

2018 SC LSC Long Course State Championships

Columbia, SC July 19-22, 2018

Held under the sanction of USA Swimming issued by SC Swimming: Sanction # SC18112LCM and SC113TT



Host Club:	CAROLINA AQUATICS SWIM CLUB (www.carolina-aquatics.com)		
Meet Director:	Janis Baker	CA.Meet.Dir@gmail.com	803-920-7309
Co-Director:	Kristin Kasavicha		
Meet Referee:	Kent Easty	eastys@islc.net	803-443-1749
Administrative Referee:	Billy/Victoria Culbertson	Meet.Support@SportsTiming.com	843-628-5486
Meet Entries to:	Billy & Victoria Culbertson	Meet.Support@SportsTiming.com	843-628-5486
Safety Marshal:	Tricia Tomlin		
Facility:	The Carolina Natatorium (located inside the Solomon Blatt Physical Education Center) University of South Carolina 1400 Wheat Street Columbia, SC, 29201		

Home to USC's competitive swimming and diving programs, the Carolina Natatorium is a semi-open air facility that contains a ten lane, 50-meter competition pool with a separate 25-yard diving well for warm up/warm down, and seating for 800 spectators. The water depth of the competition course is 7 feet measured from one (1) meter to five (5) meters at the starting end of the course and 4 feet measured from one (1) meter to five (5) meters at the turn end of the course. The competition course has not been certified in accordance with 104.2.2C(4).

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

PARKING: Parking for all meet participants (including coaches and S&T Officials) is available at Bates House Dormitory, located on Whaley Street, a short walk over the skywalk to the Blatt Center. Meter parking also is available. Any parking space marked "reserved" is subject to towing. A map is available on the Carolina Aquatics website under the LC State Champs event information (www.carolina-aquatics.com).

ENTRY TO THE CAROLINA NATATORIUM: Only those possessing USC identification or needing ADA accessibility will be allowed entry through the front doors. Swimmers and spectators enter on the east side of the building through the Gamecock awning doors adjacent to the parking lot. **Swimmers will be allowed on the pool deck no sooner than 15 minutes before their session warm-up.**

Facility Rules:

- Spectators will be limited to bleacher seating in the spectator seating /viewing area.
- **Only swimmers, meet officials, coaches, and meet personnel with proper credentials will be allowed on the pool deck.** Swimmers will be limited to designated areas on deck.
- Safety marshals will be assigned to supervise all sessions of the meet and will have the authority to remove any swimmer, coach, parent, or club from the pool and facility, if necessary, for not following the facility and meet safety rules.

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- Facility (continued):**
- Any swimmer found to be abusing any area of the facility will be barred from further competition and will also be barred from the facility. The team of any swimmer found to be abusing any area of the facility will be held responsible for any and all repairs resulting from the abuse.
 - No glass containers inside the pool area.
 - Hallways and stairwells must remain clear and easily accessible.
 - No flash photography.

Rules: Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein. **Use of audio or visual recording devices, including a cell phone, is prohibited in changing areas, rest rooms, and locker rooms. Deck changes are prohibited. The use of cell phones or recording devices is not permitted behind the blocks.**

SWIMWEAR: Swimmers 10 years old and younger are not permitted to wear “Technical” suits at this meet. Age is determined by the first day of the meet.

Athlete Eligibility: This meet is open to all swimmers currently registered with USA Swimming and SC Swimming only. Age is to be determined on the first day of the meet. All USA Swimming registration numbers will be verified with the SC LSC registration database.

Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

All swimmers entered must meet or exceed the SC State Meet Qualifying Standards in EACH event entered. All swimmers shall have met the state meet individual event qualifying time standard in the age group of the relay event in which they swim. If swimmers participate in a relay and fail to meet the qualifying standard, then their team must demonstrate that the aggregate of the times of the four competing swimmers meets the relay qualifying standard. Any club which does not have four swimmers qualified for the meet in individual events may swim a relay if they can meet the qualifying time for that relay using aggregate times.

Proof of Time: A fine of \$100.00 will be levied against the club (or if unattached, against the swimmer) when a swimmer fails to swim a time equal to or faster than the qualifying standard for each event at the long-course or short-course State Championships and the club (or the swimmer if unattached) is unable to prove, using officials results, that he or she has met the qualifying standard in that event in a meet held since the last like-course State Championship. This fine must be paid (or the time must be proved) within 45 days from the date of notification. If the fine is not paid within the 45 days, it will be doubled. This notification will be made through an exception report that will be generated by the host club and sent with the meet results. The Administrative Vice-Chair will enforce the fines. If swimmers participate in a relay, and fail to meet the qualifying standard, their team must demonstrate that the aggregate of the times of the four competing swimmers meets the relay qualifying standard. Otherwise, aforementioned fines will be issued.

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Entry Fees: All fees must be paid prior to the first day of the meet. Clubs should submit a single check payable to "Carolina Aquatics Swim Club, Inc."
\$20.00 facility fee per swimmer
\$2.00 SCLCS Travel Fund/Program Fee per swimmer
\$2.00 SCLCS Sports Development Fee per swimmer
\$1.00 Jennifer Smith Scholarship Fund
\$4.00 per individual event
\$8.00 per relay
\$8.00 per time trial (Fees for time trials must be paid in cash to the Clerk of Course prior to swimming time trial.)

ENTRY FEES FOR EVENTS NOT SWUM WILL NOT BE REFUNDED NOR WILL A CREDIT BE GIVEN.

Meet Format: The Meet Management Committee reserves the right to adjust the warm-up times based on the number of entries. The Meet Management Committee reserves the right to insert breaks in the meet where necessary to allow athletes proper rest. The Meet Management Committee reserves the right to make any changes during the meet to provide the best competition environment for the athletes.

- Deck entries will not be permitted.
- All starts will begin at the scoreboard end of the pool except 50 meter swims, which will start at the opposite end. All relays will begin at the scoreboard end.
- Meet management reserves the right to utilize "chase starts." If chase starts are used, the odd numbered heats will begin at the scoreboard end, and the even numbered heats will begin at the opposite end.
- All 10& Under events will be conducted as Timed Finals. Breaks will be added in the 10&Under session as necessary to provide adequate rest between events and to present awards. These will be determined after entries have been received.
- All 11-12, 13-14, and Senior events, except those noted below, will be conducted as Prelim/Final events with the top heat returning for 11-12 and 13-14 in finals. The Senior swimmers will have the Top 2 heats returning for finals.
 - a. The 11-12 events will be contested as Prelim/Final events with the following exceptions: 400 Free, 400 IM, 800 Free, 1500 Free.
 - b. The 11-12 200 Back, 200 Breast, and 200 Fly will be positive check-in, deck seeded. The Top Heat will proceed to Finals with all other swimmers competing in Timed Finals at Prelims.
- There will be a Championship Final heat (Top 10) for 11-12 and 13-14 events.
- For Senior events there will be a Consolation Final heat followed by a Championship Final heat. The names of swimmers in the Consolation heats will be announced once they are in the water. The names of swimmers in each Championship heat will be announced prior to the start of the event.
- **All events 400 meters and longer will be positive check-in and deck-seeded. Positive check-in will close thirty (30) minutes prior to the start of the session.**
 - a. The 10&Under 400 Free will be swum fastest to slowest, alternating girls and boys.
 - b. The 11-12 400 IM will be a Timed Final on Thursday evening swum fastest to slowest, alternating girls and boys.
 - c. The 11-12 400 Free will be a Timed Final during the Prelim session with the Top heat of positively checked-in swimmers competing in Finals. The Timed Final will be swum fastest to slowest, alternating girls and boys.
 - d. The 13-14 and Senior 400 Free and 400 IM will swim the Top 4 women heats (slow to fast, circle-seeded), the Top 4 men heats (slow to fast, circle-seeded), and then the remaining heats fastest to slowest, alternating women and men.

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Meet Format (continued):

- The fastest heat in the 800 Free and 1500 Free will proceed to Finals on Sunday evening. The Thursday evening and Sunday morning Prelim heats will be swum fastest to slowest, alternating women and men. The 11& Over will be seeded together, but scored separately by designated age groups (11-12, 13-14, and Senior).
- **All relays are positive check-in, deck seeded on the day of the relay with the Top heat of positively checked-in relays competing in Finals. All other relays will compete in the preliminary session.** Positive check-in for relays will close 30 minutes prior to the start of the session.
 - a. Relay teams consisting of swimmers not in individual events must meet the relay standard with aggregate times.
 - b. Meet management reserves the right to move the 11-12, 13-14, and Senior relays to Finals to improve the timeline.

Time of Meet:

Meet management reserves the right to adjust warm-up and meet start times based upon the number of entries and timeline of the meet. Teams will be notified of any changes in timeline via email and/or the Carolina Aquatics website.

<u>Session</u>	<u>Warm-Ups</u>	<u>Start of Competition</u>
Thursday Timed Finals*	3:30 pm	5:00 pm
Friday Prelims	7:00 am	8:30 am
Friday 10&Under	Immediately after prelims	1 hour after warm-ups begin
Friday Finals	5:00 pm	6:00 pm
Saturday Prelims	7:00 am	8:30 am
Saturday 10&Under	Immediately after prelims	1 hour after warm-ups begins
Saturday Finals	5:00 pm	6:00 pm
Sunday Prelims	7:00 am	8:30 am
Sunday 10&Under	Immediately after prelims	1 hour after warm-ups begin
Sunday Finals	5:00 pm	6:00 pm

** This will be a positive check-in session*

Entries:

SUBMISSION PROCEDURE:

- Go to www.sportstiming.com, click on upcoming meets, and click on "SC LC State Champs." Complete the form, upload your entry file, and click submit. You will receive an email confirmation. If you need to submit updated entry files, you are able to submit a new form and file.
- Send questions about entries to ca.entries@sportstiming.com.

The registration deadline is midnight, Monday, July 9, 2018.

Faxed entries will not be accepted. Late entries and deck entries will not be accepted. SC Swimming does not accept deck registrations. All swimmers entered must be registered at time of entry deadline.

- A swimmer may swim a maximum of eight (8) individual events, including time trials, for the entire meet. There are no limits on relays per team, but only one relay per team may place and score.
- All times must be listed to the 1/100th of a second. Entries must be submitted using a South Carolina State Meet Qualifying Short Course Yard or Long Course Meters time. Times entered must be actual (not converted) times. Times must have been achieved on or after July 20, 2017, and prior to the entry deadline.

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Entries (continued):

- For all individual events, proof of time is necessary. Entry times will be checked against the SWIMS database. A psych sheet will be sent to all teams and posted at www.sportstiming.com by noon on Wednesday, July 11, 2018. Per SC P&P, any corrections must be submitted within 72 hours and must include proof of time. Any times that need to be proven based on SWIMS comparison will need to be proven within 72 hours of receipt of notification or by noon on Sunday, July 15, 2018, whichever is earlier. Entries without proven times will be removed from the meet.
- Please use swimmer's full name, age, and sanctioned short course yard or long course meter times.
- To download the electronic meet entry file, go to www.sportstiming.com, "SC LC State Champs." The event file will also be available for download on the Carolina Aquatics and the SC Swimming websites.
- Entries must be submitted using USA Swimming Standard Data Interchange (.sd3) or compatible format. You must submit your signed team summary sheet for verification.

Awards:

Banner and rotating trophies: First place team overall, men, and women
Plaques: Second - Third Place team overall
High Point: Plaques: Highest scoring male and highest scoring female in each age group
Individual Event Medals: First – Tenth Place
Relays: Medals: First – Third, Ribbons: Fourth –Tenth

Scoring:

Individual Events: **11-9-8-7-6-5-4-3-2-1**
Relay Events: **22-18-16-14-12-10-8-6-4-2** (*Only one relay per team may place and score*).

Timing:

A Colorado Timing System with 10-lane video display scoreboard will be used. One to two manually operated stop watches will provide tertiary back-up. Timing and data processing will be provided by Sports Timing and Software, Inc. (www.sportstiming.com).

Coaches Eligibility:

All coaches must be current members in good standing with USA Swimming. Coaches must present their credentials via deck pass at check-in at the Clerk of Course. All certifications and expiration dates will be checked.

Coaches' Meeting: A coaches meeting will be held approximately 15 minutes prior to the start of the Thursday evening session. The Meet Referee may call other coaches' meetings as needed.

Other Information:

Officials: All officials must show their current USA Swimming credentials at sign-in with the Meet Referee one hour prior to the session they will be officiating. Officials will display their credentials at all times.

- Meetings for Officials will begin no later than 45 minutes prior to each session's start time.
- Carolina Aquatics welcomes visiting officials. Individuals wishing to officiate or apprentice should contact the Meet Referee as soon as possible at eastys@islc.net. There will be a link set up by the meet referee for online sign up for officiating, although on-site sign-ups will be welcome as well.
- The dress will be a collared, white, sleeved shirt over navy for all officials, inclusive of Administrative Officials. All white shoes should be worn at all sessions; no open-toed shoes of any kind (sandals, flip flops, feet shoes, etc.). At Finals, each official should dress in the following uniform: collared, white sleeved shirt, with men wearing navy long trousers, and women choosing between navy slacks or skirts/skorts (no shorts at finals, please).
- *This meet will be an Official's Qualifying Meet.* Officials interested in advancing their national level qualifications should complete a request to be evaluated form available on the SC LSC website meet sign up location under the Officials tab. Available evaluation levels will be indicated there as well.

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Other Information (continued):

Meet Eligibility Jury: A Meet Eligibility Jury will be formed by the Meet Referee after the entries have been received as deemed necessary. This jury will be comprised of three (3) individuals as follows: one coach, one athlete, and one official. This jury will meet and determine the outcome of any protests affecting the eligibility of any swimmer to compete or to represent any team/organization.

Meet Committee: A Meet Committee will be formed by the Meet Referee prior to the start of the first session of the meet. This jury will consist of not less than three (3) and not more than five (5) persons, at least one of whom must be a coach and one an athlete.

Meet Management Committee: A Meet Management Committee will be formed by the Meet Referee prior to entry deadline for the meet. This committee will consist of five (5) persons, at least one of whom must be a coach, and one an athlete designated by the LSC Senior Athlete Representative. The Head Coach of the host club shall be included in along with the Meet Director. One SCLSC Board of Directors member shall also be added and be selected in this order: Technical Planning Chair, Age Group Chair, Senior Chair and Coaches Representative. There shall be no more than two Meet Management Committee members from the Host Club. Prior to the beginning of the meet, the Meet Management Committee will make the decisions regarding timeline breaks or any other changes needed to run the meet in the most efficient manner. Once the meet begins, these decisions will revert to the Meet Referee.

Warm-up Procedures: Team lane assignments will be posted at the start of each session. All SC Swimming LSC and USA Swimming safety guidelines will be enforced. Specific warm-up procedures will be posted on deck. Coaches must closely supervise their swimmers at all times. Diving is permitted only during specific warm-up times, as announced. The use of pull buoys, paddles, kickboards, bands, tubing, and other equipment is prohibited. Warm-up and warm-down area is open at the discretion of the Meet Referee.

Scratch Rule:

- 1) Coaches with swimmers entered in more than three (3) events per day must scratch a swimmer from the excess events prior to the start of the session in which the swimmer is over entered. Coaches are encouraged to not over enter swimmers.
- 2) Any swimmer not planning to swim at Finals must scratch so those swimmers who would like to swim again may do so. **Any swimmer qualifying for a Final or Consolation Final race in an individual event who fails to compete in said Final shall be barred from their next individual event except as noted in (5) below.**
- 3) **The penalty for missing a positive check-in deck-seeded event will result in being barred from the swimmer's next individual event except as noted in (5) below.**
- 4) There will be no penalty for not swimming in the seeded preliminary events or for scratching a relay.
- 5) Exception for Failure to Compete. No penalty shall apply for failure to compete in or scratch an individual event if:
 - a. The Referee is notified in the event of illness or injury and accepts proof thereof.
 - b. The swimmer(s) qualifying for a Final or Consolation Final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after the announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event, swim-off, or re-swim event(s).
 - c. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

Swim Offs: In the case of a swim-off, it is the responsibility of the Deck Referee to notify the coaches. Swim-offs will be held immediately following the preliminary session or not more than 45 minutes after the last heat of any event in which any one of these swimmers is competing in that session. Any swimmer not present for a swim-off will be dropped to the lower place.

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**Other
Information
(continued):**

Time Trials: Time Trials will be conducted at the conclusion of each session at the discretion of the Meet Referee. **Fees must be paid in cash upon entry to the Clerk of Course prior to swimming a time trial.**

Timers and Counters: Swimmers in an individual event 800 meters and longer are required to provide their own timer and, if needed, counter.

Volunteers: **Each team is asked to provide one timer per session.** Volunteer timers should report to the volunteer check-in table at the beginning of warm-ups for the session they plan to time.

Hospitality: There will be a hospitality room available for coaches and officials only. Meals served will be dinner on Thursday and breakfast/lunch/dinner Friday through Sunday. Snacks and beverages will be available during the course of the meet.

Concessions: Concessions and vendors will be available for visitors and swimmers during the meet, including a fully-equipped swim vendor. Personalized meet t-shirts will be available for purchase. Concessions and all vendors will be located on the concourse (2nd level) of the Blatt Center.

Hotels: When calling to reserve rooms, request the “Carolina Aquatics” rate.

Staybridge Suites www.staycolumbiasc.com

Located at: 1913 Huger St, Columbia, SC, 29201.

Shelley Nutt, Director of Sales. Phone: (866) 448-8944.

Towne Place Suites by Marriott www.marriott.com/caese

Located at: 250 East Exchange Blvd., Columbia, SC, 29209

Sonya Miley, Director of Sales. Phone: (803) 695-0062. Fax: (803) 695-0068. Limited hot breakfast buffet

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Order of Events

Thursday Evening, July 19, 2018

(Session #1)

Warm-ups: 3:30 pm

Start of Competition: 5:00 pm

<i>Girls</i>	<i>Event</i>	<i>Boys</i>
1	Senior 800 Free Relay	2
3	11-12 400 IM	4
5	11 & Over 800 Free	--
--	11 & Over 1500 Free	6

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Friday, July 20, 2018

Morning Preliminary (Session #2)

Warm-ups: 7:00 am

Start of Competition: 8:30 am

<i>Girls</i>	<i>Event</i>	<i>Boys</i>
39	11-12 200 Free Relay	40
41	13-14 400 Free Relay	42
43	Senior 400 Free Relay	44
15	11-12 200 Free	16
17	13-14 200 Free	18
19	Senior 200 Free	20
21	11-12 50 Breast	22
23	13-14 100 Breast	24
25	Senior 100 Breast	26
27	11-12 100 Fly	28
29	13-14 100 Fly	30
31	Senior 100 Fly	32
33	11-12 200 Back	34
35	13-14 400 IM	36
37	Senior 400 IM	38

Friday Afternoon Timed Finals, July 20, 2018 (Session #3)

Warm-ups: Immediately at end of morning prelim session

Start of Competition: 1 hour after start of warm-ups

<i>Girls</i>	<i>Event</i>	<i>Boys</i>
7	10&Under 200 Free	8
9	10&Under 50 Breast	10
11	10&Under 100 Fly	12
13	10&Under 200 Free Relay	14

Friday Evening Final, July 20, 2018 (Session #4)

Warm-ups: 5:00 pm

Start of Competition: 6:00 pm

<i>Girls</i>	<i>Event</i>	<i>Boys</i>
15	11-12 200 Free	16
17	13-14 200 Free	18
19	Senior 200 Free	20
21	11-12 50 Breast	22
23	13-14 100 Breast	24
25	Senior 100 Breast	26
27	11-12 100 Fly	28
29	13-14 100 Fly	30
31	Senior 100 Fly	32
33	11-12 200 Back	34
35	13-14 400 IM	36
37	Senior 400 IM	38
39	11-12 200 Free Relay	40
41	13-14 400 Free Relay	42
43	Senior 400 Free Relay	44

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Saturday Morning Preliminary, July 21, 2018 (Session #5)

Warm-ups: 7:00 am

Start of Competition: 8:30 am

<i>Girls</i>	<i>Event</i>	<i>Boys</i>
81	11-12 200 Medley Relay	82
83	13-14 400 Medley Relay	84
85	Senior 400 Medley Relay	86
55	11-12 200 IM	56
57	13-14 200 IM	58
59	Senior 200 IM	60
61	11-12 50 Free	62
63	13-14 50 Free	64
65	Senior 50 Free	66
67	11-12 100 Back	68
69	13-14 200 Back	70
71	Senior 200 Back	72
73	11-12 100 Breast	74
75	13-14 400 Free	76
77	Senior 400 Free	78
79	11-12 400 Free	80

Saturday Afternoon Timed Finals, July 21, 2018 (Session #6)

Warm-ups: Immediately at end of morning prelim session

Start of Competition: 1 hour after start of warm-ups

<i>Girls</i>	<i>Event</i>	<i>Boys</i>
45	10&Under 200 IM	46
47	10&Under 50 Free	48
49	10&Under 100 Back	50
51	10&Under 100 Breast	52
53	10&Under 200 Medley Relay	54

Saturday Evening Final, July 21, 2018 (Session #7)

Warm-ups: 5:00 pm

Start of Competition: 6:00 pm

<i>Girls</i>	<i>Event</i>	<i>Boys</i>
55	11-12 200 IM	56
57	13-14 200 IM	58
59	Senior 200 IM	60
61	11-12 50 Free	62
63	13-14 50 Free	64
65	Senior 50 Free	66
67	11-12 100 Back	68
69	13-14 200 Back	70
71	Senior 200 Back	72
73	11-12 100 Breast	74
75	13-14 400 Free	76
77	Senior 400 Free	78
79	11-12 400 Free	80
81	13-14 400 Medley Relay	82
83	Senior 400 Medley Relay	84
85	11-12 200 Medley Relay	86

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Sunday Morning Preliminary, July 22, 2018 (Session #8)

Warm-ups: 7:00 am

Start of Competition: 8:30 am

<i>Girls</i>	<i>Event</i>	<i>Boys</i>
96	11-12 50 Back	97
99	13-14 100 Back	100
101	Senior 100 Back	102
103	11-12 200 Fly	104
105	13-14 200 Fly	106
107	Senior 200 Fly	108
109	11-12 200 Breast	110
111	13-14 200 Breast	112
113	Senior 200 Breast	114
115	11-12 50 Fly	116
117	13-14 100 Free	118
119	Senior 100 Free	120
121	11-12 100 Free	122
	15 minute break	
95	11 & Over 1500 Free (P) (TF)	
	11 & Over 800 Free (P) (TF)	98

Sunday Afternoon Timed Finals, July 22, 2018 (Session #9)

Warm-ups: Immediately at end of morning prelim session

Start of Competition: 1 hour after start of warm-ups

<i>Girls</i>	<i>Event</i>	<i>Boys</i>
87	10&Under 50 Back	88
89	10&Under 50 Fly	90
91	10&Under 100 Free	92
93	10&Under 400 Free	94

Sunday Evening Final, July 22, 2018 (Session #10)

Warm-ups: 5:00 pm

Start of Competition: 6:00 pm

<i>Girls</i>	<i>Event</i>	<i>Boys</i>
95	11&Over 1500 Free	--
96	11-12 50 Back	97
	10 minute break	
--	11 & Over 800 Free	98
99	13-14 100 Back	100
101	Senior 100 Back	102
103	11-12 200 Fly	104
105	13-14 200 Fly	106
107	Senior 200 Fly	108
109	11-12 200 Breast	110
111	13-14 200 Breast	112
113	Senior 200 Breast	114
115	11-12 50 Fly	116
117	13-14 100 Free	118
119	Senior 100 Free	120
121	11-12 100 Free	122

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Meet Entry Summary Sheet

Total # of Swimmers: _____ x \$25.00 (surcharge per swimmer) = \$ _____

Total # Individual Events: _____ x \$4.00 (10&Under Timed Final) = \$ _____

Total # Individual Events: _____ x \$4.00 (11&Over Prelim/Final) = \$ _____

Total # Relay Events: _____ x \$8.00 (entry per relay) = \$ _____

Total Amount Enclosed (payable to Carolina Aquatics): = \$ _____

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that SC Swimming, Carolina Aquatics Swim Club, Inc., the University of South Carolina, Sports Timing & Software, Inc., and any volunteers, vendors, and sponsor organizations shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Entry in the meet indicates compliance with the release and waiver.

Mail completed Meet Entry Finance Summary and check, to:

**SC LC State Championship
c/o Janis Baker
104 Otter Trail
West Columbia, SC 29169**

*Please
Print!*

Team: _____ Club Code: _____
Head Coach: _____
Home: (____) _____ Cell: (____) _____
Email: _____
Team Mailing Address: _____

Send e-mail results to: _____

I certify that this entry is completed to the best of my ability.

Signature/Title: _____ Date: _____