

	2023 Annual Blizzard Blast Invitational
	December 8- 10, 2023
Meet Sanction:	Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number: SC2455SCY Time Trials: SC2456TT
Host Club:	South Carolina Swim Club
Meet	Laurie Morrin scscmanager@swimscsc.com 843-819-3377
Director(s):	Jason Overby OverbyJ@cofc.edu 843-953-8098
Meet Referee:	Billy Culbertson Meet.support@sportstiming.com 843-628-5486 Victoria & Billy Culbertson Meet.support@sportstiming.com 843-628-5486
Admin Official:	Nate Murray Nmurray@swimscsc.com 704-964-9942
Meet Entries to:	Victoria Ratliff Vratliff@swimscsc.com 973-919-2953
Safety	
Marshal:	

North Charleston Aquatic Center
8610 Patriot Blvd, North Charleston, SC 29420

Indoor 20-lane 25-yard competition pool with a moveable bulkhead and 8-lane 25 yard warm down pool with non-turbulent lane lines. Bleacher seating for over 1000. Spectators may bring chairs and tents to use on the outside patios and grass areas. Chairs, food and coolers are not permitted on the pool deck.

The water depth of the competition course is seven (7) feet, measured from one (1) meter to five (5) meters, on the starting end of the course, and seven (7) feet, measured from one (1) meter to five (5) meters, at the turn end of the course. The water depth of the warm down course is six (6) feet, measured from one (1) meter to five (5) meters, on the starting end of the course, and four (4) feet, measured from one (1) meter to five (5) meters, at the turn end of the course. The competition course has not been certified in accordance with 104.2.2C

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Medical Supervision: Medical supervision will be provided by the NCAC Lifeguard staff.

Rules:

1. Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein.
2. This meet will allow any USA Swimming registered swimmer to attend.
3. In accordance with USA Swimming there will be a designated swimmer area. This area will be clearly marked and is only opened to those swimming in the meet. Parents are not to enter nor sit in this area.
4. MAAPP 2.0 All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
5. SWIM WEAR: No Technical Suit may be worn by any 12&Under USA Swimming Athlete member in competition at any Sanctioned. Approved or Observed meet (USA Swimming Rule 102.8.1F)
6. Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.
7. The use of pull buoys, paddles, kickboards, bands, tubing and other equipment is prohibited.
8. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of these devices is also not allowed behind the starting blocks.

<p>Athlete Eligibility:</p>	<p>This meet is open to all swimmers currently registered with USA Swimming. All USA Swimming registration numbers will be verified with SWIMS. Age is to be determined on the first day of the meet.</p> <p>USA Swimming registrations will not be accepted on deck.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p>
<p>Image Release:</p>	<p>By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographer(s) and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team’s head coach and the Meet Director prior to the start of the meet.</p>

<p>Entry Fees:</p>	<p>\$4.00 per individual event \$28.00 pool/facility fee per swimmer \$5.00 Electronic heat sheet fee \$2.00 SCLSC Travel Fund/Program fee per swimmer \$2.00 SCLSC Sports Development fee per swimmer \$2.00 out-of-LSC Travel Fund/Program fee \$10.00 for time trials</p> <p>Make checks payable to SCSC--MPSCPA. Entry fees are non-refundable. Deck Entries are not permitted.</p> <p>Swimmers may enter up to Two (2) individual events on Friday; 10 & under swimmers may enter up to three (3) individual events on Saturday & Sunday; 11 & over swimmers may enter up to three (3) individual events on Saturday & Sunday. The session event maximum(s) may be amended based on timeline and total number of athletes competing, at the sole discretion of the host team’s Meet Director.</p> <p>Time trials count towards the total number of events swimmers are allotted per day.</p>
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Meet Format

- **The total number of eligible swimmers per session is set at 600 swimmers. The Meet Director reserves the right to limit events, heats, number of swimmers per team, or to adjust the format to conform with the 4 hour provision for 12 and Under sessions in accordance with Rule 205.3.1 F The Meet Director reserves the right to adjust warm-up and meet start times.** Teams will be notified of any adjustments as soon as the deadline for entries received has passed.
- Meet management reserves the right to utilize two pools for preliminary and timed final sessions; alternating odd and even heats, splitting male and female, or age group specific pools will be formats in consideration and determined based on preliminary meet entries from all participating teams.
- Warm-up procedures: Team lane assignments will be made for each session. Finals will be open warm-up. All SCLSC and USA Swimming safety guidelines will be enforced. In order for swimmers to warm-up a USA Registered coach must be present. If a coach cannot attend warm-up for his or her team please contact the meet host.
- All 10&U Events will be timed finals
- All events on Friday night are timed finals. Meet management reserves the right to limit the number of heats for the Open 1000 Free. **Swimmers must provide their own timers and counters for all Friday evening events.**
- On Saturday and Sunday, the top 10 swimmers will return for finals in the 11-12 Age Group; the 13 and over events will have a C, B, and A final (10 swimmers each) with the C final being a protected 13-14 heat.
 - a. The 11-12 500 free is a timed final event and all heats will be contested during the preliminary session.
 - b. All Friday night events will be positively checked in.
 - c. 13 and over 500 Free events will be positive check in events.
- Seeding
 - a. The Open 400 IM will be swum with heats seeded fastest to slowest alternating women and men. Meet host reserves the right to limit the 1000 free and 400 IM to conform to the meet timeline.
 - b. The Open 1000 free will be limited to no more than 5 heats per gender and will be swum in two courses by gender, HEATS WILL BE SWUM FASTEST TO SLOWEST
 - c. The 13 and over 500 freestyles will be swum as follows: These events will be deck seeded, with the top 2 women heats swimming (Slow to Fast, circle-seeded), followed by the top 2 men heats (Slow to Fast, circle-seeded), and then the remaining heats will be competed alternating women/men fast to slow. If two pools are utilized for these events, they will be contested as listed without alternating heats, women and men, as one gender will be in one pool & the other gender in one pool.
 - d. The 9-12 500 freestyle is a mixed gender event and will be swum fastest to slowest. Meet host reserves the right to limit the number of 500 free to meet timeline
- Swimmers may choose to have a counter for the 1000 free and the 500 Free. Swimmers must provide their own timers and counters.

	<ul style="list-style-type: none"> ● A swimmer that misses their assigned heat will not be entered into another heat of that event unless circumstances are beyond the swimmer's control as determined by the meet referee and the swimmer may be allowed to swim. ● The adjacent 8 lane therapy pool will be open for warm-up/warm-down during the meet at the discretion of the meet ref. ● Meet management reserves the right to insert breaks in the meet where necessary to allow athletes proper rest
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<p>Scratch Rule:</p>	<ul style="list-style-type: none"> ● The Friday evening events and all events 400 and above are positive check -in events. A swimmer who is positively checked in for a deck seeded event who does not swim will be barred from the next individual event in which the swimmer is entered. ● There will be no penalty for not swimming pre-seeded events; it would be appreciated if a coach would inform Clerk of Course of any swimmers scratching from the meet. ● Any swimmer not planning to swim during a finals session must scratch so those swimmers who would like to swim again may do so. The penalty for failure to show in a final or consolation final is being barred from their next individual event. ● Exceptions for failure to compete – no penalty shall apply for failure to report or swim an event if (1) the meet referee is notified in event of illness or injury and accepts the proof thereof, (2) a swimmer qualifying for a final based upon the results of preliminaries notifies the meet referee within thirty (30) minutes of the announcement of the qualifiers for that final event that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event, (3) a swimmer qualifying for a final event, as a result of scratches following announcement of the qualifiers based upon the results of preliminaries or failure of a qualifier to swim, or (4) if it is determined by the meet referee that failure to compete is caused by circumstances beyond the control of the swimmer.
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<p>Time Trials:</p>	<ul style="list-style-type: none"> ● Time Trials will be offered for swimmers 13 and over at the conclusion of each session, time permitting, and at the discretion of the Meet Referee. ● Time trials will not be offered for swimmers 12 and under. ● Time trials count towards the total number of events swimmers are allotted per day. ● Any event 400 and over will only be contested if time permits at the discretion of the Meet Ref. ● Order of events will be determined by the Meet Ref. ● Time Trials will cost \$10 per individual event payable in cash at sign-up. ● Time Trial only swimmers must still pay the LSC and Pool fees associated with the meet. ● Swimmers must provide their own timers.
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<p>Time of Meet:</p>	<ul style="list-style-type: none"> ● Friday Warm-up: 4:00 P.M ; Meet start not before 5:00 p.m. ● Sat/Sun 13 & over Prelim Warm up start: 7:00 A.M; Meet Start 8:30 AM ● Sat/Sun 12&U Warmup: 12:30 P.M; Meet Start: 1:30 P.M ● Sat/Sun Finals Warm up: 4:30 PM; Finals Meet Start: 5:30 P.M.
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<p>Entries:</p>	<p>Entries are to be sent to Sports Timing, Inc. Go to www.sportstiming.com, click on upcoming meets and click on the 7th Annual Blizzard Blast. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files, you are able to submit a new form and file. Entry questions can be emailed to meet.support@sportstiming.com. Clubs or individuals not submitting entries electronically will be subject to a \$10.00 per swimmer entry surcharge.</p> <p>Entries are due by 5 PM on Wednesday, November 29th. SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline</p>
<p>Entry Limit:</p>	<p>Swimmers may enter up to Two (2) individual events on Friday; 10 & under swimmers may enter up to three(3) individual events on Saturday & Sunday; 11 & over swimmers may enter up to three (3) individual events on Saturday & Sunday. The daily event maximum(s) may be amended based on timeline and total number of athletes competing, at the sole discretion of the host team's Meet Director.</p>
<p>Awards:</p>	<p>Rubber Ducks</p>
<p>Scoring:</p>	<p>No Scoring</p>
<p>Timing:</p>	<p>Timing and Data Processing will be provided by SportsTiming, Inc. Colorado electronic timing system, with touch pads & plungers, will be used. Stop watches will also be used.</p>
<p>Coaches Eligibility:</p>	<p>Coaches must be coach members of USA Swimming and they must present their credentials through deck pass to the meet director at the start of the meet. Coaches meeting will be announced via email prior to the swim meet.</p>
<p>Other Information:</p>	<ol style="list-style-type: none"> 1. Certified officials are welcome to assist with the meet. Please contact Jason Overby at overbyj@cofc.edu. 2. Heat Sheets will be emailed out to all participating swimmers before the meet. We will not have heat sheets available for sale at the meet. 3. An alternate contact for meet information other than the meet manager is: Nate Murray at: Nmurray@swimscsc.com

Blizzard Blast Order of Events and Qualifying time Standards

Friday Night Session (12/8)

Warm-up: 4:00P ; Start Time: 5:00P

Girls	Event	Boys
1	11-12 200 Fly	2
3	Open 400 IM	4
5	11-12 200 Bk	6
7	11-12 200 Brst	8
9	Open 1000 Fr	10

Saturday AM Session (12/9) - 13 & Over Prelims

Warm-up 7:00 AM; Meet Start 8:30 AM

Girls	Event	Boys
11	13 & over 200 Free	12
15	13 & Over 100 Fly	16
19	13 & Over 200 Brst	20
23	13 & Over 50 Free	25
27	13 & Over 200 IM	28
31	13 & Over 100 Back	32

Saturday 12&U Session (12/9) (11-12 Prelims; 10&U timed finals)

Girls	Warm-up 12:30 PM ; Meet start 1:30 PM	Boys
13	11-12 200 free	14
115	10&u 200 free	116
17	11-12 50 fly	18
117	9-10 50 fly	118

119	8 & u 25 fly	120
21	11-12 100 breast	22
121	10 & u 100 breast	122
123	8 & u 50 breast	124
25	11-12 50 free	26
125	9-10 50 free	126
127	8 & u 50 free	128
29	11-12 200 IM	30
129	10 & u 200 IM	130
33	11-12 100 bk	34
133	10 & u 100 bk	134
135	8 & u 25 bk	136

Saturday Finals Session (12/9)		
Girls	Warm-up 4:30 PM ; Meet start 5:30 PM	Boys
11	13 & Over 200 Free	12
13	11-12 200 Free	14
15	13 & Over 100 Fly	16
17	11-12 50 Fly	18
19	13 & Over 200 Breast	20
21	11-12 100 Breast	22
23	13 & Over 50 Free	24
25	11-12 50 Free	26
27	13 & Over 200 IM	28
29	11-12 200 IM	30
31	13 & Over 100 Back	32
33	11-12 100 Back	34

Sunday AM Session (12/10) - 13 & Over Prelims**Warm-up 7:30 AM; Meet Start 8:30 AM**

Girls		Boy
37	13 & Over 100 Fr	38
41	13 & Over 200 Bk	42
45	13 & Over 100 Brst	46
49	13 & Over 200 Fly	50
53	13 & Over 500 Fr	54

Sunday 12&U Session (12/10) (11-12 Prelims; 10&U timed finals)**Warm-up 12:30 PM ; Meet start 1:30 PM**

Girls		Boys
35	11-12 100 IM	36
135	10 & u 100 IM	136
39	11-12 100 Free	40
139	10 & u 100 Free	140
141	8 & u 25 Free	142
43	11-12 50 Bk	44
143	9-10 50 Bk	144
145	8 & u 50 bk	146
47	11-12 50 Breast	48
147	9-10 50 Breast	148
149	8 & u 25 Breast	150
51	11-12 100 Fly	52
151	10 & u 100 Fly	152

153	8 & u 50 Fly	154
55	9 - 12 Mixed 500 Free	55

Sunday Finals Session (12/10)		
Warm-up 4:30 PM ; Meet start 5:30 PM		
Girls		Boys
35	11-12 100 IM	36
37	13 & Over 100 Free	38
39	11-12 100 Free	40
41	13 & Over 200 Back	42
43	11-12 50 Back	44
45	13 & Over 100 Breast	46
47	11-12 50 Breast	48
49	13 & Over 200 Fly	50
51	11-12 100 Fly	52
53	13 & Over 500 Free	54

**2023 Annual Blizzard Blast December
8th - 10th 2023
North Charleston Aquatic Center
Held under the sanction of USA Swimming issued by SC Swimming:
Sanction Number: SC2455SCY
Time Trials: SC2456TT**

Meet Entry Summary Sheet

Total Number of Swimmers_x \$2.00 SCLSC Sports Development Fee = \$ Total

Number of Swimmers_x \$2.00 SCLSC Travel Fund/Program Fee = \$ Total Number

of out-of LSC_x \$2.00 SCLSC Travel Fund/Program Fee = \$ Total Number of

Swimmers_x \$28.00 Facility Fee = \$

Total Number of Swimmers_x \$5.00 Electronic Heat Sheet Fee = \$ Total

Number Individual Events: x \$4.00 Individual Events = \$

Total Fees: =\$

Team: Team Code: Number of coaches at meet:

Head Coach:

Send email results to:

Send Paper copy in lieu of e-mail to:

Make Checks Payable To: South Carolina Swim Club MPSC-PA
Mail entries to: **South
Carolina Swim Club MPSC-PA**
PO Box 882
Mount Pleasant, SC 29465-0882

**(Please waive signature for overnight deliveries) WAIVER, ACKNOWLEDGMENT AND
LIABILITY RELEASE**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and SC Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that the SC LSC, the South Carolina Swim Club, Park West Pool, and SportsTiming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Signature/Title Date