

Name of Meet:	2018 Distance and Dash: Last Chance Invitational		
Date of Meet:	February 2nd – 4th, 2018		
Meet Sanction:	Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number: SC1888SCY Time Trial Sanction: SC1889TT		
Host Club:	South Carolina Swim Club		
Meet Director(s):	Sara Cavallon	somethingtocelebrate@yahoo.com	843-697-7008
Team Rep:	Meredith David	mdavid@swimscsc.com	856-745-9213
Meet Referee:	Stephen Savage	savages@musc.edu	843-693-1473
Meet Entries to:	Victoria & Billy Culbertson	Meet.support@sportstiming.com	843-628-5486
Safety Marshal:	Molly Hubbard	mhubbard@tompsc.com	843-856-2536
Facility:	<p>Mount Pleasant Recreation Park West Pool 1251 Park West Blvd, Mount Pleasant, SC 29466.</p> <p>Indoor 6-lane 25-yard pool with Competitor non-turbulent lane lines. Limited bleacher seating is available. Spectators may bring chairs to use on the outside patio. Chairs and coolers are not permitted in the facility.</p> <p>The water depth of the competition course is 8 feet measured from one (1) meter to five (5) meters at the starting end of the course and 3.5 feet measured from one (1) meter to five (5) meters at the turn end of the course). The competition course has not been certified in accordance with 104.2.2C (4).</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</p>		

<p>Rules:</p>	<ol style="list-style-type: none"> 1. Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein. 2. This meet is a Closed Invitational. Invited teams are as follows: South Carolina Swim Club (SCSC); Southern Marlins Racing Team (SMRT); I'on Hurricanes (ION); City of North Charleston Swim Club (NC); Team Greenville (TG); Clemson Aquatic Team (CAT); Summerville Family YMCA (SVY); Augusta-Aiken Swim League (ASL). 3. The Meet Director reserves the right to adjust the warm-up times & start times. 4. The total number of eligible swimmers per meet is set at 400 swimmers. The Meet Director reserves the right to limit events, heats, number of swimmers per team, or to adjust the format (such as break up each session into 2 separate sessions) to conform with the 4 hour provision for 12 and Under sessions in accordance with Rule 205.3.1F 5. In accordance with USA Swimming there will be a designated swimmer area. This area will be clearly marked and is only open those swimming in the meet. Parents are not to enter nor sit in this area. We ask that parents sit on the covered patio side of the pool. 6. SWIMWEAR: Swimmers 10 years old and younger are not permitted to wear "Technical" suits at this meet. 7. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of these devices is also not allowed behind the starting blocks. 8. Deck changes are prohibited.
<p>Athlete Eligibility:</p>	<p>Age is determined by the first day of the meet. This competition is open to any USA Swimming registered athlete on the following teams: South Carolina Swim Club (SCSC); Southern Marlins Racing Team (SMRT); I'on Hurricanes (ION); City of North Charleston Swim Club (NC); Summerville Family YMCA (SVY); Team Greenville (TG); Clemson Aquatic Team (CAT); Augusta-Aiken Swim League (ASL). USA Swimming registrations will not be accepted on deck.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p>
<p>Entry Fees:</p>	<p>\$4.00 per individual event \$18.00 pool/facility fee per swimmer \$2.00 SCLSC Travel Fund/Program fee per swimmer \$2.00 SCLSC Sports Development fee per swimmer \$2.00 out-of-state SCLSC Travel Fund/Program fee \$7.00 per event for Deck/Late entries \$7.00 per Time Trial event</p> <p>Make checks payable to SCSC. Entry fees are non-refundable. The Clerk of Course will accept deck entries for open lanes only. Payment for all deck entries is due before the end of warm-ups to Clerk of Course.</p>

Meet Format:

1. The total number of eligible swimmers per meet is set at 400 swimmers. The Meet Director reserves the right to limit events, heats, number of swimmers per team, or to adjust the format (such as break up each session into 2 separate sessions) to conform with the 4 hour provision for 12 and Under sessions in accordance with Rule 205.3.1F
2. This meet is a Closed Invitational. Invited teams are as follows: South Carolina Swim Club (SCSC); Southern Marlins Racing Team (SMRT); Iron Hurricanes (ION); City of North Charleston Swim Club (NC); Team Greenville (TG); Clemson Aquatic Team (CAT); Summerville Family YMCA (SVY); Augusta-Aiken Swim League (ASL).
3. Deck entries will be accepted and are \$7 per event. All deck entries must be submitted no later than 30 minute before the start of the session. Swimmers will be entered into open lanes in existing heats on a first come first serve basis. **In the event of a significantly oversubscribed session, the Meet Director reserves the right to not accept deck entries.**
4. Warm-up procedures: Team lane assignments will be made for each session. All SCLSC and USA Swimming safety guidelines will be enforced. In order for swimmers to warm-up a USA Registered coach must be present. If a coach cannot attend warm-up for his or her team please contact the meet host.
5. Positive Check-in: The Meet Director will determine if positive check-in will be required for all events in order to conform to the 4 hour rule.
6. **Seeding/Scratches:** All Open Events will be seeded by gender with no age separation. The 400 IM, 500 free, and 1650 free will be deck seeded, require positive check-in. The events will be swum co-ed with fastest to slowest swimmers. The 1650 free may be limited to conform to the timeline. Meet host reserves the right to limit the 400 IM and 500 free to conform to the meet timeline. Swimmers must provide timers and counters for the 500 free, 400 IM, and 1650 free. A swimmer that misses their assigned heat will not be entered into another heat of that event unless circumstances are beyond the swimmer's control as determined by the meet referee and the swimmer may be allowed to swim.

Time Trials:

Time Trials will be offered after each session, time permitting, and at the discretion of the Meet Referee. Time Trials count toward a swimmer's daily event limit but not toward his meet event limit. A swimmer wishing to add a Time Trial must ensure that his daily event limit is not exceeded and must scratch if necessary with the Admin Referee from an event so as not to exceed the daily or meet limits. "No Shows" and "Declared False Starts" count toward a swimmer's daily event limit.

The order of events will be as follows: Current day's events, followed by next day's events, etc., finishing with the previous day's events.

Time Trials will cost \$7 per individual event payable in cash at sign-up. Swimmers must provide their own timers. Time Trials will commence within 15 minutes of the end of the session.

Time of Meet:	<p>Session 1: Friday Evening Warm-up: 4:15 p.m. Friday Evening Start Time: 5:00 p.m.</p> <p>Session 2: Saturday 12&U Dash and 13&Over Distance Warm-Up: 9:00a.m. Saturday 12&U Dash and 13&Over Distance Meet Start: 10:30a.m.</p> <p>Session 3: Sunday 12&U Distance and 13&Over Dash Warm-Up: 9:00 a.m. Sunday 12&U Distance and 13&Over Dash Meet Start: 10:30 a.m.</p>
Entries:	<p>Entries are to be sent to Sports Timing, Inc. Go to www.sportstiming.com, click on upcoming meets and click on the 2018 Distance and Dash: Last Chance Invitational. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files, you are able to submit a new form and file. Entry questions can be emailed to meet.support@sportstiming.com</p> <p>Entries are due by Tuesday, January 23rd at 5 PM.</p> <p>SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline.</p>
Entry Limit:	<p>Swimmers may enter up to one (1) individual event on Friday, three (3) individual events on Distance Day, and four (4) individual events on Dash Day. The daily event maximum(s) maybe amended based on timeline and total number of athletes competing, at the sole discretion of the host team’s Meet Director.</p>
Awards:	No awards will be given
Scoring:	No Scoring
Timing:	Timing and Data Processing will be provided by SportsTiming, Inc. Colorado electronic timing system, with touch pads & plungers, will be used. Stop watches will also be used.
Coaches Eligibility:	Coaches must be coach members of USA Swimming and they must have their credentials visible at all times. Coaches meeting will be announced via email prior to meet.
Other Information:	<ol style="list-style-type: none"> 1. Certified officials are welcome to assist with the meet. Please contact: Michael Healy @ mjhealy1@gmail.com 2. Heat Sheets will be emailed out to all participating swimmers before the meet. We will not have heat sheets available for sale at the meet.

South Carolina Swim Club
 2018 Distance and Dash:
 Last Chance Invitational
 February 2nd – 4th, 2018

Held under the sanction of USA Swimming issued by SC Swimming:
 Sanction Number: SC1888SCY
 Time Trial: SC1889TT

Order of Events

Friday 1650 Session Warm-Up: 4:15 PM
 Friday 1650 Meet Start: 5:00 PM

Saturday 12&U Dash and 13&Over Distance Warm-Up: 9:00 AM
 Saturday 12&U Dash and 13&Over Distance Meet Start: 10:30 AM

Sunday 12&U Distance and 13&Over Dash Warm-Up: 9:00 AM
 Sunday 12&U Distance and 13&Over Dash Meet Start: 10:30 AM

Friday Evening Session: Warm-up at 4:15pm, Meet Start at 5:00pm

Girls				Boys
1*	Open	1650	Freestyle	2*

Saturday Morning Session: Warm-up at 9:00am, Meet Start at 10:30am

Girls				Boys
3*	13 & Over	400	IM	4*
5	12 & U	100	Butterfly	6
7	8&U	25	Freestyle	8
9	12 & U	50	Backstroke	10
11	13 & Over	200	Butterfly	12
13	8&U	25	Breaststroke	14
15	12 & U	100	Freestyle	16
17	13 & Over	200	Freestyle	18
19	12 & U	50	Butterfly	20
21	8&U	25	Backstroke	22
23	12 & U	100	Backstroke	24
25	13 & Over	200	Backstroke	26
27	12 & U	50	Breaststroke	28
29	8&U	25	Butterfly	30
31	12 & U	50	Freestyle	32
33	13 & Over	200	Breaststroke	34
35	12 & U	100	Breaststroke	36
37*	13 & Over	500	Freestyle	38*

Warm-up at 9:00am, Meet Start at 10:30am

Girls				Boys
39*	12 & U	400	IM	40*
41	13 & Over	200	IM	42
43	12 & U	200	Backstroke	44
45	13 & Over	100	Backstroke	46
47	12 & U	200	Butterfly	48
49	13 & Over	100	Butterfly	50
51	12 & U	200	Freestyle	52
53	13 & Over	100	Freestyle	54
55	12 & U	200	Breaststroke	56
57	13 & Over	100	Breaststroke	58
59	12 & U	200	IM	60
61	13 & Over	50	Freestyle	62
63*	12 & U	500	Freestyle	64*

*** indicates an event in which swimmers must be positively checked in**

**2018 Distance and Dash: Last Chance Invitational
February 2nd – 4th, 2018
Park West Pool Mount Pleasant, SC**

**Held under the sanction of USA Swimming issued by SC Swimming:
Sanction Number SC: SC1888SCY
Time Trial: SC1889TT
Meet Entry Summary Sheet**

Team Name: _____ Team Abbreviation: _____

Team Address: _____

City & State _____ Zip _____

Head Coach/ Team Rep: _____

Phone _____ E-mail _____

For Entry Problems Call or E-Mail: _____

Total # of Athletes: _____ X \$2.00 SCLSC Travel Fund/Program Fee = _____

_____ X \$2.00 Out of State SCLSC Travel

Total # of Athletes: _____ Fund/Program Fee= _____

Total # of Athletes: _____ X \$18.00 Pool/Facility Fee = _____

Total # of Athletes: _____ X \$2.00 SCLSC Sports Development Fee = _____

Total # of Individual Entries: _____ X \$4.00 Entry Fee = _____

Total Fees Submitted: \$

Make Checks Payable To: SCSC Parent Association

Mail entries to: **South Carolina Swim Club -PA
PO Box 882
Mount Pleasant, SC 29465-0882
(Please waive signature for overnight deliveries)**

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE
I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming.
I acknowledge that I am familiar with the safety rules of USA Swimming and SC Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.
It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that the SC LSC, the South Carolina Swim Club, Park West Pool, and SportsTiming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Signature/Title	Date
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