

Name of Meet:	2024 HOOS SMRT? Trophy Meet		
Date of Meet:	January 17-19, 2025		
Meet Sanction:	Held under the sanction of USA Swimming issued by SC Swimming: SC2562SCY		
Host Club:	SMRT Swimming & The Wahoos		
Meet Director:	Tara Boone	tara@wahooaquaticclub.org	843-452-9239
Meet Referee:	Billy Culbertson	Meet.support@sportstiming.com	843-628-5486
Admin Official:	Victoria Culbertson	Meet.support@sportstiming.com	843-628-5486
Meet Entries to:	Victoria Culbertson	Meet.support@sportstiming.com	843-628-5486
Safety Marshals:	Rob Olson	robolson1399@hotmail.com	843-670-2849
	Caroline Spence	carolinespence6@gmail.com	843-610-5053
Facility:	<p style="text-align: center;">North Charleston Aquatic Center 8610 Patriot Blvd, North Charleston, SC 29420</p> <p>Indoor 20-lane 25-yard competition pool with a moveable bulkhead with non-turbulent lane lines. Bleacher seating for over 1000 is available. Spectators may bring chairs and tents to use on the outside patios and grass areas. Chairs, food and coolers are not permitted on the pool deck.</p> <p>The water depth of the competition course is seven (7) feet, measured from one (1) meter to five (5) meters, on the starting end of the course, and seven (7) feet, measured from one (1) meter to five (5) meters, at the turn end of the course. The water depth of the warm down course is six (6) feet, measured from one (1) meter to five (5) meters, on the starting end of the course, and four (4) feet, measured from one (1) meter to five (5) meters, at the turn end of the course. The competition course has not been certified in accordance with 104.2.2C</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</p> <p>Medical supervision will be provided by lifeguard staff. AED is available at the facility.</p>		
Rules:	<p>Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein.</p> <p>MAAPP 2.0: All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.</p> <p>SWIMWEAR: No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet USA Swimming Rule 102.8.1F</p> <p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of these devices is also not allowed behind the starting blocks.</p> <p>Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.</p>		

Athlete Eligibility:	<p>This meet is open to all swimmers currently registered with USA Swimming.</p> <p>All USA Swimming registration numbers will be verified with SWIMS. Age is to be determined on the first day of the meet.</p> <p>USA Swimming registrations will not be accepted on deck.</p> <p>This meet is limited to 350 swimmers per session.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p>
Image Release:	<p>By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographer(s) and to allow the right to use names and pictures before, during, or after the meet such as psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the start of the meet.</p>
Entry Fees:	<p>\$4.00 per individual event \$30.00 pool/facility fee per swimmer \$5.00 Electronic Heat Sheet fee \$2.00 SCLSC Travel Fund/Program fee per swimmer \$2.00 SCLSC Sports Development fee per swimmer \$2.00 out-of-LSC SCLSC Travel Fund/Program fee \$8.00 for late entries No Time Trials Offered</p> <p>Make checks payable to ABC of SMRT. Entry fees are not refundable.</p>
Meet Format:	<p>The Meet Director reserves the right to limit events, heats, number of swimmers per team, or to adjust the format to conform with the 4-hour provision in accordance with Rule 205.3.1 F The Meet Director reserves the right to adjust warm-up and meet start times. Teams will be notified of any adjustments as soon as the deadline for entries received has passed.</p> <p>Entries will be accepted on a first come, first served basis, however, priority will be given to teams who plan to compete in the whole meet vs. one day of the meet. Once we reach the total number of eligible swimmers for each session no other entries will be accepted.</p> <p>In accordance with USA Swimming there will be a designated swimmer area. This area will be clearly marked and is only open to those swimming in the meet. Spectators will have a restricted area for seating.</p> <p>Warm-up procedures: team lane assignments will be made for each session. All SCLSC and USA Swimming safety guidelines will be enforced. For swimmers to warm-up a USA Registered coach must be present. If a coach cannot attend warm-up for his or her team, please contact the meet host.</p>

	<p>Two pools will be used for the Friday night session and for the mile on Sunday morning. One pool will be used for all other sessions and events.</p> <p>The mile will be seeded and swum mixed (boy/girl) , but scored separately.</p> <p>The meet director reserves the right to combine other events and/or sessions so that they are mixed (boy/girl), based on session timelines. If events are mixed (boy/girl), events will still be scored separately.</p> <p>Friday Events (Session #1) are timed finals.</p> <p>All Saturday morning events (Session #2) are Prelim/Finals, except 11-12 200 Back.</p> <p>For the Finals session (Saturday evening, Session #4): 11-12 events will have 1 heat each gender (top 10 returning athletes). 13 & older events will have three heats of 10 swimmers returning each gender with the "C" finals being 13 -14 age group protected. The order of finals shall be C – B – A.</p> <p>Saturday afternoon events (Session #3) will be timed finals for all swimmers aged 10 and younger; and preliminaries for 11-12 age group</p> <p>All Sunday events (Sessions #5 and Session #6) will be timed finals.</p> <p>The 400 IM, 500 Free, and 1650 Free will be seeded Fastest to slowest.</p> <p>-</p> <p>Check in event deadlines: Friday: 400 IM - 4:30 pm; 500 Free - 5:30 pm. Sunday: 1650 Free - 9:00 am</p> <p>500 Free and 1650 Free swimmers must supply their own timers and counters.</p> <p>Swimmers aged 11-12 may enter the mile and will swim that event in Session #5 (Sunday am). The mile will count towards the daily entry limit. 11-12 swimmers in the mile may not swim any other event in Session #5.</p>
Time of Meet:	<p>Friday: Warm-up: 4:00 pm; Friday Meet Start: Not before 5:00 pm</p> <p>Saturday Preliminary Session: Warmups: 7:30 am; Meet Start 8:30am Saturday Finals session Warmups 4:15pm Meet Starts 5:00pm</p> <p>Sunday Morning Timed Finals: 7:30am, Meet Starts 8:30am Sat/Sun: 10 &U Session: Warmups not before 11:30am, Meet Start: Not before 12:30pm</p> <p>Any changes to start times may be changed by meet management. Teams will be informed as soon as timelines are published.</p>

Entries:	<p>Entries are to be submitted to Sportstiming, Inc, via their website, www.sportstiming.com After entry submission, you will receive an email confirmation. Updated entries files are accepted up to the deadline.</p> <p>Entry questions: email meet.support@sportstiming.com</p> <p>Entries are due by midnight on Tuesday, Jan. 7th, 2025. SC Swimming does not accept deck registrations, all swimmers entered must be registered at the time of entry deadline.</p>
Scratch Rule	<p>Any swimmer not planning to swim at Saturday night's finals must scratch so that other swimmers who wish to swim, may do so.</p> <p>Swimmers that fail to show up for their finals event will be scratched from their first event the next day.</p> <p>Events to be deck seeded Open 400IM, 500 Free, 1650 free, 9-10 200 IM.</p> <p>There will be no penalty for not swimming pre-seeded events; it would be appreciated if a coach would inform the Clerk of Course of any swimmers scratching from the meet.</p>
Entry Limit:	<p><i>Athletes aged 13 & older may enter:</i> up to 2 individual events on Friday. up to 3 individual events on Saturday (prelim/finals format) up to 4 individual events on Sunday.</p> <p><i>Athletes aged 11-12 may enter:</i> up to 2 individual events on Friday. up to 3 individual events on Saturday (prelim/finals format). up to 4 individual events on Sunday.</p> <p><i>Athletes aged 9-10 may enter:</i> up to 1 event on Friday. up to 4 individual events on Saturday. up to 4 individual events on Sunday.</p> <p><i>Athletes aged 8 & under may enter:</i> up to 4 individual events on Saturday and 4 individual events on Sunday.</p>
Scoring:	<p>1 – 10th place will receive the following points: (11 – 9 – 8 – 7 – 6 – 5 – 4 – 3 – 2 – 1) Scoring is tallied for the following age-groups: 8 & under, 9-10, 11-12, 13-14, 15 & older.</p> <p>10 & under events will be scored as: 8 & under, 9-10. 9/older events will be scored as: 9-10, 11-12, 13-14, 15 & older. 11/older events will be scored as: 11-12, 13-14, 15 & older.</p>
Awards	<p>Super hero/Marvel themed High Point Trophies will be awarded to the top 8 scorers in each age group, each gender.</p> <p>Heat winner ducks will be awarded to all 10 & under events.</p>
Timing:	Timing and Data Processing will be provided by SportsTiming, Inc. Colorado electronic timing system, with touch pads & plungers, will be used. Stop watches will also be used.
Coaches Eligibility:	Coaches must be coach members of USA Swimming and they must present their credentials through deck pass to the meet director at the start of the meet. Coaches meeting will be announced via email prior to meet.
Other Information:	<p>Certified officials are welcome to assist with the meet. Please contact Victoria Culbertson @ meet.support@sportstiming.com 843.628.5486</p> <p>Heat Sheets will be emailed out to all participating coaches before the meet. We will not have heat sheets available for sale at the meet.</p>

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Girls Event #	Session 1: Friday, 1/17/25 (Timed Finals)	Boys Event #
	Warm-ups: 4:00 pm. Meet Starts: Not before 5:00 pm	
	ORDER OF EVENTS	
1	11-12 50 Fly	2
3	11 & older 400 IM	4
5	9-10 200 IM	6
7	11 & older 50 Free	8
9	9 & older 500 Free	10

Girls Event #	Session 2: Saturday, 1/18/25 (Prelims)	Boys Event #
	Warm-ups: 7:30 am. Meet Starts: 8:30 am	
	ORDER OF EVENTS	
11	13 & older 100 Fly	12
13	13 & older 200 Back	14
15	13 & older 200 Free	16
17	13 & older 100 Breast	18
19	13 & older 200 IM	20

Girls Event #	Session 3: Saturday, 1/18/25 (11-12 Prelims; 10/under Timed Finals)	Boys Event #
	Warm-ups: not before 11:30 am. Meet Starts: not before 12:30 pm	
	ORDER OF EVENTS	
21	11-12 100 Fly	22
23	9-10 100 Fly	24
25	8 & under 25 Fly	26
27	11-12 50 Back	28
29	9-10 50 Back	30
31	8 & under 50 Back	32
33	11-12 200 Free	34
35	8 & under 25 Breast	36
37	9-10 100 Breast	38
39	11-12 100 Breast	40
41	10 & under 100 IM	42
43	11-12 200 IM	44
	<i>5 minute break as needed</i>	
45	11-12 200 Back (TF)	46

Girls Event #	Session 4: Saturday, 1/18/25 (Finals)	Boys Event #
	Warm-ups: 4:00 pm. Meet Starts: 5:00 pm	
	ORDER OF EVENTS	
21	11-12 100 Fly	22
11	13 & older 100 Fly	12
27	11-12 50 Back	28
13	13 & older 200 Back	14
33	11-12 200 Free	34
15	13 & older 200 Free	16
39	11-12 100 Breast	40
23	13 & older 100 Breast	24
43	11-12 200 IM	44
19	13 & older 200 IM	20

Girls Event #	Session 5: Sunday, 1/19/25 (Timed Finals)	Boys Event #
	Warm-ups: 7:30 am. Meet Starts: 8:30 am	
	ORDER OF EVENTS	
47	13 & older 200 Fly	48
49	13 & older 100 Back	50
51	13 & older 200 Breast	52
53	13 & older 100 Free	54
	5 minute break as needed	
55 (MIXED)	11 & older mile	

Girls Event #	Session 6: Sunday, 1/19/25 (Timed Finals)	Boys Event #
	Warm-ups: not before 11:30 am. Meet Starts: not before 12:30 pm	
	ORDER OF EVENTS	
57	11-12 100 IM	58
59	9-10 50 Fly	60
61	8 & under 50 Fly	62
63	11-12 100 Back	64
65	9-10 100 Back	66
67	8 & under 25 Back	68
69	11-12 200 Breast	70
71	9-10 50 Breast	72
73	8 & under 50 Breast	74
75	11-12 50 Breast	76
77	10 & under 100 Free	78
79	8 & under 25 Free	80
81	11-12 100 Free	82
	5 minute break as needed	
83	11-12 200 Fly	84

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Meet Entry Summary Sheet

Total Number of Swimmers _____	x \$2.00 SCLSC Sports Development Fee	= \$ _____
Total Number of Swimmers _____	x \$2.00 SCLSC Travel Fund/Program Fee	= \$ _____
Total Number of out-of LSC _____	x \$2.00 SCLSC Travel Fund/Program Fee	= \$ _____
Total Number of Swimmers _____	x \$30.00 Facility Fee	= \$ _____
Total Number of Swimmers _____	x \$5.00 Electronic Heat Sheet Fee	= \$ _____
Total # Individual Events: _____	x \$4.00 Individual Events	= \$ _____
Total Fees:		= \$ _____

Team: _____ Team Code: _____

Number of coaches at meet: _____

Head Coach: _____

Send e-mail results to: _____

Send Paper copy in lieu of e-mail to: _____

Make Checks Payable To: ABC of SMRT

Mail check to: Tara Boone

705 Magnolia Street

Mount Pleasant, SC 29464

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and SC Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that the SC LSC, SMRT, North Charleston Aquatic Center, and SportsTiming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Signature/Title

Date