

Name of Meet: 2022 SMRT May the 4th be with you Inv.
Date of Meet: May 6 – 8 , 2022

Meet Sanction: Held under the sanction of USA Swimming issued by SC Swimming
Sanction number SC2296LCM

Host Club: City of Charleston's Southern Marlins Racing Team

Meet Director:	Elizabeth Ransford	edransford@gmail.com	843.670.6454
Meet Referee:	Victoria Culbertson	meet.support@sportstiming.com	843.296.9630
Admin Ref:	Billy Culbertson	meet.support@sportstiming.com	843.296.9630
Meet Entries:	Victoria & Billy Culbertson	meet.support@sportstiming.com	843.296.9630
Safety Marshall:	Josh Stroble	josh.stroble@gmail.com	843.469.3533

**Assumption of
Risk Disclaimer:**

SMRT Swimming and The City of Charleston have taken enhanced health and safety measures for all attending this event however we cannot guarantee that you will not become infected with COVID-19. You must follow all posted instructions while visiting MLK Pool. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., South Carolina Swimming, Inc., SMRT Swimming and The City of Charleston cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/South Carolina Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming/South Carolina Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTH CAROLINA SWIMMING, SMRT SWIMMING, THE CITY OF CHARLESTON AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS.

FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION

SMRT Swimming's Covid – 19 Meet Plan

- Masks are still encouraged as a preventive measure as given by CDC guidelines. Failure to comply with the COVID-19 protocols of a particular facility could result in the sanction being rescinded and possible denial of future sanctions for a term of not longer than one season (short course or long course).
- The listed Safety Marshal is responsible for coordinating the Return to Competition Plan and Safesport Protocols.
- There will be a maximum of 250 swimmers in each session.
- The meet will attempt to live-streamed via SMRT Swimming's Facebook page.

Facility: Martin Luther King, Jr (MLK) Pool

155 Jackson Street, Charleston, SC 29401 843-724-7342

Outdoor 8-lane 50-meter pool with non-turbulent lane lines. The water depth from the start end is 5 feet from 1 meter to 5 meters. The depth at the turn end is 3-3.5 feet from 1 meter to 5 meters (202.3.4D). Six (6) or Eight (8) lanes are used for competition, depending on meet management. With warm up/warm down area to the diving well open at all times.

The competition course has not been certified in accordance with 104.2.2C(4). Limited bleacher seating is available. Deck chairs are encouraged. Only swimmers, officials, coaches and meet personnel are allowed on deck. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) anytime athletes, coaches, officials and/or spectators are present

The facility The MLK Pool in The City of Charleston. SMRT Swimming has limited session size. Entry will be only through the side gate on the east end of pool. All exits will be through the north gate (diving well side). There will be no spectators on deck

Rules: Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP 2.0"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

SWIMWEAR: No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet USA Swimming Rule 102.81.1.f

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of these devices is also not allowed behind the starting blocks.

Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.

Athlete Eligibility:

Age is to be determined by the first day of the meet. All swimmers and team must be currently registered members of USA Swimming, Inc.

USA Swimming registrations will not be accepted on deck.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The meet is limited to the first 250 swimmers/ per session.

Athlete age up date is the first day of the meet dated above. Host reserves the right to add swimmers to fill age groups.

Image Release: By attending or participating in this competition, you agree to be filmed and photographed by host club approved photographer (s) and videographer (s) and to allow the right to use names and pictures before, during or after the meet, such as psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the start of the meet.

Entry Fees: Pool Fee - \$25.00/swimmer
SCLSC Travel Fund / Program Fee \$2.00/swimmer
SCLSC Sports Development Fee - \$2.00/swimmer
Out of LSC Travel Fund Program fee \$2.00/swimmer
Individual Event - \$3.50 per event.
Deck entry fee - \$7.00 per event
Electronic Heat Sheet Fee \$2.00

Make checks payable to ABC of SMRT. Entry fees are non-refundable. The Clerk of Course will accept deck entries for open lanes only. Payment for all deck entries is due before the end of warm-ups to Clerk of Course.

Athletes may only swim 4 events per session

No Time Trials will be offered.

Meet Format: All events will be contested as Timed Finals. The 800m Free, 400m Free, & 400 IM will be deck seeded and swum slowest to fastest. The following events will be deck seeded and consolidated (by gender and age, mixed events) 200 IM, 800m Free & 400m Free, 400m IM, All 15 & over, 11-12, and 10 & under events. Friday events are Positive Check-In events. Positive Check-In will close 15 minutes before the start of competition.

Warm-up procedures: Team lane assignments will be made for each session. All SCLSC and USA Swimming safety guidelines will be enforced.

Meet management reserves the right to adjust warm-up and meet start times based upon the number of entries and timeline of the meet. Teams will be notified of any changes in timeline via email and/or the SMRT website.

Swimmers must provide their own timers and counters for the 400 Free, 400 IM, and 800 Free.

No food vendors will be present.

Entries received by the deadline date will be considered team entries and no refunds for no-shows will be issued

Seedings: Friday: all 200 IM's and 800 Free will be seeded and competed combined both age-group and gender.
Saturday and Sunday: all 15 & over, 11 – 12, and 10 & under will be seeded and competed, as mixed genders.

Time of Meet:

Friday Afternoon warmups: 5:00pm Meet Starts 6:00pm

Sessions 2 & 5 (15 & Over + 13 – 14 Males) W.U. 7:30 a.m./Meet 8:30am

Sessions 3 & 6 (13 – 14 Females + 11-12) W.U. 11:30am/Starts 12:30pm

Sessions 4 & 7 (10 & Unders) W.U. 3:00pm/Meet Starts 3:45pm

Any changes in times that need to be made will be sent to coaches 7 days prior to meet.

Entries: Meet Entries - Go to www.sportstiming.com , click on upcoming meets and click on SMRT May the 4th be with you Inv. Complete the form, upload your entry file and click submit. You will receive an email confirmation
Entries are due by Tuesday April 26th, 2022
SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline

Awards: Individual Star War Theme High Point Trophies will be awarded to the Top 8 point scorers in each age group each gender.
Heat Winner Ducks will awarded.

Scoring: 1st – 10th (11 – 9- 8 – 7 – 6 – 5 – 4 – 3 – 2 – 1
in the following age-groups 8 & under, 9 – 10, 11 – 12, 13 – 14, 15 & Over.
10 & under events will be scored, (8 & under, 9 – 10)
12 & under events will be scored (8 & under, 9 – 10, 11 – 12)
13 & over events will be scored (13 – 14, 15 & over)
Open events will be scored (8 & under, 9 – 10, 11 – 12, 13 – 14, 15 & Over

Timing: Colorado electronic timing system, with touch pads & plungers, will be used. Stop watches will also be used. Timing and data management provided by Sports Timing & Software Inc..

Coaches Eligibility:

Coaches must be coach members of USA Swimming and they must have their credentials visible at all times. Coaches meeting will be announced via email prior to meet

Other Information: Certified officials are welcome to assist with the meet. Please contact:
Victoria Culberston at meet.support@sportstiming.com 843.296.9630

Heat Sheets will be emailed to coaches before meet, for distribution to each team.

City of Charleston Southern Marlins Racing Team

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Held under the sanction of USA Swimming issued by SC Swimming:

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Order of Events

Session #1 Friday Afternoon

Warmups 5:00pm/Meet Starts 6:00pm

<u>Girls Events #s</u>		<u>Boys Event #'s</u>
1	13 & Over 200 IM	2
3	12 & Under 200 IM	4
5	13 & Over 800 Free	6

Session #2 (15 & over + 13 – 14 Boys)

Saturday Morning

Warmups 7:30am/Meet Starts 8:30am

7	15 & Over 200 Free	8
	13 – 14 200 Free	9
10	15 & Over 100 Back	11
	13 – 14 100 Back	12
13	15 & Over 200 Breast	14
	13 – 14 100 Breast	15
16	15 & Over 100 Fly	17
	13 – 14 200 Fly	18
19	15 & Over 50 Free	20
	13 – 14 50 Free	21
	(5 or 10 Minute Break)	
22	15 & Over 400 Free #	23
	13 & 14 400 Free #	24

Events 22, 23, 24 will be seeded and swum slowest to fastest mixed genders

Session #3 (13 – 14 Girls + 11 – 12)
Saturday Afternoon
Warmups 11:30am/Meet Start 12:30pm

25	13 – 14	200 Free	
26	11 – 12	200 Free	27
28	13 – 14	100 Back	
29	11 – 12	50 Back	30
31	13 – 14	100 Breast	
32	11 – 12	100 Breast	33
34	13 – 14	200 Fly	
35	11 – 12	50 Fly	36
37	13 – 14	50 Free	
38	11 – 12	50 Free	39
40	13 – 14	400 Free #	
41	11 – 12	400 Free #	42

Events 40, 41, 42 will be seeded and swum slowest to fastest mixed genders

Session #4 (10 & Unders) Saturday Afternoon
Warmups 3:00pm/Meet Starts 3:45pm

43	10 & Under	50 Free	44
45	10 & Under	50 Back	46
47	10 & Under	100 Breast	48
49	10 & Under	50 Fly	50
51	10 & Under	200 Free	52

Session #5 (15 & Overs + 13 – 14 Boys)
Sunday Morning
Warmups 7:30am/Meet Starts 8:30am

53	15 & Over	100 Free	54
	13 -14	100 Free	55
56	15 & Over	200 Back	57
	13 – 14	200 Back	58
59	15 & Over	100 Breast	60
	13 – 14	200 Breast	61
62	15 & Over	200 Fly	63
	13 – 14	100 Fly	64
65	15 & Over	400 IM #	66
	13 – 14	400 IM #	67

Events 65, 66, 67 will be seeded and swum slowest to fastest mixed genders

Session #6 (13 – 14 Girls + 11 – 12)
Sunday Afternoon
Warmups 11:30am/Meet Start 12:30pm

68	13 – 14	100 Free	
69	11 – 12	100 Free	70
71	13 – 14	200 Back	
72	11 – 12	100 Back	73
74	13 – 14	200 Breast	
75	11 – 12	50 Breast	76
77	13 – 14	100 Fly	
78	11 – 12	100 Fly	79
80	13 – 14	400 IM	

Session #7 (10 & Under) Sunday Afternoon
Warmups 3:00pm/Start 3:30pm

81	10 & Under	100 Free	82
83	10 & Under	100 Back	84
85	10 & Under	50 Breast	86
87	10 & Under	100 Fly	88
89	10 & Under	400 Free	90

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Martin Luther King, Jr (MLK) Pool
155 Jackson Street, Charleston, SC 29401 843-724-7342

Team Name _____ Team Abbreviation _____
Team Address: _____
City & State: _____ Zip _____
Head Coach/Team Rep: _____
Phone _____ Home _____ E-mail _____

Total # of Athletes _____ x \$25.00 Pool Fee= _____

Total # of Events: _____ x \$3.50 = _____

Total # of Athletes: _____ x \$2.00 SCLSC Travel Fund/Program Fee= _____

Total # of Athletes: _____ x \$2.00 SCLSC Sports Development Fee = _____

Total # of Athletes _____ x \$2.00 out of LSC Travel Fund Program Fee= _____

Total # of Athletes _____ x \$2.00 Electronic Heat Sheet Fee = _____

Total Fees Submitted: _____

Make Checks Payable to ABC of SMRT

Mail entries to: SMRT Swimming
Attn.: Michael Stewart
3055 Maritime Forest Drive
Johns Island, SC. 29455
(Please waive signature for overnight deliveries)

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the safety rules of USA Swimming and SC Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

It is understood and agreed that USA Swimming Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that SC Swimming, WL Stephens Pool, Sports Timing & Software Inc., and The City of Charleston, Southern Marlins Racing Team shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Signature/Title _____ Date _____