

<b>Name of Meet:</b>	<b>'HOOS Going the Distance</b>
<b>Date of Meet:</b>	<b>November 16<sup>th</sup>, 2019</b>
<b>Meet Sanction:</b>	Held under the <a href="#">sanction</a> of USA Swimming issued by SC Swimming: Sanction Number SC2056SCY
<b>Host Club:</b>	<b>Wahoo Aquatic Club</b>
<b>Meet Director:</b>	Tara Boone <a href="mailto:tara@wahooaquaticclub.org">tara@wahooaquaticclub.org</a> 843-452-9239
<b>Meet Referee:</b>	Stephen Savage <a href="mailto:savages@musc.edu">savages@musc.edu</a> 843-693-4431
<b>Meet Entries to:</b>	Billy/Victoria Culbertson <a href="mailto:meet.support@sportstiming.com">meet.support@sportstiming.com</a> 843-628-5486
<b>Safety Marshall</b>	Chandler Shaw <a href="mailto:chandlershaw@hotmail.com">chandlershaw@hotmail.com</a> 843-834-3332
<b>Facility:</b>	<p>LTP Swimming Pool 1513 Mathis Ferry Road Mt. Pleasant, SC 29464</p> <p>A partially covered, 8 lane 25 yard pool. No separate warm up/warm down area is available. The water depth of the competition course is 6 to 5 ½ feet measured from one (1) meter to five (5) meters at the starting end of the course and 4 to 4 ½ feet measured from one (1) meter to five (5) meters at the turn end of the course. The pool is equipped with lane lines and starting blocks. The competition course has not been certified in accordance with 104.2.2C(4).</p> <p>Spectator Seating: Approximately 30 chairs provided for on-deck seating. Spectators may bring folding chairs for seating a well. Only meet volunteers, USA Swimming registered athletes, and current USA Swimming registered officials and coaches are allowed behind the starting blocks.</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</p>
<b>Rules:</b>	<p>Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein.</p> <p>Use of audio or visual recording devices, including a cell phone, are not permitted in changing areas, rest rooms or locker rooms.</p> <p>Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.</p> <p>Swimmers 10 years old and younger may not compete in a "Technical Suit" in a SCLSC Swimming sanctioned or approved competition.</p>
<b>Athlete Eligibility:</b>	This competition is open to USA Swimming registered swimmers with: Wahoo Aquatic Club; unattached swimmers in the process of attaching to Wahoo Aquatic Club; and the North Charleston Water Moccasins.

	<p>Age is determined by the first day of the meet. In addition, swimmers must have the minimum birth date of 03/30/09 to compete in this meet.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing stroke or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p>
<b>Entry Fees:</b>	<p>Athletes may enter up to four (4) individual events.</p> <p>\$25.00 per swimmer; this cost includes:  \$21.00 pool fee  \$2.00 SCLSC Travel Fund/Program Fee  \$2.00 SCLSC Sports Development Fee  \$0.00 per event fee</p> <p>There will not be refunds/credits issued if your swimmer does not participate in the meet.</p>
<b>Meet Format:</b>	<p>All events are timed finals.</p> <p>Meet management reserves the right to adjust the number of heats and lanes and warm-up times based on number of entries. Events may be combined, but awarded separately by gender and age group as needed. Meet management reserves the right to make any necessary changes during the meet to provide the best competition environment for the athletes.</p> <p>This meet is limited to 200 swimmers.</p> <p>Late entries will be taken at the discretion of the meet director. Deck entries to pre-seeded individual events will be permitted only on a "lane available" basis. No heats will be added for the event. If a swimmer is entered in less than 4 events before the entry deadline, and wants to add events after the entry deadline, the cost is \$5/event. New swimmers who enter the meet after the entry deadline must pay \$25 for pool fees plus LSC fees plus \$5/event.</p> <p>General warm-up procedures apply. All SCLSC and USA Swimming safety guidelines will be enforced. Specific warm-up procedures will be posted on deck and provided to coaches. Coaches are advised to closely supervise their swimmers at all times. Diving is permitted only during specific warm-up times, as announced.</p> <p>Running and horseplay are prohibited.</p> <p>The use of pull buoys, paddles, kickboards, bands, tubing and other equipment is prohibited.</p>
<b>Time of Meet:</b>	<p>Warm-up: 8 AM  Meet starts: 9 AM</p>
<b>Entries:</b>	<p>Entries will be submitted to Sportstiming, Inc. All entries must be received by Wahoo Aquatic Club by Thursday, November 7<sup>th</sup>.</p> <p>SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline.</p>
<b>Awards:</b>	<p>No awards will be given.</p>
<b>Scoring:</b>	<p>No scoring.</p>
<b>Timing:</b>	<p>A Colorado Timing Semi- Automatic Timing System will be used. Timing services provided by Sports Timing &amp; Software Inc.</p>
<b>Coaches Eligibility:</b>	<p>Coaches must be members of USA Swimming and they must have their credentials visible at all times.</p>
<b>Other</b>	<p>CONCESSIONS: A concessions stand will be selling heat sheets and drinks/food.</p>

<b>Information:</b>	PARKING: There is parking adjacent to the pool. Additional parking will be at the Morris Building at East Cooper Hospital.
---------------------	--

**Order of Events  
'HOOS Going the Distance**

Held under the sanction of USA Swimming issued by SC Swimming: SC2056SCY

**Warm ups at 8 am. Meet starts at 9 am.**

<b>Girls Event #</b>	<b>Boys Event #</b>	<b>Age Group</b>	<b>Event (SCY)</b>
1	2	OPEN	100 Backstroke
3	4	OPEN	200 Backstroke
5	6	OPEN	100 Breaststroke
7	8	OPEN	200 Breaststroke
9	10	OPEN	100 Butterfly
11	12	OPEN	200 Butterfly
13	14	OPEN	100 Freestyle
15	16	OPEN	200 Freestyle

10 minute break for warm-up/warm-down.

17	18	OPEN	400 IM
----	----	------	--------

**2nd Annual Wahoo Race and Taste  
Meet Entry Summary Sheet**

Held under the sanction of USA Swimming issued by SC Swimming: SC2056SCY

Total # of Swimmers: \_\_\_\_\_ x \$25 = \$ \_\_\_\_\_ Total Fees Due  
\$25 fee includes:

- \$21.00 pool fee
- \$2.00 SCLSC Travel Fund/Program Fee
- \$2.00 SCLSC Sports Development Fee
- \$0.00 per event fee

Return this summary sheet with entry fees, roster, and entry forms to:

Tara Boone  
705 Magnolia Street  
Mt. Pleasant, SC 29464

Submit entries on [sportstiming.com](http://sportstiming.com).

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that South Carolina Swimming Inc., Wahoo Aquatic Club, LLC, Sportstiming Inc, LTP Facility and any volunteers and sponsor organizations shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Coach: \_\_\_\_\_ Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Club: \_\_\_\_\_ Club Code: \_\_\_\_\_ LSC: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
(For Final Results) \_\_\_\_\_  
\_\_\_\_\_

Secondary Contact Person: Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Number of Coaches Attending Meet: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

