

2019 PALM Summer Invite

June 28-30, 2019



MEET SANCTION: Held under the sanction of USA Swimming, Inc.,
Issued by South Carolina Swimming, Sanction #SC19104LCM & SCSC19105TT

| | | | |
|------------------|-----------------------------|--|--------------------|
| HOST: | PALMETTO AQUATICS | http://www.PalmettoAquatics.com | |
| Head Coach: | Heath Edwards | coachheath@palmettoaquatics.com | (803) 665-8444 |
| Meet Director: | Kara Montgomery | PALMMeetDirector@gmail.com | (803) 413-0612 |
| Meet Referee: | Kim Crouse | kimcrouse@hotmail.com | (803) 443-1749Meet |
| Entries: | Billy & Victoria Culbertson | meet.support@sportstiming.com | (843) 628-5486 |
| Safety Marshall: | Greg David | g david@stratoswp.com | (803) 530-2445 |

FACILITY: The University of South Carolina Natatorium, located in the Solomon Blatt PE Center, 1300 Wheat Street, Columbia, SC, is a semi-open air facility that contains a ten-lane, 50 meter competition pool, with an additional diving well warming up and warming down, and seating for 580 spectators. The competition pool depth measured from one meter to five meters out from the wall is seven feet deep at the starting end of the course, and from one to five meters at the bulkhead end of the course. The competition course has not been certified in accordance with 104.2.2 C94).

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

ENTRY: Entry to the pool for swimmers, officials, and spectators will be through the doors to the east side of the complex. The front entrance is only for those with USC identification and those needing ADA entry.

PARKING: Visitors should park in the Bates West Dorm parking lot, on Whaley Street one block directly south of the Solomon Blatt PE Center and walk across the elevated walkway to the pool complex. Garages and metered parking are available. Do not park in permit areas or reserved parking. Parking in any reserved space is subject to towing. On Saturday and Sunday, the lots adjacent to the pool are also available for parking. A map is available:

<https://www.teamunify.com/scpa/UserFiles/File/Swim%20Meet%20Map%20June%202013.pdf>

RULES: Unless otherwise noted herein, this meet shall be conducted with the current USA Swimming code and SCLSC rules and the information therein. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms. They are also not allowed behind the starting blocks at either end of the pool. Deck changes are prohibited. Swimmers 10 years old and younger are not permitted to wear "Technical" suits at this meet.

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ATHLETE ELIGIBILITY: This meet is open to all swimmers and teams that are currently registered members of USA Swimming. Age is to be determined by the first day of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY FEES:

- \$26.00 pool fee per swimmer
- \$4.00 per individual event
- \$8.00 per deck entry individual event
- \$2.00 SCLCS Travel Fund/Program fee per swimmer
- \$2.00 SCLCS Sports Development fee per swimmer
- \$2.00 SCLSC out of state Travel Fund/Program Fee per swimmer (non SCLSC swimmer only)
- \$8.00 per time trial

All 12 and under swimmers may swim a maximum of four (4) individual events (including time trials) on each day of the meet. All 13 and over swimmers may swim a maximum of three (3) individual events (including time trials) on each day of the meet.

ENTRY FEES WILL NOT BE REFUNDED NOR WILL A CREDIT BE GIVEN FOR EVENTS NOT SWUM.

MEET FORMAT:

- Results will be awarded by the following age-groups 10 &U, 11-12, 13-14 and 15 & Over.
- Meet management reserves the right to adjust the number of heats, lanes, and warm up times based upon the number of entries or the meet time line. Meet Management also reserves the right to adjust the number of sessions throughout the meet based upon the number of entries or the meet time line. Dive over starts will be used during events.
- All events will be timed finals.
- All events that are positive check-in events will be deck seeded. The check-in for these events will close, **promptly**, 30 minutes prior to the scheduled start of the session; these events are the 400 IM, 400 Free, 800 Free and 1500 Free. **Any swimmer who misses a positive check-in event and does not swim will be ineligible to compete in his/her next individual event.**
- The 400 IM, 800 Free and 1500 Free will be swum fastest to slowest, alternating women/men.
- Depending on the timeline, the 800 and 1500 free may be limited to the fastest 30 females and 30 males in each listed event with the following conditions: All 15 & OLDER SWIMMERS WHO HAVE MADE THE SENIOR SECTIONAL TIME STANDARDS FOR EITHER THE 800 OR 1500 M AND ALL 14 & UNDER SWIMMERS WHO HAVE MADE THE AGE GROUP SECTIONAL FOR THE 800 or 1500M may not swim either event. If limited, those who do not make the top 30 in the 800 and/or 1500 free may swim in another event not to exceed the individual event limit for the day. Entries will be accepted based upon the fastest seed time. In both the 800 and 1500, it may be possible to exceed the 30 female or male swimmer maximum only if there are less than 30 swimmers entered by the opposite sex in that event.
- Each swimmer in distance events (800 free, 1500 free and 400IM) will be required to provide their own timer (and counter when appropriate).
- All 50 meter events will start at the far end of the pool (farthest from the diving well).
- Time Trials will be conducted at the discretion of the Meet Referee. Fees must be paid on the day of the Time Trial.

TIME OF MEET

| SESSION | WARMUPS | MEET |
|--------------------------|---------------------|--------------------|
| Friday | 4:00 pm | 5:00 pm |
| Saturday Morning Prelims | 7:30 am | 8:30 am |
| Saturday Afternoon | Not before 12:00 pm | Not before 1:00 pm |
| Sunday Morning | 7:30 am | 8:30 am |
| Sunday Afternoon | Not before 12:00 pm | Not before 1:00 pm |

ENTRIES: **Meet entries:** Entries will be accepted beginning May 1, 2019. SC Swimming does not accept deck registrations. All swimmers entered must be registered at time of entry deadline. Deck entries will only be considered after the deadline and must be accompanied by the swimmer’s USA ID number. Deck entries will be available if there is an open lane but not if it causes an additional heat. Clubs should submit the Financial Summary Sheet and a single check payable to **Palmetto Aquatics** for the full amount due for an entry to be complete. Deck entries must be paid in cash prior to the swim event.

Deadline and Capacity: All entries must be received no later than June 17, 2019 - however registration will close sooner if the 350 swimmer limit per session is met before the registration deadline. Meet capacity is 350 swimmers per session, and is first come, first serve. PALM reserves the right to enter all of its swimmers. The meet will close after the team whose entries take registration to capacity are received by Sports Timing Inc. and entered in the meet.

Entry Submission: Go to www.sportstiming.com , click on meets and click on the PALM Summer Invite. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files, you are able to submit a new form and file. Entry questions can be emailed to meet.support@sportstiming.com

AWARDS: Ribbons will be awarded to 1st through 10th place swimmers in all age groups for individual events.

SCORING: None.

TIMING: A Colorado Timing System with 10 lane video display scoreboard will be used. Timing and data processing is provided by Sports Timing & Software, Inc. (www.sportstiming.com)

COACHES

ELIGIBILITY: All coaches must show their current coaching credentials and sign in at the Meet Director’s office. Credentials should be displayed at all times. There will be a coaches meeting 20 minutes before the start of the meet’s first session.

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**OTHER
INFORMATION:**

OFFICIALS: Palmetto Aquatics welcomes visiting officials and appreciates their help in the officiating of this meet. Individuals wishing to officiate or apprentice at this meet should contact the Meet Referee as soon as possible. All Officials shall show their current LSC certification cards and sign in at the Meet Director's office one hour prior to the first session they will be officiating.

WARM-UPS: The South Carolina LSC Procedures will be in effect. Warm-up assignments will be posted prior to the start of each session. Coaches are required to closely supervise their swimmers at all times. Diving is permitted only during specific warm-up times as announced. The Meet Director reserves the right to adjust warm-up times after reviewing the projected time line. Coaches will be informed of any adjustments in the warm-up schedule via email and/or at the coaches meeting.

SAFETY: Running and horseplay are both prohibited. Glass containers and bottles are prohibited inside the pool area. The use of pull buoys, paddles, kickboards, bands, tubing and other equipment is prohibited. Deck Marshals will be assigned to supervise and have the authority to remove individuals for improper behavior.

SPECTATORS: Spectators will be limited to the viewing area. The viewing area has aluminum bleacher seating and therefore no free standing chairs may be used.

POOL AREA: Only swimmers, officials, coaches and meet personnel are allowed on the deck. No food or drinks are allowed on the deck. Swimmers may bring chairs on the deck. They may be kept on deck throughout the meet.

TIMERS: Each team is asked to provide at least one timer per session. Each swimmer in distance events (800 free, 1500 free and 400IM) will be required to provide their own timer and counter when appropriate.

HOSPITALITY: Hospitality will be open for coaches and officials throughout the meet just off the pool deck in a designated area. Meals will be served Friday evening, Saturday and Sunday. Snacks and beverages will be available during the meet.

VENDORS: Fully-equipped swim vendor (August Swim Supply), personalized meet T-shirts (available for purchase), and concessions will be available for visitors and swimmers on the 2nd level of the Blatt Natatorium.

HOTELS: Please refer to the PALM meet web page for hotel information.

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Order of Events Friday, June 28, 2019

Session: 1
Format: Timed Finals
Warm-up: 4:00 pm
Start time: 5:00 pm

| Girls Event # | Boys Event # | Age Group | Event |
|---------------|--------------|-----------|---------------|
| 1 | 2 | OPEN | 400 IM (P) |
| 3 | 4 | OPEN | 800 free (P) |
| 5 | 6 | OPEN | 1500 free (P) |

(P) Positive check in required

Saturday, June 29, 2019

Session: 2
Format: Timed Finals
Warm-up: 7:30 am
Start time: 8:30 am

| Girls Event # | Boys Event # | Age Group | Event |
|---------------|--------------|------------|------------------|
| 7 | 8 | 12 & Under | 50 backstroke |
| 9 | 10 | 12 & Under | 200 free |
| 11 | 12 | 12 & Under | 100 fly |
| 13 | 14 | 12 & Under | 100 breaststroke |
| 15 | 16 | 12 & Under | 50 free |
| 17 | 18 | 12 & Under | 400 free (P) |

(P) Positive check in required

Session: 3
Format: Timed Finals
Warm-up: Not Before 12 Noon
Start time: Not Before 1:00 pm

| Girls Event # | Boys Event # | Age Group | Event |
|-----------------------|--------------|-----------|------------------|
| 21 | 22 | 13 & Over | 200 breaststroke |
| 23 | 24 | 13 & Over | 100 free |
| 25 | 26 | 13 & Over | 200 fly |
| 27 | 28 | 13 & Over | 100 backstroke |
| 29 | 30 | 13 & Over | 200 IM |
| ***10 minute break*** | | | |
| 33 | 34 | 13 & Over | 400 free (P) |

(P) Positive check in required

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Order of Events Sunday, June 30, 2019

Session: 4
Format: Finals
Warm-up: 7:30 am
Start time: 8:30 am

| Girls Event # | Boys Event # | Age Group | Event |
|----------------------|---------------------|------------------|-----------------|
| 31 | 32 | 12 & Under | 200 IM |
| 33 | 34 | 12 & Under | 50 breaststroke |
| 35 | 36 | 12 & Under | 100 backstroke |
| 37 | 38 | 12 & Under | 100 free |
| 39 | 40 | 12 & Under | 50 fly |

Sunday, June 30, 2019

Session: 5
Format: Timed Finals
Warm-up: Not before 12 Noon
Start time: Not before 1:00 pm

| Girls Event # | Boys Event # | Age Group | Event |
|----------------------|---------------------|------------------|------------------|
| 41 | 42 | 13 & Over | 200 backstroke |
| 43 | 44 | 13 & Over | 50 free |
| 45 | 46 | 13 & Over | 100 breaststroke |
| 47 | 48 | 13 & Over | 200 free |
| 49 | 50 | 13 & over | 100 fly |

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MEET ENTRY SUMMARY SHEET

Team Information

Team Name _____ Team Code _____

Number Coach(s) _____

Team Coach and Contact Person _____

Home/Cell Phone Number _____ Work Phone Number _____

E-Mail for Results: _____

Team Mailing Address _____

Financial Information

_____ # swimmers x \$26.00 (pool surcharge) = _____

_____ # swimmers x \$2.00 SCLSC Travel Fund/Program Fee = _____

_____ # swimmers x \$2.00 SCLSC Sports Development Fee = _____

_____ # swimmers x \$2.00 SCLSC out of state Travel/Program Fee = _____

_____ # entries x \$4.00 per individual event = _____

Total Fees _____

Submit checks, payable to Palmetto Aquatics and the Meet Entry Summary Sheet to:
2019 Palmetto Aquatics Summer Invite
c/o Heath Edwards
5102 Circle Drive
Columbia, South Carolina, 29206

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. It is further understood that South Carolina Swimming LSC, Palmetto Aquatics, the University of South Carolina, Sports Timing & Software, Inc., Augusta Swim Supply, and any volunteers and sponsor organizations shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Signature/Title: _____