet Entries - Go to [www.sportstiming.com](http://www.sportstiming.com) , click on upcoming meets and click on SMRT May The 4th Be With You Inv. Upload your entry file and Click submit. You will receive an email confirmation.

**Entries are due by 11:59pm Tuesday April 22, 2025**

SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline.

**Scoring:**

1<sup>st</sup> – 10<sup>th</sup> (11-9-8-7-6-5-4-3-2-1)  
in the following age-groups 8 & under, 9&10, 11&12, 13&14, 15 & Over  
10 & under events will be scored, (8 & under, 9&10)  
12 & under events will be scored (8 & under, 9&10, 11&12)  
11 & over events will be scored (11&12, 13&14, 15 & over)

**Awards:**

Individual Star War Theme High Point Trophies will be awarded to the Top 8 point scorers in each age group each gender.  
Heat Winner Ducks will be awarded.

**Timing:**

Colorado electronic timing system, with touch pads & plungers, will be used. Stop watches will also be used. Timing and data management provided by Sports Timing & Software Inc.

**Coaches Eligibility:**

Coaches must be coach members of USA Swimming and they must have their credentials visible at all times. Coaches meeting will be announced via email prior to meet

**Other Information:** Certified officials are welcome to assist with the meet. Please contact:

Victoria Culberston at [meet.support@sportstiming.com](mailto:meet.support@sportstiming.com) 843.296.9630  
Other contact: Josh Stroble at [SMRTcoaches@gmail.com](mailto:SMRTcoaches@gmail.com) 843.469.3533

Heat Sheets will be emailed to coaches before meet, for distribution to each team.

**City of Charleston Southern Marlins Racing Team**  
**2025 SMRT May The 4<sup>th</sup> Be With You Invitational**  
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Session 1 Friday

Warmups 4:30pm, Meet Starts 5:30pm

Girls' Event #	Event	Boys' Event #
1	13 & Over 200 IM*	2
3	12 & Under 200 IM*	4
5	11 & Over 800 FR#	6

\*Events 1&2 and 3&4 will be seeded and swim as mixed events (combined genders)

# Events 5&6 will be deck seeded, swim as mixed events and swim fast to slow

Session 2 All 15 & over and 13&14 Boys

Saturday Warmups 7:30am, Meet Starts 8:30am

Girls' Event #	Event	Boys' Event #
7	15 & Over 200 FR*	8
	13-14 200 FR*	9
10	15 & Over 100 BK*	11
	13-14 100 BK*	12
13	15 & Over 200 BR	14
	13-14 100 BR	15
16	15 & Over 100 FL	17
	13-14 200 FL	18
19	15 & Over 50 FR*	20
	13-14 50 FR*	21
	<b>5 Minute Break</b>	
22	15 & Over 400 FR#	23
	13-14 400 FR#	24

\* Events 7-9, 10-12 and 19-21 will be seeded and swim combined by age group and gender

# Events 22-24 will be decked seeded and swim combined by age group and gender  
and fast to slow

Session 3 All 11-12 and 13&14 Girls

Saturday Warmups Not Before 11:30am, Meet Starts Not Before 12:30pm

Girls' Event #	Event	Boys' Event #
25	13-14 200 FR*	
26	11-12 200 FR*	27
28	13-14 100 BK	
29	11-12 50 BK	30
31	13-14 100 BR*	
32	11-12 100 BR*	33
34	13-14 200 FL	
35	11-12 50 FL	36
37	13-14 50 FR*	
38	11-12 50 FR*	39
40	13-14 400 FR#	
41	11-12 400 FR#	42

\* Events 25-27, 31-33 and 37-39 will be seeded and swim combined by age group and gender

# Events 40-42 will be decked seeded and swim combined by age group and gender  
and fast to slow

Session 4 All 10 & unders

Saturday Warmups Not Before 3:00pm, Meet Starts Not Before 3:45pm

Girls' Event #	Event	Boys' Event #
43	10 & Under 50 FR	44
45	10 & Under 50 BK	46
47	10 & Under 100 BR	48
49	10 & Under 50 FL	50
51	10 & Under 200 FR	52

All 10 & Under events will swim as mixed events (combined gender)

Session 5 All 15 & over and 13&14 Boys

Sunday Warmups 7:30am, Meet Starts 8:30am

Girls' Event #	Event	Boys' Event #
53	15 & Over 100 FR*	54
	13-14 100 FR*	55
56	15 & Over 200 BK*	57
	13-14 200 BK*	58
59	15 & Over 100 BR	60
	13-14 200 BR	61
62	15 & Over 200 FL	63
	13-14 100 FL	64
65	15 & Over 400 IM#	66
	13-14 50 400 IM#	67

\* Events 53-55, 56-58 will be seeded and swim combined by age group and gender

# Events 65-67 will be seeded and swim combined by age group and gender and fast to slow

Session 6 All 11-12 and 13&14 Girls

Sunday Warmups Not Before 11:30am, Meet Starts Not Before 12:30pm

Girls' Event #	Event	Boys' Event #
68	13-14 100 FR*	
69	11-12 100 FR*	70
71	13-14 200 BK	
72	11-12 100 BK	73
74	13-14 200 BR	
75	11-12 50 BR	76
77	13-14 100 FL*	
78	11-12 100 FL*	79
80	13-14 400 IM#	

\* Events 68-70, 77-79 will be seeded and swim combined by age group and gender

# Event 80 will be seeded and swim fast to slow

Session 7 All 10 & unders

Sunday Warmups Not Before 3:00pm, Meet Starts Not Before 3:45pm

Girls' Event #	Event	Boys' Event #
81	10 & Under 100 FR	82
83	10 & Under 100 BK	84
85	10 & Under 50 BR	86
87	10 & Under 100 FL	88
89	10 & Under 400 FR	90

All 10 & Under events will swim as mixed events (combined gender)

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**Sanction # SC25110LCM**

Martin Luther King, Jr (MLK) Pool  
155 Jackson Street, Charleston, SC 29401 843-724-7342

Team Name \_\_\_\_\_ Team Abbreviation \_\_\_\_\_

Team Address: \_\_\_\_\_

City & State: \_\_\_\_\_ Zip \_\_\_\_\_

Head Coach/Team Rep: \_\_\_\_\_

Phone \_\_\_\_\_ Home \_\_\_\_\_ E-mail \_\_\_\_\_

Total # of Athletes \_\_\_\_\_ x \$25.00 Pool Fee \$ \_\_\_\_\_

Total # of Events: \_\_\_\_\_ x \$5.00 \$ \_\_\_\_\_

Total # of Athletes: \_\_\_\_\_ x \$2.00 SCLSC Travel Fund/Program Fee \$ \_\_\_\_\_

Total # of Athletes: \_\_\_\_\_ x \$2.00 SCLSC Sports Development Fee \$ \_\_\_\_\_

Total # of Athletes: \_\_\_\_\_ x \$2.00 out of LSC Travel Fund Program Fee \$ \_\_\_\_\_

Total # of Athletes: \_\_\_\_\_ x \$5.00 Electronic Heat Sheet Fee \$ \_\_\_\_\_

Total Fees Submitted \$ \_\_\_\_\_

**Make Checks Payable to ABC of SMRT**

Mail entries to: SMRT Swimming  
Attn.: Josh Stroble  
761 Condon Drive  
Charleston, SC. 29412

(Please waive signature for overnight deliveries)

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the safety rules of USA Swimming and SC Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

It is understood and agreed that USA Swimming Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that SC Swimming, WL Stephens Pool, Sports Timing & Software Inc., and The City of Charleston, Southern Marlins Racing Team shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Signature/Title \_\_\_\_\_ Date \_\_\_\_\_