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Introduction

2023 marks the Twenty-Seventh Annual State High School Swimming Championships sponsored by The South Carolina Independent School Association. Thank-you to those coaches and supporters who had the vision to lead SCISA into providing this outstanding opportunity for student participation and achievement.

State Meet

Host

Pinewood Prep

Meet Date

Saturday, October 14, 2023

Meet Site

North Charleston Aquatics Center - 8610 Patriot Blvd, North Charleston, SC 29420

Meet Directors

Victoria Culbertson Sports Timing, Inc. (V) 843-628-5486 E-Mail: <u>victoria.culbertson@sportstiming.com</u> Mike Fanning South Carolina Independent School Assoc (V) 803-535-4820 E-Mail: <u>athletics@scisa.org</u>

Meet Referee

Kim Crounse E-mail: <u>kimcrounse@hotmail.com</u>

Rules

Meet Rules

The 2022-2023 National Federation of State High School Association Swimming and Diving and Water Polo Rule Book will govern the meet, except where noted below.

Eligibility

All swimmers must be a member of a SCISA School that has participated in two meets, and

- 1. Must meet the stated qualifying time¹ in each event that the swimmer is entered.
- 2. Must have participated in two SCISA meets² within the current high school season.
- 3. Meet where times have been achieved must be listed with SCISA Office.

Entry Information

Entry Verification

Please make sure all meets you have competed in have been submitted to Sports Timing, Inc. The database of times is being used for entry verification. The listing of top times is updated every Monday evening and by Sunday evening prior to the entry deadline. The

listing is available at <u>www.sportstiming.com</u>.

Entry Deadline

Monday, October 09, 2023 at 7:00pm

How to Enter

You must enter the meet through your team management software that produces an export in .SD3

format. Entries must be uploaded through the form at www.sportstiming.com/schss/

***Your relay order must be entered electronically using your team management software.

Entry Limits

Individual Events

NFHS Rules (Rule 3: Art. 1) each team shall be permitted a **maximum** of four entries in an individual event. These four entries must meet or exceed the 2022 SCISA Swimming qualifying times.

A competitor shall be permitted to enter a maximum of four events, no more than two of which may be individual events.

¹ Qualifying times may be obtained in any High School Meet. This includes dual meets where a SCISA Team competes against a Public School Team, A SCISA team vs SCISA Team or any invitational meet hosted by a Public or SCISA School

² A SCISA Meet is considered to be a meet where two or more SCISA Teams are participating with verifiable times.

Relay Events

- SCISA allows each team to enter ONE relay team in an event. There are no time standards for relays for the 2023 SCISA Swimming State Championships. Any swimmer on your team can participate in the relay at the State Championship meet as long as they have participated in the minimum required SCISA swim meets (2).
- Teams may be entered in the meet with relay only swimmers. All relay swimmers, including the relay alternates (up to 4) must be entered electronically with your entries. (Please remember to include relay only swimmers in your payment for the meet).
- Relay cards will be distributed to each team during the coaches meeting. Cards MUST be taken to the block with the correct swimmers listed. Only the swimmers and alternates entered electronically with your original entries can be used for the competition. Relay swimmer listing becomes official once the team has been called to the block.

Fees

- > \$20.00 per individual or relay only swimmer entered in the meet.
- > Checks should be sent to the SCISA Office

Coaches

- Coaches need to have their school's athletic director fax the SCISA office a listing of coaches by end of day on Monday, October 09, 2023.
- > Head Coach must be CPR Certified.

Senior Recognition

Go to the SCISA State Championships section at <u>www.sportstiming.com/schss/</u> to enter the information about each swimmer (Name / School / # years on Varsity Swimming Team). Seniors will need to report to the area beside the timing stand at 9:50am.

Timers

- > Every school has to provide at least one timer at the state meet. Please remember to have alternate timers available.
- Go to the SCISA State Championships section at <u>www.sportstiming.com/schss/</u> to enter the volunteer timers for your team.

Officials

- All Officials must be registered with SC High School League Officials Association, have completed a training session (or be USA Swimming certified), and worked at least two high school meets this season.
- Go to the SCISA State Championships section at <u>www.sportstiming.com/schss/</u> to enter the volunteer officials for your team

Time Line

Date		Time
10/09/2023	Entries submitted at www.sportstiming.com	7:00 P <i>N</i>
10/09/2023	Coaches Listing from AD to SCISA Office	7:00 P <i>N</i>
10/11/2023	Timer / Senior Listings submitted at www.sport stiming.com	7:00 P <i>N</i>
10/14/2023	Facility Opens	8:45 AN
	Coaches Meeting	8:50 AN
	Warm-Ups Begin	9:00 AN
	Officials Meeting	9:00 AN
	Timers Meeting	9:45 AN
	Warm-Ups End (Pool Closed)	9:50 AN
	Senior recognition / National Anthem	9:50 AN
	Meet Begins	10:00 AN

Time Standards

Event	Girls	Boys
200Y Medley Relay		
200Y Freestyle	2:45.00	2:40.00
200Y Individual Medley	3:00.00	2:55.00
50Y Freestyle	35.00	30.00
100Y Butterfly	1:25.00	1:22.00
100Y Freestyle	1:15.00	1:10.00
500Y Freestyle	6:50.00	6:45.00
200Y Freestyle Relay		

100Y Backstroke	1:25.00	1:20.00
100Y Breaststroke	1:35.00	1:30.00
400Y Freestyle Relay		

Scoring

Individual Events

Top 10 places shall be scored in each event.				
Place	Individual Scores	Relay Scores		
1 st	14	28		
2 nd	11	22		
3rd	10	20		
4 th	9	18		
5 th	8	16		
6 th	6	12		
7 th	4	8		
8 th	3	6		
9 th	2	4		
10 th	1	2		

Relay Scoring

Double the individual points.

Awards

Team Awards

A State Championship & State Runner-up Trophy will be present in both Classifications (AAAA & A-AA-AAA), in both Boys & Girls Divisions.

Only these awards will be announced at the end of the meet.

Individual Awards

- > A State Championship medal will be presented to each 1st place finisher in all events for both boys and girls in the AAAA and A-AA-AAA divisions.
- > Ribbons will be awarded for swimmers finishing 2nd-6th place.
- > Individual awards will not be announced at the end of the meet.

All State Team

The Top Ten Swimmers based upon times / points will be named to the 2023 All-State Team³.

Spectators

Adults: \$12.00 Students: \$5.00

Online Ticket sales available on SCISA website

Meet T-Shirts

Meet T-Shirts be available.

North Charleston Aquatics Center Rules

- > No coolers or chairs allowed in the facility.
- > Buses are to park in the Fort Dorchester High School parking lot.

³ All-State Swimmers listing will be distributed to your school's Athletic Directors.