

| | |
|--|---|
| |  2024 Annual Blizzard Blast Invitational |
| | December 13-15, 2024 |
| Meet Sanction: | Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number: SC2549SCY Time Trials: SC2550TT |
| Host Club: |  South Carolina Swim Club |
| Meet Director(s): Meet Referee: Admin Official: Meet Entries to: Safety Marshal(s): | Laurie Morrin scscmanager@swimscsc.com 843-819-3377 Jason Overby OverbyJ@cofc.edu 843-953-8098 Billy Culbertson Meet.support@sportstiming.com 843-628-5486 Victoria & Billy Culbertson Meet.support@sportstiming.com 843-628-5486 Nate Murray Nmurray@swimscsc.com 704-964-9942 Victoria Ratliff Vratliff@swimscsc.com 973-919-2953 |

| | |
|------------------|--|
| Facility: | <p style="text-align: center;">North Charleston Aquatic Center 8610 Patriot Blvd, North Charleston, SC 29420</p> <p>Indoor 20-lane 25-yard competition pool with a moveable bulkhead and 8-lane 25 yard warm down pool with non-turbulent lane lines. Bleacher seating for over 1000. Spectators may bring chairs and tents to use on the outside patios and grass areas. Chairs, food and coolers are not permitted on the pool deck.</p> <p>The water depth of the competition course is seven (7) feet, measured from one (1) meter to five (5) meters, on the starting end of the course, and seven (7) feet, measured from one (1) meter to five (5) meters, at the turn end of the course. The water depth of the warm down course is six (6) feet, measured from one (1) meter to five (5) meters, on the starting end of the course, and four (4) feet, measured from one (1) meter to five (5) meters, at the turn end of the course. The competition course has not been certified in accordance with 104.2.2C</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</p> <p>Medical Supervision: Medical supervision will be provided by the NCAC Lifeguard staff</p> |
|------------------|--|

| | |
|---------------|--|
| Rules: | <ol style="list-style-type: none"> 1. Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein. 2. This meet will allow any USA Swimming registered swimmer to attend. 3. In accordance with USA Swimming there will be a designated swimmer area. This area will be clearly marked and is only opened to those swimming in the meet. Parents are not to enter nor sit in this area. 4. MAAPP 2.0 All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. 5. SWIM WEAR: No Technical Suit may be worn by any 12&Under USA Swimming Athlete member in competition at any Sanctioned. Approved or Observed meet (USA Swimming Rule 102.8.1F) 6. Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet. 7. The use of pull buoys, paddles, kickboards, bands, tubing and other equipment is prohibited. 8. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of these devices is also not allowed behind the starting blocks. |
|---------------|--|

| | |
|-----------------------------|---|
| Athlete Eligibility: | <p>This meet is open to all swimmers currently registered with USA Swimming. All USA Swimming registration numbers will be verified with SWIMS. Age is to be determined on the first day of the meet.</p> <p>USA Swimming registrations will not be accepted on deck.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p> |
| Image Release: | <p>By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographer(s) and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team’s head coach and the Meet Director prior to the start of the meet.</p> |

| | |
|--------------------|---|
| Entry Fees: | <ul style="list-style-type: none"> • \$5.00 per individual event • \$30.00 pool/facility fee per swimmer • \$5.00 Electronic heat sheet fee • \$2.00 SCLSC Travel Fund/Program fee per swimmer • \$2.00 SCLSC Sports Development fee per swimmer • \$2.00 out-of-LSC Travel Fund/Program fee • \$10.00 for time trials • Make checks payable to SCSC--MPSCPA. Entry fees are non-refundable. • Deck entries will be allowed based on a first come, first serve lane-opening basis and at the discretion of the meet ref. Deck entries will be \$8.00 per individual event • Swimmers may enter up to Two (2) individual events on Friday; 10 & under swimmers may enter up to three (3) individual events on Saturday & Sunday; 11 & over swimmers may enter up to three (3) individual events on Saturday & Sunday. The session event maximum(s) may be amended based on timeline and total number of athletes competing, at the sole discretion of the host team's Meet Director. • Time trials count towards the total number of events swimmers are allotted per day. |
|--------------------|---|

| | |
|---------------------|---|
| Meet Format: | <ul style="list-style-type: none"> • The total number of eligible swimmers for the meet is set at 1000 swimmers. The Meet Director reserves the right to limit events, heats, number of swimmers per team, or to adjust the format to conform with the 4 hour provision for 12 and Under sessions in accordance with Rule 205.3.1 F The Meet Director reserves the right to adjust warm-up and meet start times. Teams will be notified of any adjustments as soon as the deadline for entries received has passed. • Meet management reserves the right to utilize two pools for preliminary and timed final sessions; alternating odd and even heats, splitting male and female, or age group specific pools will be formats in consideration and determined based on preliminary meet entries from all participating teams. • Warm-up procedures: Team lane assignments will be made for each session. Finals will be open warm-up. All SCLSC and USA Swimming safety guidelines will be enforced. In order for swimmers to warm-up a USA Registered coach must be present. If a coach cannot attend warm-up for his or her team please contact the meet host. • All 10&U Events will be timed finals • All events on Friday night are timed finals. Meet management reserves the right to limit the number of heats for the Open 1000 Free. Swimmers must provide their own timers and counters for all Friday evening events. All Friday night events will be positively checked in. • On Saturday and Sunday, the top 10 swimmers will return for finals in the 11-12 Age Group; the 13 and over events will have a C, B, and A final (10 swimmers each) with the C final being a protected 13-14 heat. 13-14 protected C finalists will be announced as soon as results from preliminaries are tallied, and communicated to affected participants where applicable. 13-14 protected C finalists are responsible for and answerable to the scratch rule. • All 500 freestyles will be positive check in events • Seeding <ul style="list-style-type: none"> a) Meet management reserves the right to limit the number of entries of any over distance events to meet timeline constraints, with priority given to those who are entered with entry times (not "NT"). Limitations will be communicated following reception of preliminary meet entries from all participating teams. b) The 13 and over 500 freestyle preliminary heats will be swum as follows: Deck seeded, utilizing two pools, one gender will be in one pool & the other gender in one pool seeded fastest to slowest. |
|---------------------|---|

| | |
|----------------------------|---|
| Meet Format (cntd): | <p>c) The 12 and under 500 free is a timed final event and all heats will be contested during the preliminary session, mixed gender event and will be swum fastest to slowest. Meet host reserves the right to limit the number of heats of 500 free to meet timeline</p> <p>d) The Open 400 IM and 1000 free will be swum with heats seeded fastest to slowest, in two courses by gender. Meet management reserves the right to limit / remove “NT” entries to meet timeline</p> <ul style="list-style-type: none"> ● Swimmers may choose to have a counter for the 1000 free and the 500 Free. Swimmers must provide their own timers and counters. ● A swimmer that misses their assigned heat will not be entered into another heat of that event unless circumstances are beyond the swimmer's control as determined by the meet referee, in which case the swimmer may be allowed to swim in an open lane of another heat ● The adjacent 8 lane therapy pool will be open for warm-up/warm-down during the meet at the discretion of the meet ref. ● Meet management reserves the right to insert breaks in the meet where necessary to allow athletes proper rest. |
|----------------------------|---|

| | |
|----------------------|---|
| Scratch Rule: | <ul style="list-style-type: none"> ● The Friday evening events and all events 400 and above are positive check -in events. A swimmer who is positively checked in for a deck seeded event who does not swim will be barred from the next individual event in which the swimmer is entered. ● There will be no penalty for not swimming pre-seeded events; it would be appreciated if a coach would inform Clerk of Course of any swimmers scratching from the meet. ● Any swimmer not planning to swim during a finals session must scratch so those swimmers who would like to swim again may do so. The penalty for failure to show in a final or consolation final is being barred from their next individual event. ● Exceptions for failure to compete – no penalty shall apply for failure to report or swim an event if (1) the meet referee is notified in event of illness or injury and accepts the proof thereof, (2) a swimmer qualifying for a final based upon the results of preliminaries notifies the meet referee within thirty (30) minutes of the announcement of the qualifiers for that final event that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event (“intent to scratch”), (3) a swimmer qualifying for a final event, as a result of scratches following announcement of the qualifiers based upon the results of preliminaries or failure of a qualifier to swim, or (4) if it is determined by the meet referee that failure to compete is caused by circumstances beyond the control of the swimmer. |
|----------------------|---|

| | |
|---------------------|--|
| Time Trials: | <ul style="list-style-type: none"> ● Time Trials will be offered for swimmers entered in the meet at the conclusion of any session, time permitting, and at the discretion of the Meet Referee. ● Time trials count towards the total number of events swimmers are allotted per day. ● Any event 400 & over will only be contested if time permits at discretion of the Meet Ref. ● Order of events will be determined by the Meet Ref. ● Swimmers must be entered in the meet to sign up for a time trial ● Swimmers must provide their own timers |
|---------------------|--|

| | |
|----------------------|---|
| Time of Meet: | <ul style="list-style-type: none"> ● Friday Warm-up: 4:00 P.M ; Meet start not before 5:00 p.m. ● Sat/Sun 13 & over Prelim Warm up start: 7:00 A.M; Meet Start 8:30 AM ● Sat/Sun 12&U Warmup: 12:30 P.M; Meet Start: 1:30 P.M ● Sat/Sun Finals Warm up: 4:30 PM; Finals Meet Start: 5:30 P.M. |
|----------------------|---|

| | |
|-----------------------------|---|
| Entries: | <p>Entries are to be sent to Sports Timing, Inc. Go to www.sportstiming.com, click on upcoming meets and click on the 8th Annual Blizzard Blast. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files, you are able to submit a new form and file. Entry questions can be emailed to meet.support@sportstiming.com. Clubs or individuals not submitting entries electronically will be subject to a \$10.00 per swimmer entry surcharge.</p> |
| Entry Limits: | <p>Entries are due by 5 PM on Wednesday, December 4th. SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline</p> <p>Swimmers may enter up to Two (2) individual events on Friday; 10 & under swimmers may enter up to three(3) individual events on Saturday & Sunday; 11 & over swimmers may enter up to three (3) individual events on Saturday & Sunday. The daily event maximum(s) may be amended based on timeline and total number of athletes competing, at the sole discretion of the host team's Meet Director.</p> |
| Awards: | Rubber Ducks & Hot Heat Winners |
| Scoring: | No Scoring |
| Timing: | Timing and Data Processing will be provided by SportsTiming, Inc. Colorado electronic timing system, with touch pads & plungers, will be used. Stop watches will also be used. |
| Coaches Eligibility: | Coaches must be coach members of USA Swimming and they must present their credentials through deck pass to the meet director at the start of the meet. Coaches meeting will be announced via email prior to the swim meet. |
| Other Information: | <ol style="list-style-type: none"> 1. Certified officials are welcome to assist with the meet. Please contact Jason Overby at overbyj@cofc.edu. 2. Heat Sheets will be emailed out to all participating swimmers before the meet. We will not have heat sheets available for sale at the meet. 3. An alternate contact for meet information other than the meet manager is: Nate Murray at: Nmurray@swimscsc.com |

Blizzard Blast Order of Events

Friday Night Session (12/13)

Warm-up: 4:00P ; Start Time: 5:00P

| Girls | Event | Boys |
|-------|----------------|------|
| 1 | 11-12 200 Fly | 2 |
| 3 | Open 400 IM | 4 |
| 5 | 11-12 200 Bk | 6 |
| 7 | 11-12 200 Brst | 8 |
| 9 | Open 1000 Fr | 10 |

Saturday AM Session (12/14) - 13 & Over Prelims

Warm-up 7:00 AM; Meet Start 8:30 AM

| Girls | Event | Boys |
|-------|--------------------|------|
| 11 | 13 & over 200 Free | 12 |
| 15 | 13 & Over 100 Fly | 16 |
| 19 | 13 & Over 200 Brst | 20 |
| 23 | 13 & Over 50 Free | 25 |
| 27 | 13 & Over 200 IM | 28 |
| 31 | 13 & Over 100 Back | 32 |

Saturday 12&U Session (12/14) (11-12 Prelims; 10&U timed finals)

Warm-up 12:30 PM ; Meet start 1:30 PM

| Girls | Event | Boys |
|-------|-------------------|------|
| 13 | 11-12 200 free | 14 |
| 115 | 10&u 200 free | 116 |
| 17 | 11-12 50 fly | 18 |
| 117 | 9-10 50 fly | 118 |
| 119 | 8 & u 25 fly | 120 |
| 21 | 11-12 100 breast | 22 |
| 121 | 10 & u 100 breast | 122 |
| 123 | 8 & u 50 breast | 124 |
| 25 | 11-12 50 free | 26 |
| 125 | 9-10 50 free | 126 |
| 127 | 8 & u 50 free | 128 |
| 29 | 11-12 200 IM | 30 |
| 129 | 10 & u 200 IM | 130 |
| 33 | 11-12 100 bk | 34 |
| 133 | 10 & u 100 bk | 134 |
| 135 | 8 & u 25 bk | 136 |

Saturday Finals Session (12/14)
Warm-up 4:30 PM ; Meet start 5:30 PM

| Girls | Event | Boys |
|--------------|----------------------|-------------|
| 11 | 13 & Over 200 Free | 12 |
| 13 | 11-12 200 Free | 14 |
| 15 | 13 & Over 100 Fly | 16 |
| 17 | 11-12 50 Fly | 18 |
| 19 | 13 & Over 200 Breast | 20 |
| 21 | 11-12 100 Breast | 22 |
| 23 | 13 & Over 50 Free | 24 |
| 25 | 11-12 50 Free | 26 |
| 27 | 13 & Over 200 IM | 28 |
| 29 | 11-12 200 IM | 30 |
| 31 | 13 & Over 100 Back | 32 |
| 33 | 11-12 100 Back | 34 |

Sunday AM Session (12/15) - 13 & Over Prelims
Warm-up 7:30 AM; Meet Start 8:30 AM

| Girls | Event | Boy |
|--------------|--------------------|------------|
| 37 | 13 & Over 100 Fr | 38 |
| 41 | 13 & Over 200 Bk | 42 |
| 45 | 13 & Over 100 Brst | 46 |
| 49 | 13 & Over 200 Fly | 50 |
| 53 | 13 & Over 500 Fr | 54 |

Sunday 12&U Session (12/15) (11-12 Prelims; 10&U timed finals)
Warm-up 12:30 PM ; Meet start 1:30 PM

| Girls | Event | Boys |
|--------------|-----------------------|-------------|
| 35 | 11-12 100 IM | 36 |
| 135 | 10 & u 100 IM | 136 |
| 39 | 11-12 100 Free | 40 |
| 139 | 10 & u 100 Free | 140 |
| 141 | 8 & u 25 Free | 142 |
| 43 | 11-12 50 Bk | 44 |
| 143 | 9-10 50 Bk | 144 |
| 145 | 8 & u 50 bk | 146 |
| 47 | 11-12 50 Breast | 48 |
| 147 | 9-10 50 Breast | 148 |
| 149 | 8 & u 25 Breast | 150 |
| 51 | 11-12 100 Fly | 52 |
| 151 | 10 & u 100 Fly | 152 |
| 153 | 8 & u 50 Fly | 154 |
| 55 | 9 - 12 Mixed 500 Free | 55 |

Sunday Finals Session (12/15)
Warm-up 4:30 PM ; Meet start 5:30 PM

| Girls | Event | Boys |
|--------------|----------------------|-------------|
| 35 | 11-12 100 IM | 36 |
| 37 | 13 & Over 100 Free | 38 |
| 39 | 11-12 100 Free | 40 |
| 41 | 13 & Over 200 Back | 42 |
| 43 | 11-12 50 Back | 44 |
| 45 | 13 & Over 100 Breast | 46 |
| 47 | 11-12 50 Breast | 48 |
| 49 | 13 & Over 200 Fly | 50 |
| 51 | 11-12 100 Fly | 52 |
| 53 | 13 & Over 500 Free | 54 |

See below for detachable for waiver and total charges page

2024 8th Annual Blizzard Blast December

December 13th-15th 2024

North Charleston Aquatic Center

Held under the sanction of USA Swimming issued by SC Swimming:

Sanction Number: SC2549SCY

Time Trials: SC2550TT

Meet Entry Summary Sheet

| | |
|---------------------------------------|---|
| Total Number of Swimmers _____ | x \$2.00 SCLSC Sports Development Fee = \$ _____ |
| Total Number of Swimmers _____ | x \$2.00 SCLSC Travel Fund/Program Fee = \$ _____ |
| Total Number of out-of LSC _____ | x \$2.00 SCLSC Travel Fund/Program Fee = \$ _____ |
| Total Number of Swimmers _____ | x \$30.00 Facility Fee = \$ _____ |
| Total Number of Swimmers _____ | x \$5.00 Electronic Heat Sheet Fee = \$ _____ |
| Total Number Individual Events: _____ | x \$5.00 Individual Events = \$ _____ |

Total Fees: =\$ _____

Team: _____ Team Code: _____

Number of coaches at meet: _____

Head Coach: _____

Send email results to: _____

Send Paper copy in lieu of e-mail to: _____

Make Checks Payable To: South Carolina Swim Club MPSC-PA

Mail entries to: South Carolina Swim Club MPSC-PA PO Box 882, Mount Pleasant, SC 29465-0882

(Please waive signature for overnight deliveries)

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the safety rules of USA Swimming and SC Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that the SC LSC, the South Carolina Swim Club, North Charleston Aquatic Center, and SportsTiming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Signature/Title Date