



# 2024 CYSL Winter Championship



**Date of Meet:** February 23-24, 2024

**Host Club:** Summerville Family YMCA

**Meet Sanction:** Held under the Approval of USA Swimming issued by SC Swimming:  
Approval Numbers: SC2489AP & SC2490TT

<b>Meet Director:</b>	Tiffany Wessler	<a href="mailto:Tiffany.Wessler@sim.org">Tiffany.Wessler@sim.org</a>	843-486-1495
<b>Meet Referee:</b>	Bill Weiss	<a href="mailto:wweissist@aol.com">wweissist@aol.com</a>	843-247-3637
<b>Admin Referee:</b>	Victoria Culbertson	<a href="mailto:Meet.support@sportstiming.com">Meet.support@sportstiming.com</a>	843-628-5486
<b>Meet Entries To:</b>	Billy Culbertson	<a href="mailto:Meet.support@sportstiming.com">Meet.support@sportstiming.com</a>	843-628-5486
<b>Safety Marshal:</b>	Jessica Drost	<a href="mailto:jessicadrost@gmail.com">jessicadrost@gmail.com</a>	843-486-1495
	Dustin Shrader	<a href="mailto:dshrade4@yahoo.com">dshrade4@yahoo.com</a>	843-486-1495

**Facility:**  
North Charleston Aquatics Center  
8610 Patriot Blvd  
North Charleston, SC 29420

Indoor 20-lane 25-yard competition pool with a moveable bulkhead and 8-lane 25 yard warm down pool with non-turbulent lane lines. Bleacher seating for over 1000. Spectators may bring chairs and tents to use on the outside patios and grass areas. Chairs, food and coolers are not permitted on the pool deck. The water depth of the competition course is seven (7) feet, measured from one (1) meter to five (5) meters, on the starting end of the course, and seven (7) feet, measured from one (1) meter to five (5) meters, at the turn end of the course. The water depth of the warm down course is six (6) feet, measured from one (1) meter to five (5) meters, on the starting end of the course, and four (4) feet, measured from one (1) meter to five (5) meters, at the turn end of the course. The competition course has not been certified in accordance with 104.2.2C. Medical supervision will be provided by lifeguard staff. There is an AED onsite.

**Rules:** Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein. This is a closed meet and only open to any CYSL League Team. CYSL League By-Laws will also govern this meet.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.

**SWIMWEAR:** No Technical Suit may be worn by any 12 & under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet (USA Swimming Rule 102.8.1F)

**MAAPP 2.0:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy

("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

**Athlete Eligibility:**

This competition is open to any swimmer who is a member of any CYSL team. All swimmers entered in the meet must meet Carolina YMCA Swim League championship meet eligibility requirements.

Coaches must certify that each athlete:

1. Is a current YMCA member in good standing
2. Has participated in a minimum of one (1) CYSL closed meet

Swimmers age for the meet will be the age of the swimmer as of February 23, 2024.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Image Release:** By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographer(s) and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the start of the meet.

**Entry Fees:** Swimmers may swim two (2) individual events on Friday evening and four (4) individual events and two (2) relays including any time trials (time trials count as one of their individual events for the day).

\$25 per swimmer facility surcharge (this includes a \$5 electronic heat sheet fee), additional \$3.00 per individual entry and \$5.00 per relay entry.

USA swimming athletes will be assessed:

\$2.00 SCLSC Travel Fund/Program Fee

\$2.00 SCLSC Sport Development Fee

Per CYSL By-laws, deck entries will not be allowed at this meet.

Time trials will be offered based on availability and at the sole discretion of the Meet Referee. Time trials will be \$5.00 per time trial.

Clubs should submit a single check payable to the **Summerville Family YMCA** for the full amount due. Credit cards will be accepted as payment either in advance or on the day of the meet. It is not necessary to mail entry fees; however, all fees must be paid prior to any swimmer entering the pool.

**Meet Format:** All events will be contested as timed finals.

- Meet management reserves the right to adjust numbers of heats, lanes, entry limits, and warm-up times based on the number of entries.
- A team may enter an unlimited number of relays but only the top one (1) relay from each team will be allowed to score.

Age groups for the meet will be 6 & Under, 7-8, 9-10, 11-12, 13-14, 15-18, 19-21. Clerk of course will be used for morning session only.

- Age groups (10 & under and 11 & over) may be seeded together but will be scored separately.
- A swimmer who misses their assigned heat will not be entered into another heat unless it is determined by the Meet Referee to be caused by something outside of the athletes' control.
- No refunds will be given

Time trials will be held at the discretion of the meet referee (\$5 per time trial). Time trial swimmers will need to provide their own timers. Time trials do count towards individual total.

**Time of Meet:** Meet management reserves the right to adjust warm up times based on number of entries

Friday Evening

Warm-Ups: 4:00 pm

Competition: 5:00 pm

Saturday Morning (10 & Under)-

Warm-Ups: 7:30 am

Competition: 9:00 am

Saturday Afternoon (11 & Older)-

Warm-Ups: not before 12:00 pm

Competition: not before 1:30 pm

**Entries:** Only entries using Standard Data Interchange format (SDIF/SD3) will be accepted. Entry files should be submitted by email on or before the due date. You must also provide an entries list in pdf format and a current roster also in pdf format via mail or email.

Event file can be found on the CYSL web site, Sports Timing website and also located on SC Swimming web site. SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline. **You must delete any USA Swimming registration numbers from all non-USA Swimming registered athletes for entry purposes.** This can be done under the athlete function on Hy-Tek. If you don't remove non-registered swimmer registration numbers, you'll be charged the registered swimmer LSC fees outlined in the meet information.

**\*\*\*\*PLEASE SIGN RELEASE OF LIABILITY\*\*\*\* and return to meet director by deadline**

**Entries are to be sent to Sports Timing, Inc. Go to [www.sportstiming.com](http://www.sportstiming.com), click on upcoming meets and click on the 2024 CYSL Small Team Winter Championship. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files, you are able to submit a new form and file. Entry questions can be emailed to [meet.support@sportstiming.com](mailto:meet.support@sportstiming.com)**

**You may mail checks and paperwork in advance to:**

2024 SC SVY CYSL Winter Championship  
c/o Susan Nesselrode  
140 W. Cedar St, Summerville, SC 29483

**Entries are due by 5 PM on Tuesday, February 13, 2024**

**Awards:** Individual & Relay Events: Medals are awarded to places 1<sup>st</sup>-3<sup>rd</sup> and ribbons will be awarded for the 4<sup>th</sup>- 10<sup>th</sup>. All heat winners will receive a rubber duck. Participation ribbons will be awarded for all swimmers. Teams are responsible for picking up ribbons after the meet. Ribbons will NOT be mailed

**Scoring:** The meet will be scored overall as follows:  
Individual: 11-9-8-7-6-5-4-3-2-1  
Relay: 22-18-16-14-12-10-8-6-4-2

**Timing:** Timing and Data Processing will be provided by SportsTiming, Inc. Colorado electronic timing system, with touch pads & plungers, will be used. Stop watches will also be used.

**Coaches Eligibility:** All coaches must be either a current coach member in good standing with USA Swimming and meet all coaching (as proven by Deck Pass credentials) or a current YMCA coach in good standing. Coaches must present their credentials to receive their coaching packet. There will be a coaches meeting 15 minutes prior to the start of the meet. Each team should have at least one representative coach present. Coaches must be a current member in good standing with the YMCA of the USA.

**No individuals without credentials shall be allowed behind the blocks or on the deck during meet warm-ups or competition.**

- Other**
- **SPECIAL INSTRUCTIONS:**
    - Age as of February 23, 2024 will be used as the competition age per CYSL Swimming Rules.
    - There will be no spectator allowed on the pool deck or
    - The non-competition side of the pool may be used for warm up/warm down throughout the meet. No horseplay will not be tolerated and all lifeguard instructions must be followed. Any questions should be addressed to the Safety Marshall or Meet Director.
    - Concessions will be made available outside in the lobby.
    - The heat sheet will be posted on sportstiming.com and will be emailed to the person who submits entries for each team. The heat sheet will also be posted at no charge on Meet Mobile. Hard copies of the heat sheet will be provided to coaches only at the meet.
    - We ask that teams be mindful of their team areas on the deck and help to police these areas for trash and mess.
    - 8 & under events will start from the blockhead of the pool.
    - As per CYSL championship rules, entries with NT are not permitted.
    - A swimmer who misses their assigned heat will not be entered into another heat unless determined by the Meet Referee and the swimmer may be allowed to swim.
    - 1650 , 500 Free & 400 IM... swimmers must provide their own timer & counter.
    - 1650 & 500 Free & 400 IM... Positive Check-In 30 minutes prior to the start of the session
    - 1650 Free... is limited to the top 10 fastest girls and boys. There will be 1 heat of girls and boys.
    - Warm-up procedures: All coaches should be familiar with the warmup procedures explained on the warmup assignment page on CYSL website. Team lane assignments will be sent out with any updated information prior to start of the meet. All CYSL safety swimming guidelines will be enforced. The use of pull buoys, paddles, kickboards, bands and tubing is prohibited.

**Contact Person:** Susan Nesselrode, Summerville YMCA [susanN@summervilleyymca.org](mailto:susanN@summervilleyymca.org)

\*Note: If at all possible Coaches and Officials meetings will be held virtually prior to the start of the meet.





# 2024 CYSL Winter Championship

Held under the Approval of USA Swimming issued by SC  
Swimming: SC2489AP & SC2490TT



Friday Warm-up: 4:00 p.m.; Friday Meet Start: 5:00 p.m.

Saturday Afternoon 11&O WU: 12:00 p.m.; Saturday Afternoon 11&O Meet Start: 1:30 p.m.

## Friday, February 23, 2024

ORDER OF EVENTS		
Girls Event #	Age/Distance/Stroke	Boys Event #
1	11-21 400 IM	2
3	11-21 200 Breast	4
5	12 & Under 500 Free	6
7	11-21 200 Back	8
9	11-21 200 Fly	10
11	11-21 1650 Free	12

## Saturday, February 24, 2024

### AM Session 10 & Under

Sat Morning 10&U WU: 7:30 a.m.; Sat 10&U Meet Start: 9:00a.m.

ORDER OF EVENTS		
Girls Event #	Age/Distance/Stroke	Boys Event #
13	10 & U Medley Relay	14
15	8 & U Medley Relay	16
17	9-10 200 Free	18
19	9-10 100 IM	20
21	8 & U 100 IM	22
23	6 & U 25 Free	24
25	7-8 25 Free	26
27	9-10 50 Free	28
29	6 & U 25 Fly	30
31	7-8 25 Fly	32
33	6 & U 50 Free	34
35	7-8 50 Free	36
37	9-10 100 Free	38
39	6 & U 25 Back	40
41	7-8 25 Back	42
43	9-10 50 Back	44
45	6 & U 25 Breast	46
47	7-8 25 Breast	48
49	9-10 50 Breast	50
51	10 & U Free Relay	52
53	8 & U Free Relay	54
55	9-10 200 IM	56

## Saturday, February 24, 2024

### PM Session 11 & Older

Saturday Afternoon 11&O WU: 12:00 p.m.; Saturday Afternoon 11&O Meet Start: 1:30 p.m.

ORDER OF EVENTS		
Girls Event #	Age/Distance/Stroke	Boys Event #
57	21 & U Medley Relay	58
59	14 & U Medley Relay	60
61	12 & U Medley Relay	62
63	15 & O 200 Free	64
65	13-14 200 Free	66
67	11-12 200 Free	68
69	15 & O 200 IM	70
71	13-14 200 IM	72
73	11-12 200 IM	74
75	15 & O 50 Free	76
77	13-14 50 Free	78
79	11-12 50 Free	80
81	15 & O 100 Fly	82
83	13-14 100 Fly	84
85	11-12 100 Fly	86
87	15 & O 100 Free	88
89	13-14 100 Free	90
91	11-12 100 Free	92
93	15 & O 500 Free	94
95	13-14 500 Free	96
97	11-12 100 IM	98
99	15 & O 100 Back	100
101	13-14 100 Back	102
103	11-12 50 Back	104
105	15 & O 100 Breast	106
107	13-14 100 Breast	108
109	11-12 50 Breast	110
111	21 & U Free Relay	112
113	14 & U Free Relay	114
115	12 & U Free Relay	116

**2024 CYSL Winter Championship  
February 23 & 24, 2024  
Meet Entry Summary Sheet**

Held under the Approval of USA Swimming issued by SC Swimming:  
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**Meet Entry Summary Sheet**

Total Number of Swimmers _____	x \$2.00 SCLSC Travel/Program Fee	= \$ _____
Total Number of Swimmers _____	x \$2.00 SCLSC Sports Development Fee	= \$ _____
Total Number of Swimmers _____	x \$20 Facility Fee	= \$ _____
Total Number of Swimmers _____	x \$5 Electronic Heat Sheet Fee	= \$ _____
Total # Individual Events: _____	x \$2.50	= \$ _____
Total # Relay Events: _____	x \$4.00	= \$ _____
Total Fees:		= \$ _____

Team: \_\_\_\_\_ Team Code: \_\_\_\_\_

Number of coaches at meet: \_\_\_\_\_

Head Coach: \_\_\_\_\_

Send e-mail results to: \_\_\_\_\_

Send Paper copy in lieu of e-mail to: \_\_\_\_\_

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that SC Swimming, Summerville Family YMCA Tidalwaves, Summerville Family YMCA, the YMCA of the USA, the Carolina YMCA Swim League, North Charleston Aquatics Center shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Mail check for the above amount, and signed copy of this form to:

Summerville Family YMCA  
140 W. Doty Ave  
Summerville, SC 29483

# YMCA Sanctioned Meet Declaration Form

Return signed form to the meet director (Tiffany.Wessler@sim.org) by February 12, 2024. Teams failing to do so will not be permitted to participate in this meet.

**Participating YMCA:** \_\_\_\_\_

**YMCA Address:** \_\_\_\_\_

**Meet Name:** 2024 SC SVY CYSL Small Team Winter Championship

**Meet Date(s):** February 23-24, 2024

**Meet Host:** Summerville Family YMCA Tidalwaves

**Meet Location:** North Charleston Aquatics Center

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We the undersigned attest to the following:

**SWIMMERS** - All swimmers representing the YMCA above are full privilege members of this YMCA and meet all eligibility requirements.

- All swimmers age 18 and older have completed Child/Athlete Protection Training within the past 12 months.

**COACHES** - All coaches representing the YMCA above have completed the annual YMCA coach registration and hold current certifications in:

- BLS (Professional Rescuer CPR)
- First Aid
- Safety Training for Swim Coaches
- Child/Athlete Protection Training
- Principles of YMCA Competitive Swimming and Diving

**INSURANCE** - Our Association has insurance coverage for representative(s) including participants, coaches, volunteers and leadership who will be in attendance at the 2024 CYSL Small Team Winter Championship for the entire period of the meet. I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our participants, coaches, volunteers and leadership during their participation in the 2024 CYSL Small Team Winter Championship.

**RELEASE** - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, Summerville Family YMCA Tidalwaves, their agents, representatives or assigns, and the North Charleston Aquatics Center for any and all injuries which may be suffered by participants at the 2024 CYSL Small Team Championship. Furthermore we understand that the YMCA of the USA and Summerville Family YMCA Tidalwaves, are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

\_\_\_\_\_  
*Printed Name and Signature of Head Coach*

\_\_\_\_\_  
*Printed Name and Signature of YMCA CEO or Executive Director*