

**Name of Meet:** **2024 May The 4<sup>th</sup> Be With You Inv.**

**Date of Meet:** **May 3 – 5, 2024**

**Meet Sanction:** **Held under the sanction of USA Swimming issued by SC Swimming  
Sanction number SC24109LCM**

**Host Club:** **City of Charleston’s Southern Marlins Racing Team**

<b>Meet Director:</b>	Kristin Cook	<a href="mailto:kristincook@bellsouth.net">kristincook@bellsouth.net</a>	843.991.1137
<b>Meet Referee:</b>	Victoria Culbertson	<a href="mailto:meet.support@sportstiming.com">meet.support@sportstiming.com</a>	843.296.9630
<b>Admin Official:</b>	Billy Culbertson	<a href="mailto:meet.support@sportstiming.com">meet.support@sportstiming.com</a>	843.296.9630
<b>Meet Entries:</b>	Victoria & Billy Culbertson	<a href="mailto:meet.support@sportstiming.com">meet.support@sportstiming.com</a>	843.296.9630
<b>Safety Marshal:</b>	Josh Stroble	<a href="mailto:josh.stroble@gmail.com">josh.stroble@gmail.com</a>	843.469.3533
	Shelbi Gladwell	<a href="mailto:guatkids3@bellsouth.net">guatkids3@bellsouth.net</a>	843.963.0464

**Facility:** Martin Luther King, Jr (MLK) Pool  
155 Jackson Street, Charleston, SC 29401 843-724-7342

Outdoor 8-lane 50-meter pool with non-turbulent lane lines. The water depth from the start end is 5 feet from 1 meter to 5 meters. The depth at the turn end is 3-3.5 feet from 1 meter to 5 meters (202.3.4D). Six (6) or Eight (8) lanes are used for competition, depending on meet management. With warm up/warm down area to the diving well open at all times.

The competition course has not been certified in accordance with 104.2.2C(4). Limited bleacher seating is available. Deck chairs are encouraged. Only swimmers, officials, coaches and meet personnel are allowed on deck. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) anytime athletes, coaches, officials and/or spectators are present.

Lifeguards will provide medical supervision, and AED is on site.

The facility The MLK Pool in The City of Charleston. SMRT Swimming has limited session size. Entry will be only through the side gate on the east end of pool. All exits will be through the north gate (diving well side). There will be no spectators on deck.

**Rules:**

1. Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein.
2. MAAPP 2.0: All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
3. SWIMWEAR: No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet USA Swimming Rule 102.8.1F
4. Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.

5. **Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of these devices is also not allowed behind the starting blocks.**

**Athlete Eligibility:**

This meet is open to all swimmers currently registered with USA Swimming.

All USA Swimming registration numbers will be verified with SWIMS. Age is to be determined on the first day of the meet.

USA Swimming registrations will not be accepted on deck.

**Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.**

The meet is limited to the first 300 swimmers/ per session.

Athlete age up date is the first day of the meet dated above. Host reserves the right to add swimmers to fill age groups.

**Image Release:** By attending or participating in this competition, you agree to be filmed and photographed by host club approved photographer (s) and videographer (s) and to allow the right to use names and pictures before, during or after the meet, such as psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the start of the meet.

**Entry Fees:** Pool Fee - \$25.00/swimmer  
SCLSC Travel Fund / Program Fee \$2.00/swimmer  
SCLSC Sports Development Fee - \$2.00/swimmer  
Out of LSC Travel Fund Program fee \$2.00/swimmer  
Individual Event - \$3.50 per event.  
Deck entry fee - \$7.00 per event  
Electronic Heat Sheet Fee \$5.00

Make checks payable to ABC of SMRT. Entry fees are non-refundable. The Clerk of Course will accept deck entries for open lanes only. Payment for all deck entries is due before the end of warm-ups to Clerk of Course.

**Athletes may only swim 4 events per session, and may No Time Trials will be offered.**

**Meet Format:** All events will be contested as Timed Finals. The 800m Free, 400m Free, & 400 IM will be deck seeded and swum fastest to slowest. Positive Check-In will close 15 minutes before the start of competition.

Warm-up procedures: Team Lane assignments will be made for each session. All SCLSC and USA Swimming safety guidelines will be enforced.

Meet management reserves the right to adjust warm-up and meet start times based upon the number of entries and timeline of the meet. Teams will be notified of any changes in timeline via email and/or the SMRT website.

Swimmers must provide their own timers and counters for the 400 Free, 400 IM, and 800 Free.

No food vendors will be present.

Entries received by the deadline date will be considered team entries and no refunds for no-shows will be issued.

**Seedings:** Friday: all 200 IM's and 800 Free will be seeded and competed combined both age-group and gender.  
Saturday and Sunday: all 15 & over, 11 – 12, and 10 & under will be seeded and competed, as mixed genders.

**Time of Meet:**

Friday Afternoon warmups: 4:30pm Meet Starts 5:30pm  
Sessions 2 & 5 (15 & Over + 13 – 14 Males) W.U. 7:30 a.m./Meet 8:30am  
Sessions 3 & 6 (13 – 14 Females + 11-12) Not Before: W.U. 11:30am/Starts 12:30pm  
Sessions 4 & 7 (10 & Unders) Not Before: W.U. 3:00pm/Meet Starts 3:45pm  
**Any changes in times that need to be made will be sent to coaches 7 days prior to meet.**

**Entries:** Meet Entries - Go to [www.sportstiming.com](http://www.sportstiming.com), click on upcoming meets and click on SMRT May The 4th Be With You Inv. Upload your entry file and Click submit. You will receive an email confirmation.  
**Entries are due by 11:59pm Tuesday April 23<sup>th</sup>, 2024**  
SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline.

**Scoring:** 1<sup>st</sup> – 10<sup>th</sup> (11 – 9- 8 – 7 – 6 – 5 – 4 – 3 – 2 – 1  
in the following age-groups 8 & under, 9 – 10, 11 – 12, 13 – 14, 15 & Over.  
10 & under events will be scored, (8 & under, 9 – 10)  
12 & under events will be scored (8 & under, 9 – 10, 11 – 12)  
11 & over events will be scored (11 – 12, 13 – 14, 15 & over)

**Awards:** Individual Star War Theme High Point Trophies will be awarded to the Top 8 point scorers in each age group each gender.  
Heat Winner Ducks will be awarded.

**Timing:** Colorado electronic timing system, with touch pads & plungers, will be used. Stop watches will also be used. Timing and data management provided by Sports Timing & Software Inc..

**Coaches Eligibility:**

Coaches must be coach members of USA Swimming and they must have their credentials visible at all times. Coaches meeting will be announced via email prior to meet

**Other Information:** Certified officials are welcome to assist with the meet. Please contact: Victoria Culberston at [meet.support@sportstiming.com](mailto:meet.support@sportstiming.com) 843.296.9630  
Other contact: Michael Stewart 843.991.9371 [smrtswimming@hotmail.com](mailto:smrtswimming@hotmail.com)

Heat Sheets will be emailed to coaches before meet, for distribution to each team.

**City of Charleston Southern Marlins Racing Team  
 2024 SMRT May The 4<sup>th</sup> Be With You Invitational  
 May 3 – 5, 2024**

**Held under the sanction of USA Swimming issued by SC Swimming:**

**Sanction # SC24109LCM**

**Order of Events**

**Session #1 Friday Afternoon**

**Warmups 4:30pm/Meet Starts 5:30pm**

<u>Girls Events #s</u>		<u>Boys Event #'s</u>
1	13 & Over 200 IM *	2
3	12 & Under 200 IM *	4
5	11 & Over 800 Free #	6

\* Events (1 and 2) Will be deck seeded and swum as mixed events (Combined Genders)

\* Events (3 and 4) Will be deck seeded and swum as mixed events (Combined genders)

# Events (5 and 6) will be deck seeded, swum as mixed events (Combined genders) and swum fast to slow.

**Session #2 (15 & over + 13 – 14 Boys)**

**Saturday Morning**

**Warmups 7:30am/Meet Starts 8:30am**

7	15 & Over	200 Free *	8
	13 – 14	200 Free *	9
10	15 & Over	100 Back *	11
	13 – 14	100 Back *	12
13	15 & Over	200 Breast	14
	13 – 14	100 Breast	15
16	15 & Over	100 Fly	17
	13 – 14	200 Fly	18
19	15 & Over	50 Free *	20
	13 – 14	50 Free *	21
	(5 Minute Break)		
22	15 & Over	400 Free #	23
	13 & 14	400 Free #	24

\* Events (7,8,9) and (10,11,12) and (19,20,21) Will be seeded and swum combined by age-group and gender

# Events (22, 23, 24) will be deck seeded and swum combined age-group and gender Fast to Slow.

**Session #3 (13 – 14 Girls + 11 – 12)**

**Saturday Afternoon**

**Warmups Not before 11:30am/Meet Start Not before 12:30pm**

<b>25</b>	<b>13 – 14</b>	<b>200 Free *</b>	
<b>26</b>	<b>11 – 12</b>	<b>200 Free *</b>	<b>27</b>
<b>28</b>	<b>13 – 14</b>	<b>100 Back</b>	
<b>29</b>	<b>11 – 12</b>	<b>50 Back</b>	<b>30</b>
<b>31</b>	<b>13 – 14</b>	<b>100 Breast *</b>	
<b>32</b>	<b>11 – 12</b>	<b>100 Breast *</b>	<b>33</b>
<b>34</b>	<b>13 – 14</b>	<b>200 Fly</b>	
<b>35</b>	<b>11 – 12</b>	<b>50 Fly</b>	<b>36</b>
<b>37</b>	<b>13 – 14</b>	<b>50 Free *</b>	
<b>38</b>	<b>11 – 12</b>	<b>50 Free *</b>	<b>39</b>
<b>40</b>	<b>13 – 14</b>	<b>400 Free #</b>	
<b>41</b>	<b>11 – 12</b>	<b>400 Free #</b>	<b>42</b>

\* Events (25,26,27) and (51,52,53) and (37, 38, 39) Will be seeded and swum combined by age-group and gender.

# Events 40, 41, 42 will be seeded and swum fastest to slowest mixed events.

**Session #4 (10 & Unders) Saturday Afternoon**

**Warmups Not before 3:00pm/Meet Starts Not before 3:45pm**

<b>43</b>	<b>10 &amp; Under</b>	<b>50 Free</b>	<b>44</b>
<b>45</b>	<b>10 &amp; Under</b>	<b>50 Back</b>	<b>46</b>
<b>47</b>	<b>10 &amp; Under</b>	<b>100 Breast</b>	<b>48</b>
<b>49</b>	<b>10 &amp; Under</b>	<b>50 Fly</b>	<b>50</b>
<b>51</b>	<b>10 &amp; Under</b>	<b>200 Free</b>	<b>52</b>

All 10 & under events will be swum as mixed events (Combined gender)

**Session #5 (15 & Overs + 13 – 14 Boys)**

**Sunday Morning**

**Warmups 7:30am/Meet Starts 8:30am**

53	15 & Over	100 Free #	54
	13 -14	100 Free #	55
56	15 & Over	200 Back #	57
	13 – 14	200 Back #	58
59	15 & Over	100 Breast	60
	13 – 14	200 Breast	61
62	15 & Over	200 Fly	63
	13 – 14	100 Fly	64
65	15 & Over	400 IM #	66
	13 – 14	400 IM #	67

# (33, 54, 55) and (56, 57, 58) Will be swum combined by age-group, mixed gender

# Events 65, 66, 67 will be seeded combined and swum fastest to slowest mixed genders

**Session #6 (13 – 14 Girls + 11 – 12)**

**Sunday Afternoon**

**Warmups Not before 11:30am/Meet Start Not before 12:30pm**

68	13 – 14	100 Free *	
69	11 – 12	100 Free *	70
71	13 – 14	200 Back	
72	11 – 12	100 Back	73
74	13 – 14	200 Breast	
75	11 – 12	50 Breast	76
77	13 – 14	100 Fly *	
78	11 – 12	100 Fly *	79
80	13 – 14	400 IM #	

\* events (68, 69, 70) and (77, 78, 79) Will be seeded combined by age-group and gender

# Event will be swum Fast to Slow

**Session #7 (10 & Under) Sunday Afternoon**

**Warmups Not before 3:00pm/Meet Start Not before 3:30pm**

81	10 & Under	100 Free	82
83	10 & Under	100 Back	84
85	10 & Under	50 Breast	86
87	10 & Under	100 Fly	88
89	10 & Under	400 Free	90

All 10 & under events will be swum as mixed events (combined genders)

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**2024 May The 4<sup>th</sup> Be With You Invitational**  
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**Sanction number SC24109LCM**  
Martin Luther King, Jr (MLK) Pool  
155 Jackson Street, Charleston, SC 29401 843-724-7342

Team Name \_\_\_\_\_ Team Abbreviation \_\_\_\_\_  
Team Address: \_\_\_\_\_  
City & State: \_\_\_\_\_ Zip \_\_\_\_\_  
Head Coach/Team Rep: \_\_\_\_\_  
Phone \_\_\_\_\_ Home \_\_\_\_\_ E-mail \_\_\_\_\_

Total # of Athletes \_\_\_\_\_ x \$25.00 Pool Fee= \_\_\_\_\_

Total # of Events: \_\_\_\_\_ x \$3.50 = \_\_\_\_\_

Total # of Athletes: \_\_\_\_\_ x \$2.00 SCLSC Travel Fund/Program Fee= \_\_\_\_\_

Total # of Athletes: \_\_\_\_\_ x \$2.00 SCLSC Sports Development Fee = \_\_\_\_\_

Total # of Athletes \_\_\_\_\_ x \$2.00 out of LSC Travel Fund Program Fee= \_\_\_\_\_

Total # of Athletes \_\_\_\_\_ x \$5.00 Electronic Heat Sheet Fee = \_\_\_\_\_

Total Fees Submitted: \_\_\_\_\_

Make Checks Payable to ABC of SMRT

Mail entries to: SMRT Swimming  
Attn.: Michael Stewart  
3055 Maritime Forest Drive  
Johns Island, SC. 29455

(Please waive signature for overnight deliveries)

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the safety rules of USA Swimming and SC Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

It is understood and agreed that USA Swimming Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that SC Swimming, WL Stephens Pool, Sports Timing & Software Inc., and The City of Charleston, Southern Marlins Racing Team shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Signature/Title \_\_\_\_\_ Date \_\_\_\_\_