

# 4<sup>th</sup> Annual HOOS Going the Distance

**November 12, 2022**

**Meet Sanction:** Held under the sanction of USA Swimming issued by SC Swimming:  
Sanction Number SC2303SCY

**Host Club:** **Wahoo Aquatic Club**

<b>Meet Director:</b>	<b>Tara Boone</b>	<a href="mailto:tara@wahooaquaticclub.org">tara@wahooaquaticclub.org</a>	<b>843-452-9239</b>
<b>Meet Referee:</b>	<b>Steve Savage</b>	<a href="mailto:savages@musc.edu">savages@musc.edu</a>	
<b>Admin Referee:</b>	<b>Victoria Culbertson</b>	<a href="mailto:Victoria.culbertson@sportstiming.com">Victoria.culbertson@sportstiming.com</a>	<b>843-296-9630</b>
<b>Meet Entries to:</b>	<b>Victoria Culbertson</b>	<a href="mailto:Victoria.culbertson@sportstiming.com">Victoria.culbertson@sportstiming.com</a>	<b>843-296-9630</b>
<b>Safety Marshal:</b>	<b>Mackenzie Cross</b>	<a href="mailto:crossmac16@gmail.com">crossmac16@gmail.com</a>	<b>518-361-6017</b>

**Facility:** LTP Swimming Pool  
1513 Mathis Ferry Road  
Mt. Pleasant, SC 29464

A partially covered, outdoor 8 lane 25 yard pool. No separate warm up/warm down area is available. The water depth of the competition course is 6 to 5 ½ feet measured from one (1) meter to five (5) meters at the starting end of the course and 4 to 4 ½ feet measured from one (1) meter to five (5) meters at the turn end of the course. The pool is equipped with lane lines and starting blocks. The competition course has not been certified in accordance with 104.2.2C(4).

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Facility Rules:**

**\*NO glass containers allowed in the pool area or in locker rooms.**

**\*Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms**

**\*Folding chairs are allowed on deck in designated areas. .**

**Rules:** Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein. The Meet Referee reserves the right to adjust the warm-up times and start times.

Use of audio or visual recording devices, including a cell phone, are not permitted in changing areas, rest rooms or locker rooms. In addition, use of audio or visual recording devices, including a cell phone, are not allowed behind the blocks.

Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.

No Technical Suit may be worn by any 12 & under USA Swimming athlete member in competition at any Sanctioned, Approved, or Observed meet (USA Swimming Rule 102.81. F)

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP 2.0 policy is a condition of participation in the conduct of this competition.

**Athlete Eligibility:** This competition is open to any USA Swimming registered athletes. All swimmers and teams must be currently registered members of USA Swimming, Inc. Age is to be determined by the first day of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Image Release:** By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographer(s) and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the start of the meet.

**Entry Fees:** Athletes may enter up to 5 individual events.

40.00 Per swimmer (breakdown listed below):

\$33.00 per swimmer Pool and Entry Fee

\$ 3.00 per swimmer fee for electronic heat sheet

\$ 2.00 per swimmer SCLSC Travel Fund/Program Fee

\$ 2.00 per swimmer SCLSC Sports Development Fee

\$42.00 Per OUT of LSC swimmer (same fees as above + \$2 out of LSC swimmer travel fund fee/program fee)

- Meet Format:**
- **Meet management reserves the right to change the format of the meet, move an age group to another session, or make any other necessary changes during the meet to provide the best competition environment for the athletes, including adjusting the number of sessions, heats, lanes and warm-up times. Events may be combined but awarded separately by gender and age group as needed. Meet management reserves the right to make any changes to format, timeline, or sessions to comply with best practices for social distancing and health concerns.**
  - All events will be contested as Timed Finals.
  - The meet is limited to the first 220 swimmers entered in the meet, provided no session has more swimmers than can be accommodated with social distancing requirements.
  - Timers will be provided by the host team and other volunteers for all events.
  - General warm-up procedures apply. All SCLSC and USA Swimming safety guidelines will be enforced. Specific warm-up procedures will be posted on deck and provided in the coaches' packets. Coaches are advised to closely supervise their swimmers at all times. Diving is permitted only during specific warm-up times, as announced. Running and horseplay are prohibited. The use of pull buoys, paddles, kickboards, bands, tubing and other equipment is prohibited.
  - Warm-up schedule will be sent out the week of the meet.
  - Entries received by the deadline date will be considered team entries and no refunds for no shows will be issued.
  - All 25-yard events will be started at the deep end of the pool. Timers will walk to the shallow end for all 25-yard events.

**Time of Meet:** **Saturday, November 12th**  
**Session #1: w/u 8:30 am; start 9:15 am**  
**Session #2: w/u 11 am; start 12 noon**  
**Session #3: w/u 3:30; start 4:30 pm**

**Entries:** HYTEK Meet Manager software will be used. Please submit entries in HYTEK TEAM MANAGER format. Please use swimmer's full name, age, and short course yards entry times. Times must be listed to the 1/100<sup>th</sup>. Entries will not be accepted without payment, hard copy of individual entries by name and meet reconciliation form. Also include the signed and dated release form and summary found attached to this announcement.

SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline

**Entry Deadline: All entries must be received by midnight, Wednesday, November 2nd, 2022**

Mail completed entries to:  
Tara Boone  
705 Magnolia Street  
Mount Pleasant, SC 29464

**Electronic entries should be sent to Victoria Culbertson at [meet.entries@sportstiming.com](mailto:meet.entries@sportstiming.com)**

Emailed entries must also be accompanied by Word or PDF document export summaries of individual entries by swimmer and fees.

Makes checks payable to Wahoo Aquatic Club.

Late entries will be accepted at the discretion of the meet director. In addition to the \$40/swimmer fee (as detailed above), late entries will be charged \$5/swimmer. For out of LSC swimmers this fee would be the \$42/swimmer + \$5 late entry fee. Deck entries are permitted.

No refunds will be issued once entries are submitted by visiting teams.

**Awards:** None.

**Scoring:** None

**Timing:** A Colorado Timing Semi- Automatic Timing System will be used. Timing services provided by Sports Timing & Software Inc.

**Coaches Eligibility:** Each coach must be a current member in good standing with USA Swimming and must present credentials to receive coaching packets and remain on deck. Coaching credentials must be available for review at all times while a coach is on deck.

A coaches meeting will be held fifteen minutes prior to the start of the meet.

**Other Information:** **Officials:** Certified officials willing to work are always welcome and encouraged. Please contact the Meet Referee and Meet Director, and report to the Officials meeting one hour before the meet begins. The Meet Referee is Steve Savage.

**Alternate Contact:** Mary B. Shaw, Head Coach. [maryb@wahooaquaticclub.org](mailto:maryb@wahooaquaticclub.org)

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**Sanction Number SC2303SCY**

Girls Event #	<b>Session 1: Sat, 11/12/22</b>		Boys Event #
	<b>Warm-ups: 8:30 am. Meet Starts: 9:15 am</b>		
	<b>ORDER OF EVENTS</b>		
<b>1</b>	OPEN 200 IM		<b>2</b>
<b>3</b>	OPEN 500 Freestyle		<b>4</b>

Girls Event #	<b>Session 2: Sat, 11/12/22</b>		Boys Event #
	<b>Warm-ups: 11:00 am. Meet Starts: 12:00 pm</b>		
	<b>ORDER OF EVENTS</b>		
<b>5</b>	10/under 100 Backstroke		<b>6</b>
<b>7</b>	8/under 50 Backstroke		<b>8</b>
<b>9</b>	8/under 25 Backstroke		<b>10</b>
<b>11</b>	10/under 100 Breaststroke		<b>12</b>
<b>13</b>	8/under 50 Breaststroke		<b>14</b>
<b>15</b>	8/under 25 Backstroke		<b>16</b>
<b>17</b>	10/under 100 Butterfly		<b>18</b>
<b>19</b>	8/under 50 Butterfly		<b>20</b>
<b>21</b>	8/under 25 Butterfly		<b>22</b>
<b>23</b>	10/under 200 Freestyle		<b>24</b>
<b>25</b>	8/under 50 Freestyle		<b>26</b>
<b>27</b>	8/under 25 Freestyle		<b>28</b>
<b>29</b>	10/under 100 Freestyle		<b>30</b>

Girls Event #	<b>Session 3: Sat, 11/12/22</b>		Boys Event #
	<b>Warm-ups: 3:30 pm / Meet Starts: 4:30 pm</b>		
	<b>ORDER OF EVENTS</b>		
<b>31</b>	11-12 100 Backstroke		<b>32</b>
<b>33</b>	OPEN 200 Backstroke		<b>34</b>
<b>35</b>	11-12 100 Breaststroke		<b>36</b>
<b>37</b>	OPEN 200 Breaststroke		<b>38</b>
<b>39</b>	OPEN 50 Freestyle		<b>40</b>
<b>41</b>	11-12 100 Butterfly		<b>42</b>
<b>43</b>	OPEN 200 Butterfly		<b>44</b>
<b>45</b>	11-12 100 Freestyle		<b>46</b>
<b>47</b>	OPEN 200 Freestyle		<b>48</b>
	10 MINUTE BREAK		
<b>49</b>	OPEN 400 IM		<b>50</b>

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**MEET ENTRY SUMMARY SHEET**

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Team Name: \_\_\_\_\_ Team Abbreviation: \_\_\_\_\_

Team Address: \_\_\_\_\_

City & State \_\_\_\_\_ Zip \_\_\_\_\_

Head Coach/ Team Rep: \_\_\_\_\_

Phone \_\_\_\_\_ Home \_\_\_\_\_ E-mail \_\_\_\_\_

For Entry Problems Call or E-Mail: \_\_\_\_\_

#In-State Athletes _____ x \$40.00	= \$ _____
(Pool Fee+ Entry Fee + SCLSC Travel Fund Fee + SCLSC Sports Development Fee)	
#Out of LSC Athletes _____ x \$42.00	= \$ _____
(Pool Fee + Entry Fee+ SCLSC Travel Fund Fee + SCLSC Sports Development Fee + SCLSC out of LSC fee)	
Total Fees Submitted	= \$ _____

Make Checks Payable To: Wahoo Aquatic Club

Email entries to [Victoria.culbertson@sportstiming.com](mailto:Victoria.culbertson@sportstiming.com) or mail entries to:

Tara Boone

705 Magnolia Street

Mount Pleasant, SC 29464

**WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE**

I, the undersigned coach or team representative, verify I am familiar with the safety rules of USA Swimming and South Carolina Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that South Carolina LSC and Wahoo Aquatic Club, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

\_\_\_\_\_  
Signature/Title

\_\_\_\_\_  
Date

