

<b>Name of Meet:</b>	<b>2024 HOOS SMRT? Trophy Meet</b>		
<b>Date of Meet:</b>	<b>January 12 - 14, 2024</b>		
<b>Meet Sanction:</b>	Held under the sanction of USA Swimming issued by SC Swimming: SC2479SCY		
<b>Host Club:</b>	<b>SMRT Swimming &amp; The Wahoo's</b>		
<b>Meet Director(s):</b>	Pamela Kristin Cook	kristincook@bellsouth.net	843.991.1137
<b>Meet Referee:</b>	Billy Culbertson	Meet.support@sportstiming.com	843-628-5486
<b>Admin Referee:</b>	Victoria Culbertson	Meet.support@sportstiming.com	843-628-5486
<b>Meet Entries to:</b>	Victoria Culbertson	Meet.support@sportstiming.com	843-628-5486
<b>Safety Marshals:</b>	Rob Olson	<a href="mailto:robolson1399@hotmail.com">robolson1399@hotmail.com</a>	843-670-2849
	Tara Boone	tara@wahooaquaticclub.org	843-452-9293
<b>Facility:</b>	North Charleston Aquatic Center 8610 Patriot Blvd, North Charleston, SC 29420		
	Indoor 20-lane 25-yard competition pool with a moveable bulkhead with non-turbulent lane lines. Bleacher seating for over 1000 is available but will be limited to 250 due to Covid-19. Spectators may bring chairs and tents to use on the outside patios and grass areas. Chairs, food and coolers are not permitted on the pool deck.		
	The water depth of the competition course is seven (7) feet, measured from one (1) meter to five (5) meters, on the starting end of the course, and seven (7) feet, measured from one (1) meter to five (5) meters, at the turn end of the course. The water depth of the warm down course is six (6) feet, measured from one (1) meter to five (5) meters, on the starting end of the course, and four (4) feet, measured from one (1) meter to five (5) meters, at the turn end of the course. The competition course has not been certified in accordance with 104.2.2C		
	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.		
	Medical supervision will be provided by lifeguard staff. AED is available at the facility.		
<b>Rules:</b>	<ol style="list-style-type: none"> <li>1. Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein.</li> <li>2. MAAPP 2.0: All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.</li> <li>3. SWIMWEAR: No Technical Suit may be worn by any 12 &amp; Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet USA Swimming Rule 102.81.1.f</li> <li>4. <b>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of these devices is also not allowed behind the starting blocks.</b></li> </ol> <p>Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.</p>		

Athlete Eligibility:	<p>This meet is open to all swimmers currently registered with USA Swimming.</p> <p>All USA Swimming registration numbers will be verified with SWIMS. Age is to be determined on the first day of the meet.</p> <p>USA Swimming registrations will not be accepted on deck.</p> <p><b>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</b></p>
Image Release:	<p>By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographer(s) and to allow the right to use names and pictures before, during, or after the meet such as psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team’s head coach and the Meet Director prior to the start of the meet.</p>
Entry Fees:	<p>\$4.00 per individual event          \$30.00 pool/facility fee per swimmer          \$5.00 Electronic Heat Sheet fee          \$2.00 SCLSC Travel Fund/Program fee per swimmer          \$2.00 SCLSC Sports Development fee per swimmer          \$2.00 out-of-LSC SCLSC Travel Fund/Program fee          \$8.00 for late entries</p> <p><b>No Time Trials Offered</b></p> <p>Make checks payable to ABC of SMRT. Entry fees are not refundable</p>
Meet Format:	<p>The Meet Director reserves the right to limit events, heats, number of swimmers per team, or to adjust the format to conform with the 4-hour provision in accordance with Rule 205.3.1 F The Meet Director reserves the right to adjust warm-up and meet start times. Teams will be notified of any adjustments as soon as the deadline for entries received has passed.</p> <p>Entries will be accepted on a first come, first served basis, however, priority will be given to teams who plan to compete in the whole meet vs. one day of the meet. Once we reach the total number of eligible swimmers for each session no other entries will be accepted.</p> <p>In accordance with USA Swimming there will be a designated swimmer area. This area will be clearly marked and is only open to those swimming in the meet. Spectators will have a restricted area for seating.</p> <p>Warm-up procedures: team lane assignments will be made for each session. All SCLSC and USA Swimming safety guidelines will be enforced. For swimmers to warm-up a USA Registered coach must be present. If a coach cannot attend warm-up for his or her team, please contact the meet host.</p>

	<p>All time final events will be swimming mixed genders.</p> <p>Prelim final events (Saturday am) will be swum combined 11 &amp; over separate genders Female/Male.</p> <p>Finals 11 – 12 events will have 1 heat each gender top 10 returning athletes. All Saturday 13 and over events with three heats of 10 swimmers returning each gender with the “C” finals being 13 – 14 protected.</p> <p>The order of finals shall be C – B – A.</p> <p>The 400 IM, 500 Free, and 1650 Free will be seeded Fastest to slowest.</p> <p>Check in event deadlines: Friday: 400 IM &amp; 200 IM 4:30pm/ 500 Free 5:30pm. Sunday: 1650 Free 9:00am</p> <p>Athletes in the 500 Free/1650 Free must supply their own timers and counters.</p>
<b>Time of Meet:</b>	<p>Friday: Warm-up: 4:00 pm; Friday Meet Start: Not before 5:00 pm</p> <p>Saturday Preliminary Session: Warmups: 7:30 am; Meet Start 8:30am Saturday Finals session Warmups 4:15pm Meet Starts 5:00pm Sunday Morning Timed Finals: 7:30am, Meet Starts 8:30am</p> <p>Sat/Sun: 10 &amp;U Session: Warmups not before 11:30am, Meet Start: Not before 12:30pm</p> <p>Any changes to start times may be changed by meet management. Teams will be informed as soon as timelines are published.</p>
<b>Entries:</b>	<p>Entries are to be sent to Sports Timing, Inc. Go to <a href="http://www.sportstiming.com">www.sportstiming.com</a>, click on upcoming meets and click on the 2024 HOOS SMRT? Meet. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files, you are able to submit a new form and file. Entry questions can be emailed to <a href="mailto:meet.support@sportstiming.com">meet.support@sportstiming.com</a></p> <p>Entries are due by 7 PM on Tuesday, Jan. 2<sup>nd</sup>. SC Swimming does not accept deck registrations, all swimmers entered must be registered at the time of entry deadline.</p>
<b>Scratch Rule</b>	<ul style="list-style-type: none"> <li>• Any swimmer not planning to swim at Saturday night’s finals must scratch so that other swimmers who wish to swim, may do so.</li> <li>• Swimmers that fail to show up for their finals event will be scratched from their first event the next day.</li> <li>• Events to be deck seeded Open 400IM, 500 Free, 1650 free, 12 &amp; Under 200 IM.</li> <li>• There will be no penalty for not swimming pre-seeded events; it would be appreciated if a coach would inform the Clerk of Course of any swimmers scratching from the meet.</li> </ul>

<b>Seedings:</b>	All Friday Events are timed finals seeded/swum together (Mixed) and scored separately. All Saturday morning events are Prelim/Finals except 25 Back, 25 Fly. All Sunday events and all 10 & under events will be seeded/swum together and scored separately.
<b>Entry Limit:</b>	Athletes may enter up to 4 individual events on Friday and Sunday and 3 individual events per day on Saturday Prelim. 10 and under may swim up to 4 events per day.
<b>Scoring:</b>	1 – 10 <sup>th</sup> (11 – 9 – 8 – 7 – 6 – 5 – 4 – 3 – 2 – 1) In the following age-groups. 8 & under, 9 – 10, 11 – 12, 13 – 14, 15 & Over 10 & under events will be scored 8 & under, 9 – 10 12 & under events will be scored 8 & under, 9 – 10, 11 – 12 All Open events will be scored 8 & under, 9 – 10, 11 – 12, 13 – 14, 15 & Over
<b>Awards</b>	Individual Day at The Beach themed High Point Trophies will be awarded to the top 8 scorers in each age group, each gender. Heat winner ducks will be awarded to all 10 & under events.
<b>Timing:</b>	Timing and Data Processing will be provided by SportsTiming, Inc. Colorado electronic timing system, with touch pads & plungers, will be used. Stop watches will also be used.
<b>Coaches Eligibility:</b>	Coaches must be coach members of USA Swimming and they must present their credentials through deck pass to the meet director at the start of the meet. Coaches meeting will be announced via email prior to meet.
<b>Other Information:</b>	<ol style="list-style-type: none"> <li>1. Certified officials are welcome to assist with the meet. Please contact Victoria Culbertson @ <a href="mailto:meet.support@sportstiming.com">meet.support@sportstiming.com</a> 843.628.5486</li> <li>2. Heat Sheets will be emailed out to all participating coaches before the meet. We will <b>not</b> have heat sheets available for sale at the meet.</li> </ol>

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<b>Friday Night Timed Finals Session</b>			
<b>Warm-up: 4:00PM Meet Start 5:00PM</b>			
<b>Mixed</b>			
1	Open	400 IM	
2	Open	50 Back	
3	12 & Under	200 IM	
4	Open	50 Fly	
5	Open	50 Breast	
	5min Break if needed		
6	Open	500 Free	

<b>Saturday Preliminary Session</b>			
<b>Warm-up 7:30 AM ; Meet start 8:30 AM</b>			
Female			Male
7	13 & Over	50 Free	8
9	11 & 12	100 Fly	10
11	13 & Over	100 Fly	12
13	Open	25 Fly TF	<b>Mixed</b>
15	11 & 12	200 Back	16
17	13 & Over	200 Back	18
19	11 & 12	50 Back	20
21	Open	25 Back TF	<b>Mixed</b>
23	11 & 12	200 Free	24
25	13 & Over	200 Free	26
27	11 & 12	100 Breast	28
29	13 & Over	100 Breast	30
31	11 & 12	50 Breast	32
33	13 & Over	200 IM	34

<b>Saturday 10 &amp;U Session</b>			
<b>Warm-up Not Before 11:30AM</b>			
<b>Meet Start Not Before 12:30PM</b>			
<b>Mixed</b>			
35	10 & Un	50 Free	
36	8 & Un	25 Free	
37	10 & Un	100 Back	
38	10 & Un	50 Back	
39	8 & Un	25 Back	
40	10 & Un	100 Breast	
41	8 & Un	25 Breast	
42	10 & Un	100 Fly	
45	8 &Un	25 Fly	

<b>Saturday Finals Session</b>			
<b>Warm-up 4:15 PM ; Meet start 5:00 PM</b>			
<b>Girls</b>			<b>Boys</b>
7	13 & Over	50 Free	8
9	11 & 12	100 Fly	10
11	13 & Over	100 Fly	12
15	11 & 12	200 Back	16
17	13 & Over	200 Back	18
19	11 & 12	50 Back	20
23	11 & 12	200 Free	24
25	13 & Over	200 Free	26
27	11& 12	100 Breast	28
29	13 & Over	100 Breast	30
31	11 \$ 12	50 Breast	32
33	13 & over	200 IM	34

<b>Sunday Morning T/F Session</b>			
<b>Warm-up 7:30 AM; Meet start 8:30 AM</b>			
<b>Mixed</b>			
46	11 & 12	50 Fly	
47	Open	200 Fly	
48	11 & 12	50 Free	
49	Open	100 Free	
50	Open	25 Free	
51	Open	100 Back	
52	Open	200 Breast	
53	Open	25 Breast	
54	11 & 12	100 IM	
55	11 & Over	1650 Free	

<b>Sunday 10 &amp; Un T/F Session</b>			
<b>Warm-up not before 11:30am</b>			
<b>Meet start not before 12:30 pm</b>			
<b>Mixed</b>			
54	10 & Un	200 Free	
55	8 & Un	25 Free	
56	10 & Un	50 Breast	
57	8 & Un	25 Breast	
58	10 & Un	50 Fly	
59	8 & Un	25 Fly	
60	10 & Un	100 Free	
61	8 & Un	25 Back	
	10 & Un	100 IM	

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**Meet Entry Summary Sheet**

Total Number of Swimmers \_\_\_\_\_ x \$2.00 SCLSC Sports Development Fee = \$ \_\_\_\_\_  
 Total Number of Swimmers \_\_\_\_\_ x \$2.00 SCLSC Travel Fund/Program Fee = \$ \_\_\_\_\_  
 Total Number of out-of LSC \_\_\_\_\_ x \$2.00 SCLSC Travel Fund/Program Fee = \$ \_\_\_\_\_  
 Total Number of Swimmers \_\_\_\_\_ x \$30.00 Facility Fee = \$ \_\_\_\_\_  
 Total Number of Swimmers \_\_\_\_\_ x \$5.00 Electronic Heat Sheet Fee = \$ \_\_\_\_\_  
 Total # Individual Events: \_\_\_\_\_ x \$4.00 Individual Events = \$ \_\_\_\_\_

Total Fees: \_\_\_\_\_ =\$ \_\_\_\_\_

Team: \_\_\_\_\_ Team Code: \_\_\_\_\_

Number of coaches at meet: \_\_\_\_\_

Head Coach: \_\_\_\_\_

Send e-mail results to: \_\_\_\_\_

Send Paper copy in lieu of e-mail to: \_\_\_\_\_  
 \_\_\_\_\_

<b>Make Checks Payable To: ABC of SMRT</b>	
Mail check to: Michael Stewart 3055 Maritime Forest Drive Kiawah Island, SC. 29455	
<b>WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE</b> I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the safety rules of USA Swimming and SC Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that the SC LSC, SMRT, North Charleston Aquatic Center, and SportsTiming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.	

Signature/Title

Date