

Name of Meet: **2022 7th Annual Blizzard Blast Invitational**

Date of Meet: **December 9 - 11, 2022**

Meet Sanction: Held under the sanction of USA Swimming issued by SC
Swimming:
Sanction Number: SC2342SCY
Time Trials: SC2343TT

Host Club: **South Carolina Swim Club**

Meet Director(s):	Laurie Morrin	scscmanager@swimscsc.com	843-819-3377
Meet Referee:	Victoria Culbertson	victoria.culbertson@sportstiming.com	843-296-9630
Admin Official:	Billy Culbertson	Meet.support@sportstiming.com	843-628-5486
Meet Entries to:	Victoria & Billy Culbertson	Meet.support@sportstiming.com	843-628-5486
Safety Marshal:	Madison Kennedy	Mkennedy@swimscsc.com	860-882-8551
	Nate Murraray	Nmurray@swimscsc.com	704-964-9942

Facility: North Charleston Aquatic Center
8610 Patriot Blvd, North Charleston, SC 29420

Indoor 20-lane 25-yard competition pool with a moveable bulkhead and 8-lane 25 yard warm down pool with non-turbulent lane lines. Bleacher seating for over 1000. Spectators may bring chairs and tents to use on the outside patios and grass areas. Chairs, food and coolers are not permitted on the pool deck.

The water depth of the competition course is seven (7) feet, measured from one (1) meter to five (5) meters, on the starting end of the course, and seven (7) feet, measured from one (1) meter to five (5) meters, at the turn end of the course. The water depth of the warm down course is six (6) feet, measured from one (1) meter to five (5) meters, on the starting end of the course, and four (4) feet, measured from one (1) meter to five (5) meters, at the turn end of the course. The competition course has not been certified in accordance with 104.2.2C

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Medical Supervision: Medical supervision will be provided by the NCAC Lifeguard staff.

- Rules:**
1. Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein.
 2. This meet will allow any USA Swimming registered swimmer to attend.
 3. In accordance with USA Swimming there will be a designated swimmer area. This area will be clearly marked and is only opened to those swimming in the meet. Parents are not to enter nor sit in this area.
 4. MAAPP 2.0 All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

5. SWIMWEAR: No Technical Suit may be worn by any 12&Under USA Swimming Athlete member in competition at any Sanctioned. Approved or Observed meet (USA Swimming Rule 102.81.1.F)
6. Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.
7. The use of pull buoys, paddles, kickboards, bands, tubing and other equipment is prohibited.
8. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of these devices is also not allowed behind the starting blocks.

Athlete Eligibility:

This meet is open to all swimmers currently registered with USA Swimming. All USA Swimming registration numbers will be verified with SWIMS. Age is to be determined on the first day of the meet.

USA Swimming registrations will not be accepted on deck.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Image Release:

By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographer(s) and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. **Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the start of the meet.**

Entry Fees:

\$4.00 per individual event
 \$28.00 pool/facility fee per swimmer
 \$5.00 Electronic heat sheet fee
 \$8.00 surcharge
 \$2.00 SCLSC Travel Fund/Program fee per swimmer
 \$2.00 SCLSC Sports Development fee per swimmer
 \$2.00 out-of-LSC Travel Fund/Program fee
 \$10.00 for time trials
 \$8.00 Relay Fee
 Make checks payable to SCSC--MPSCPA. Entry fees are non-refundable. Deck Entries are not permitted. There will be no deck seeded events.

Swimmers may enter up to Two (2) individual events on Friday; 10 & under swimmers may enter up to four (4) individual events on Saturday & Sunday; 11 & over swimmers may enter up to three (3) individual events on Saturday & Sunday. The session event maximum(s) may be amended based on timeline and total number of athletes competing, at the sole discretion of the host team's Meet Director.

Time trials count towards the total number of events swimmers are allotted per day.

Meet Format

- **The total number of eligible swimmers per session is set at 600 swimmers. The Meet Director reserves the right to limit events, heats, number of swimmers per team, or to adjust the format to conform with the 4 hour provision for 12 and Under sessions in accordance with Rule 205.3.1 F as well as to conform to the local protocols and requirements established due to Covid-19. The Meet Director reserves the right to adjust warm-up and meet start times.** Teams will be notified of any adjustments as soon as the deadline for entries received has passed.
- Meet management reserves the right to utilize two pools for preliminary and timed final sessions; alternating odd and even heats, splitting male and female, or age group specific pools will be formats in consideration and determined based on preliminary meet entries from all participating teams.
- Warm-up procedures: Team lane assignments will be made for each session. Finals will be open warm-up. All SCLSC and USA Swimming safety guidelines will be enforced. In order for swimmers to warm-up a USA Registered coach must be present. If a coach cannot attend warm-up for his or her team please contact the meet host.
- All 10&U Events will be timed finals
- All events on Friday night are timed finals. Meet management reserves the right to limit the number of heats for the Open 1000 Free.
- On Saturday and Sunday, the top 10 swimmers will return for finals in the 11-12 Age Group; the open events will have a C, B, and A final (10 swimmers each) with the C final being a protected 13-14 heat.
 - a. The 11-12 500 free is a timed final event and all heats will be contested during the preliminary session.
 - b. All Friday night events will be positively checked in. The 10&U, 11-12, and Open 500 Free events will be positive check in events.
- Seeding
 - a. The Open 1000 Free and Open 400 IM will be swum fastest to slowest heats alternating women and men. Meet host reserves the right to limit the 1000 free and 400IM to conform to the meet timeline and combine heats of genders.
 - b. The Open 500 freestyles will be swum as follows: These events will be deck seeded, with the top 2 women heats swimming (Slow to Fast, circle-seeded), followed by the top 2 men heats (Slow to Fast, circle-seeded), and then the remaining heats will be competed alternating women/men fast to slow. If two pools are utilized for these events, they will be contested as listed without alternating heats, women and men, as one gender will be in one pool & the other gender in one pool.
 - c. The 9-12 500 freestyles is mixed event (combining women and men) and will be swum fastest to slowest. Meet host reserves the right to limit the number of 500 free to meet timeline and combine heats of genders.
- Swimmers may choose to have a counter for the 1000 free and the 500 Free. Swimmers must provide their own timers and counters.
- A swimmer that misses their assigned heat will not be entered into another heat of that event unless circumstances are beyond the swimmer's control as determined by the meet referee and the swimmer may be allowed to swim.
- During finals, swimmers will proceed to their block for their heat. Swimmer names will be read while they are behind the blocks, before the start of the heat.
- The adjacent 8 lane therapy pool will be open for warm-up/warm-down during the meet at the discretion of the meet ref.
- Meet management reserves the right to insert breaks in the meet where necessary to allow athletes proper rest

- Scratch Rule:**
- The Friday evening events and all events 400 and above are positive check -in events. **A swimmer who is positively checked in for a deck seeded event who does not swim will be barred from the next individual event in which the swimmer is entered.**
 - Any swimmer not planning to swim at night in the finals must scratch so those swimmers who would like to swim again may do so. **A swimmer who is positively checked in for a deck seeded event who does not swim will be barred from the next individual event in which the swimmer is entered.**
 - There will be no penalty for not swimming pre-seeded events; it would be appreciated if a coach would inform Clerk of Course of any swimmers scratching from the meet.
- Time Trials:**
- Time Trials will be offered for swimmers 13 and over at the conclusion of each session, time permitting, and at the discretion of the Meet Referee.
 - Time trials will not be offered for swimmers 12 and under.
 - Time trials count towards the total number of events swimmers are allotted per day.
 - Any event 400 and over will only be contested if time permits at the discretion of the Meet Ref.
 - Order of events will be determined by the Meet Ref.
 - Time Trials will cost \$10 per individual event payable in cash at sign-up.
 - Time Trial only swimmers must still pay the LSC and Pool fees associated with the meet.
 - Swimmers must provide their own timers.
- Time of Meet:**
- Friday Warm-up: 4:00 p.m.; Friday Meet Start: Not before 5:00 p.m.
Sat/Sun 13&U WU: 7:00 a.m.; Sat/Sun 13&U Meet Start: 8:30 a.m.
Sat/Sun 12&U WU: 12:30 p.m.; Sat/Sun 12&U Meet Start: 1:30 p.m.
Sat/Sun Finals WU: 4:30 p.m.; Sat/Sun Finals Meet Start: 5:30 p.m.
- Entries:**
- Entries are to be sent to Sports Timing, Inc. Go to www.sportstiming.com, click on upcoming meets and click on the 7th Annual Blizzard Blast. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files, you are able to submit a new form and file. Entry questions can be emailed to meet.support@sportstiming.com. Clubs or individuals not submitting entries electronically will be subject to a \$10.00 per swimmer entry surcharge.**
- Entries are due by 5 PM on Wednesday, November 30th**
SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline
- Entry Limit:**
- Swimmers may enter up to Two (2) individual events on Friday; 10 & under swimmers may enter up to four (4) individual events on Saturday & Sunday; 11 & over swimmers may enter up to three (3) individual events on Saturday & Sunday.** The daily event maximum(s) may be amended based on timeline and total number of athletes competing, at the sole discretion of the host team's Meet Director.
- Awards:** Holiday Ducks
- Scoring:** No Scoring
- Timing:** Timing and Data Processing will be provided by SportsTiming, Inc. Colorado electronic timing system, with touch pads & plungers, will be used. Stop watches will also be used.

**Coaches
Eligibility:**

Coaches must be coach members of USA Swimming and they must present their credentials through deck pass to the meet director at the start of the meet. Coaches meeting will be announced via email prior to the swim meet.

**Other
Information:**

1. Certified officials are welcome to assist with the meet. Please contact Jason Overby at overbyj@cofc.edu.
2. Heat Sheets will be emailed out to all participating swimmers before the meet. We will **not** have heat sheets available for sale at the meet.
3. An alternate contact for meet information other than the meet manager is: Eric Lane at Elane@swimscsc.com

South Carolina Swim Club
 2022 7th Annual Blizzard Blast
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Sanction Number: SC2342SCY
 Time Trials: SC SC2343TT

Friday Warm-up: 4:00 p.m.; Friday Meet Start: Not before 5:00 p.m.
 Sat/Sun Morning 13&U WU: 7:00 a.m.; Sat/Sun 13&U Meet Start: 8:30a.m.
 Saturday/Sunday 12&U WU: 12:30 p.m.; Saturday/Sunday 12&U Meet Start: 1:30 p.m.
 Saturday/Sunday Finals WU: 4:30 p.m.; Saturday/Sunday Finals Meet Start: 5:30 p.m.

Friday Night Session			
Warm-up: 4:00P ; Start Time: 5:00P			
Girls			Boys
1	11-12	200 Fly	2
3	Open	400 IM	4
5	11-12	200 Back	6
7	11-12	200 Breast	8
9	Open	1000 Free	10

Saturday AM Session - 13&Over Prelims			
Warm-up 7:00 AM; Meet Start 8:30 AM			
Girls			Boys
11	Open	200 Free	12
15	Open	100 Fly	16
19	Open	200 Breast	20
23	Open	50 Free	25
27	Open	200 IM	28
31	Open	100 Back	32

Saturday 12&U Session (11-12 Prelims; 10&U timed finals)			
Warm-up 12:30 PM ; Meet start 1:30 PM			
Girls			Boys
13	11-12	200 Free	14
115	10&U	200 Free	116
17	11-12	50 Fly	18
117	9-10	50 Fly	118

119	8&U	50 Fly	120
21	11-12	100 Breast	22
121	10&U	100 Breast	122
123	8&U	50 Breast	124
25	11-12	50 Free	26
125	9-10	50 Free	126
127	8&U	50 Free	128
29	11-12	200 IM	30
129	10&U	200 IM	130
33	11-12	100 Back	34
133	10&U	100 Back	134
135	8&U	50 Back	136

Saturday Finals Session			
Warm-up 4:30 PM ; Meet start 5:30 PM			
Girls			Boys
11	Open	200 Free	12
13	11-12	200 Free	14
15	Open	100 Fly	16
17	11-12	50 Fly	18
19	Open	200 Breast	20
21	11-12	100 Breast	22
23	Open	50 Free	24
25	11-12	50 Free	26
27	Open	200 IM	28
29	11-12	200 IM	30
31	Open	100 Back	32
33	11-12	100 Back	34

Sunday AM Session - 13&Over Prelims			
Warm-up 7:30 AM; Meet Start 8:30 AM			
Girls			Boys
37	Open	100 Free	38
41	Open	200 Back	42
45	Open	100 Breast	46
49	Open	200 Fly	50
53	Open	500 Free	54

Sunday 12&U Session(11-12 Prelims; 10&U timed finals)			
Warm-up 12:30 PM ; Meet start 1:30 PM			
Girls			Boys
35	11-12	100 IM	36
135	10&U	100 IM	136
39	11-12	100 Free	40
139	10&U	100 Free	140
141	8&U	25 Free	142
43	11-12	50 Back	44

143	9-10	50 Back	144
145	8&U	25 Back	146
47	11&12	50 Breast	48
147	9-10	50 Breast	148
149	8&U	25 Breast	150
51	11-12	100 Fly	52
151	10&U	100 Fly	152
153	8&U	25 Fly	154
55	9-12	Mixed 500 Free	55

Sunday Finals Session			
Warm-up 4:30 PM ; Meet start 5:30 PM			
Girls			Boys
35	11-12	100 IM	36
37	Open	100 Free	38
39	11-12	100 Free	40
41	Open	200 Back	42
43	11-12	50 Back	44
45	Open	100 Breast	46
47	11-12	50 Breast	48
49	Open	200 Fly	50
51	11-12	100 Fly	52
53	Open	500 Free	54

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Meet Entry Summary Sheet

Total Number of Swimmers _____	x \$2.00 SCLSC Sports Development Fee	= \$ _____
Total Number of Swimmers _____	x \$2.00 SCLSC Travel Fund/Program Fee	= \$ _____
Total Number of out-of LSC _____	x \$2.00 SCLSC Travel Fund/Program Fee	= \$ _____
Total Number of Swimmers _____	x \$28.00 Facility Fee	= \$ _____
Total Number of Relays _____	x \$8.00 Relay Fee	= \$ _____
Total Number of Swimmers _____	x \$5.00 Electronic Heat Sheet Fee	= \$ _____
Total Number Individual Events: _____	x \$4.00 Individual Events	= \$ _____
Total Number of Swimmers: _____	x \$8.00 Live Stream Feed	= \$ _____
Total Fees:		= \$ _____

Team: _____ Team Code: _____

Number of coaches at meet: _____

Head Coach: _____

Send email results to: _____

Send Paper copy in lieu of e-mail to: _____

Make Checks Payable To: South Carolina Swim Club MPSC-PA	
Mail entries to: South Carolina Swim Club MPSC-PA PO Box 882 Mount Pleasant, SC 29465-0882 (Please waive signature for overnight deliveries)	
WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the safety rules of USA Swimming and SC Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that the SC LSC, the South Carolina Swim Club, Park West Pool, and SportsTiming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.	

Signature/Title

Date