



4th Annual Karen Hohne Invitational

Hosted by the NTC AQUATICS and the National Training Center
April 28th & 29th, 2018

Sanctioned By: Florida Swimming of USA Swimming # 4353

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. In granting this approval it is understood and agreed that USA Swimming and Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.

Hosted By: **NTC AQUATICS and the National Training Center**

Type of Meet: 50-Meter Long Course Timed Finals

Dates & Times: Saturday & Sunday, April 28th & 29th, 2018
Warm-Up - 7:00AM Start – 8:00AM

Location: National Training Center
1935 Don Wickham Drive
Clermont, FL 34711

Directions: From Florida's Turnpike:
From the South: Take exit 272 towards Clermont. Turn WEST onto FL-50 W/State Hwy 50 W/W Colonial Dr. and travel approximately 5.2 mi. Turn right onto Citrus Tower Blvd and then make your 2nd right onto Don Wickham Dr. The NTC Aquatic Center will be the 2nd right.
From the North: Take exit 279 and turn right on Hancock Rd. Travel approximately 3.5 miles and turn right on Oakley Seaver Dr. Continue 0.7 miles and turn left onto Don Wickham Drive. The National Training will be the 2nd left.

From Hwy 27: Head towards Clermont/Hwy 50. Turn EAST onto FL-50 E/Hwy 50 and travel approximately 1 mi. Turn left onto Citrus Tower Blvd and then make your 2nd right onto Don Wickham Dr. The NTC Aquatic Center will be the 2nd right.

Pool Specifications: Certified 50 Meter-10 lane competition course with non-turbulent lane lines. Water depth at the competition starting end is a minimum of 12 feet and the turn end is a minimum of 6 feet, 7 inches. Continuous warm-up/warm-down will be available during the meet. Competitors may only swim in designated lanes. **OUTSIDE OF COMPETITION AND RACING STARTS.....**Swimmers must enter the water feet first with at least one hand in contact with the pool.



- Timing Equipment: Colorado Automatic Timing, pads & buttons & stop watches, Computer scoring
Colorado Timing Scoreboard
- Eligibility: Open to all currently registered USA Swimming athletes. On deck registrations will **NOT** be accepted at this meet.
- Entry Limit: 3 individual events per day plus relays.
 - Entries that exceed the entry limit(s) will automatically be dropped when they exceed the limit for the meet and or day.
- Seeding: All events will be seeded using 50-Meter times. Conversions, using the formula in the current Florida Swimming Handbook may be used, for entry and seeding purposes.
***Note: All events will be swum fastest to slowest. Individual events will be scored separately by age groups as listed in the Awards & Scoring section of the meet information.**
- Scratch Penalty: No penalty for scratches on the block.
- Entries: Entries **must** be in USA Swimming SDIF format or Hy-Tek CL2 sent by email using Hy-Tek team manager. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant. Email confirmation will be sent upon receipt of the file.
Submit entries to: SportsTiming, Inc
Go to www.sportstiming.com , click on upcoming meets and click on the NTC Karen Hohne Memorial Invitational. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files, you are able to submit a new form and file. Entry questions can be emailed to meet.support@sportstiming.com
- Deck Entries: Deck entries will be accepted prior to 30 minutes before the start of the session under the following conditions:
 - Swimmers must meet all other standard requirements of the meet.
 - Entry & meet fees must be paid at time of entry (\$10.00 per event plus facility fee).
 - A swimmer may not scratch an event to deck enter an event.
 - A swimmer may only deck enter an event that has an existing empty lane; no new heats will be established.
- Entry Fee: \$4.15 per individual event
\$5.00 per Relay
\$10.00 facility fee per swimmer
\$2.00 heat sheet fee per swimmer

Deck Entry: \$10.00 per individual event; \$10.00 facility fee
Entry fees must accompany entries. Entries will not be accepted without payment.
- Checks Payable To: **“National Training Center”**
- Entry Deadline: **All entries must be received by Saturday, April 21st 2018 at 5:00PM.**
Entries must be e-mailed to donald.gibb@orlandohealth.com
- Officials: **Meet Referee:** Ellen Johnson **Head Stroke & Turn:** Cheryl Pavlacka
Starter: Rick Mills, James Jones **Marshal:** Bill Kuminka
Admin Official:Victoria Culbertson **Meet Manager:** Don Gibb



All currently certified and in training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming and Florida Swimming for 2018. Please email Don Gibb at donald.gibb@orlandohealth.com with your certification level and availability so he can plan accordingly.

- Awards/Scoring:** Ribbons will be awarded for individual places 1-8th for 12 & under individual events
1st Place High Point Award for 10 & under, 11-12 male/female
Coaches must pick up awards at the conclusion of the meet.
- Team Rep:** Prior to the start of the meet, the name of one person other than the coach, who will check with the referee about any matter pertaining to the meet, may be given to the referee. For each team, the coach and that person only will be recognized.
- Identification:** Coaches and Officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during a swim meet or prove current registration through Deck Pass.
- Spectator Seating:** In order to keep the pool deck clear for swimmers and spectator viewing, tents are **NOT PERMITTED** inside the aquatic facility. Space for tents will be provided outside of the fenced area adjacent to the aquatic facility. Some bleacher seating will be provided inside the pool area. The west side of the pool and the deck area on the north end of the pool will also be available for spectators. The east end of the pool (timing/main starting end) and south side of the pool will be reserved for swimmers, coaches and officials only. Meet Marshalls will be present to monitor these areas.
- Camera Zones:** Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start- end," etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.
- For Information:** Donald Gibb – c/o NTC Aquatics
1935 Don Wickham Drive
Clermont, FL 34711
Office: (352) 241-7144 ext. 4293
Cell: (803) 361-1451
- Check for updates to meet information on our web site www.ntcaquatics.com.
Timelines and psych sheets will be available the Wednesday prior to the meet at www.ntcaquatics.com.
- Hotels:** The National Training Center has partnerships with several area hotels and resorts. To access this list, please click [here](#). This information can also be found on the NTC's website at www.usantc.com, under Travel Information, Lodging Partners.
- Rules:** Current USA Swimming Rules & Regulations will govern



Session 2: Saturday April 28th

Warm up 30 minutes prior, will not begin before 12:00 noon

Event # Girls	Event # Boys	Age Group	Event
31	32	11-12	200 Free Relay
33	34	10 & Under	200 Free Relay
35	36	11-12	50 Fly
37	38	10 & Under	50 Fly
39	40	11-12	100 Back
41	42	10 & Under	100 back
43	44	11-12	200 IM
45	46	10 & Under	200 IM
47	48	11-12	50 Breast
49	50	10 & Under	50 Breast
51	52	11-12	100 Free
53	54	10 & Under	100 Free

Session 3: Sunday April 29th

Warm ups 7:00 AM, Meet starts 8:00 AM

Event # Girls	Event # Boys	Age Group	Event
55	56	15 & Over	200 Medley Relay
57	58	13-14	200 Medley Relay
59	60	15 & Over	50 Free
61	62	13-14	50 Free
63	64	15 & Over	100 Breast
65	66	13-14	100 Breast
67	68	15 & Over	200 Free
69	70	13-14	200 Free
71	72	15 & Over	50 Back
73	74	13-14	50 Back
75	76	15 & Over	100 Fly
77	78	13-14	100 Fly
10 Minute Break			
79	80	13 & Over	400 IM
81	82	15 & Over	400 Free Relay
83	84	13-14	400 Free Relay

400 IM will be limited to top 40 entries



Session 4: Sunday April 29th

Warm up 30 minutes prior, will not begin before 12:00 noon

Event # Girls	Event # Boys	Age Group	Event
85	86	11-12	200 Medley Relay
87	88	10 & Under	200 Medley Relay
89	90	11-12	50 Free
91	92	10 & Under	50 Free
93	94	11-12	100 Breast
95	96	10 & Under	100 Breast
97	98	11-12	200 Free
99	100	10 & Under	200 Free
101	102	11-12	50 Back
103	104	10 & Under	50 Back
105	106	11-12	100 Fly
107	108	10 & Under	100 Fly



Total Swimmers: (Heat Sheet Fee) _____ @ \$2.00 = _____
Individual Timed Final Events _____ @ \$4.00 = _____
Relay Timed Final Events _____ @ \$5.00 = _____

Make check payable to: "National Training Center"

