



2026 CA Racefest #1
September 20, 2026
Held under the sanction/approval of USA Swimming issued by SC Swimming
SC2710SCY & SC2711TT

DATE OF MEET	September 20, 2026		
MEET SANCTION	Held under the sanction/approval of USA Swimming issued by SC Swimming: SC2710SCY & SC2711TT		
HOST TEAM	Carolina Aquatics Swim Club		
MEET DIRECTOR	Martha Chiwanza	ca.meet.dir@gmail.com	(803) 467-2869
MEET REFEREE	Aimee Onoszko	aonoszko@bellsouth.net	(816) 665-6080
ADMIN OFFICIAL	Kelly Lynn	jollykusa@hotmail.com	(803) 240-7523
MEET ENTRIES TO	Victoria Culbertson	meet.support@sportstiming.com	(843) 628-5486
SAFETY MARSHAL	Kerri Santulli	kerri.santulli@gmail.com	(845) 303-8733
	Matt Whitaker	mwhitakerdtp@gmail.com	(803) 422-5585
FACILITY	Greer Natatorium at Columbia College 4843 Burke Avenue Columbia, SC 29203		
	Home to Columbia College's competitive swimming program, the Greer Natatorium is a semi-open-air facility that contains a six lane 25-yard competition pool with a small, shallow pool for warm up/warm down and seating for 100 spectators.		
	Parking: Parking for coaches, officials and spectators will be available around the facility and in the parking lot adjacent to the facility.		
	The water depth of the competition course is 10 feet measured from one (1) meter to five (5) meters at the starting end of the course and 4 feet measured from one (1) meter to five (5) meters at the turn end of the course.		
	The competition course has not been certified in accordance with 104.2.2C(4).		
RULES	No lifeguards will be on duty during the meet. There is access to an AED if needed.		
	Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein.		
	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Male and female safety marshals will be stationed at appropriate points on the deck.		
	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.		
	Deck changing is prohibited by USA Swimming and SC Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second		



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	offense for the same swimmer will result in the disqualification from the remainder of the meet.	
	SWIMWEAR	No technical suit may be worn by any 12&U USA Swimming athlete member in competition at any Sanctioned, Approved, or Observed meet (USA Swimming Rule 102.8.1F)
	MAAPP 2.0	All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
ATHLETE ELIGIBILITY	All swimmers and teams must be currently registered members of USA Swimming. Age is to be determined by the first day of the meet.	
	USA Swimming registrations will not be accepted on deck.	
	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.	
	Athletes with disabilities are welcome and encouraged to participate in the meet. Athletes requiring special accommodations must contact the Meet Director at least one week prior to the meet.	
IMAGE RELEASE	By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographer(s) and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the start of the meet.	
ENTRY FEES	\$20.00 Facility fee per swimmer \$10.00 per relay (\$20.00 deck entry) \$5.00 per individual event (\$10.00 deck entry) \$2.00 SCLSC Travel Fund/Program Fee per swimmer \$2.00 SCLSC Sports Development Fee per swimmer \$5.00 Electronic Heat Sheet per swimmer \$8.00 per time trial (Fees for time trials must be paid in cash to the Clerk of Course prior to swimming the time trial.)	
	All swimmers may swim up to five (5) individual events total with a limit of five (5) individual events per session. Time trials count as an event and may not exceed 5 events per session	
	All fees must be paid prior to the start of the meet. Clubs should submit a single check payable to Carolina Aquatics Swim Club.	
MEET FORMAT	All events will be contested as Timed Finals.	



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	● Session 1: All individual events will be swum as mixed events (both genders in the same heat/event) and seeded slowest to fastest. ● Relay events may be swum together without open lanes between based on entries and timeline. ● 500 Free will be swum fastest to slowest. ● 500 Free are required to provide their own Timer, and counter if needed. ● Entry Limit: Athletes may swim a maximum of five (5) individual events. ● Late entries: All entries must be received by midnight on September 12, 2026. Entries received after this date will be considered a deck entry. ● Timers: Carolina Aquatics welcomes timers from participating teams.									
	Meet management reserves the right to adjust warm-up times based on the number of entries. Meet management reserves the right to insert breaks in the meet where necessary to allow athletes proper rest. Meet Management reserves the right to split sessions by gender, and or combine sessions if applicable. The meet will be conducted according to this meet information and the SCLSC Policies and Procedures. A swimmer who misses their assigned heat will not be entered into another heat of that event unless circumstances are beyond the swimmer’s control as determined by the meet referee and the swimmer may be allowed to swim.									
SCRATCH RULE/ POSITIVE CHECK-IN	All events 400 yards and longer will be positive check-in and deck seeded. Positive check-in will close thirty (30) minutes prior to the start of each session. All scratches should be submitted to the Clerk of Course as soon as possible to provide lanes for possible deck entries.									
TIME TRIALS	Time trials will be permitted at the discretion of the Meet Referee. A swimmer can swim five (5) individual events, and the time trial will count as an event. Notification of the time trial should be given to the Clerk of Course within 30 minutes after the start of each session. Fees must be paid in cash upon entry to the Clerk of Course prior to swimming time trial. Timers: One timer in an assigned time trial lane will stay in place for the timing of the time trial events.									
TIME OF MEET	<table><tr><td>Session</td><td>Warm-Ups</td><td>Start of Competition</td></tr><tr><td>Session 1</td><td>8:30 AM – 9:25 AM</td><td>9:30 AM</td></tr><tr><td>Session 2</td><td>1:00 PM – 1:30 PM</td><td>1:35 PM</td></tr></table>	Session	Warm-Ups	Start of Competition	Session 1	8:30 AM – 9:25 AM	9:30 AM	Session 2	1:00 PM – 1:30 PM	1:35 PM
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Session 2	1:00 PM – 1:30 PM	1:35 PM								
ENTRIES	<table><tr><td>DEADLINE</td><td>September 12, 2026 at Midnight.</td></tr></table> SUBMISSION PROCEDURE: Go to https://sportstiming.com/, click on upcoming meets, and click on "#1 Racefest". Complete the form, upload your entry file, and click submit. You will receive an email confirmation. If you need to submit updated entry files, you can submit a new form and file. The entry deadline is midnight on September 12, 2026. Carolina Aquatics Swim Club, Inc., is not responsible for lost or delayed entries.	DEADLINE	September 12, 2026 at Midnight.							
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	Coaches, please be mindful when selecting entries to help avoid placing swimmers in back to back events.	
	SC Swimming does not accept deck registrations. All swimmers entered must be registered at the time of entry deadline.	
AWARDS	There will be heat winner awards.	
SCORING	There will be no scoring.	
TIMING	Colorado Timing System operated by Carolina Aquatics. Two stopwatches will provide tertiary back up.	
COACHES ELIGIBILITY	Coaches must check in at Clerk of Course and provide current USA-Swimming credentials to be allowed on deck. Coaches must be coach members of USA Swimming and must show their credentials upon request (USA Swimming App is sufficient) while on deck. Coaches meeting: A coaches meeting will be held 20 minutes prior to the start of Session 1.	
OTHER INFORMATION	OFFICIALS	Officials: All officials must show their current USA Swimming credentials at sign-in with the Meet Referee one hour prior to the start of Sunday session. Officials wear white collared shirts over navy blue pants, shorts, or skirts. The meeting for Officials will begin no later than 45 minutes prior to the session start time. Carolina Aquatics welcomes visiting officials. Individuals wishing to officiate, or apprentice should contact the Meet Referee, Aimee Onoszko, as soon as possible at aonoszko@bellsouth.net
	HEAT SHEETS	Heat Sheets will be emailed to coaches prior to the start of the meet. Hard copies given to the coaches the day of the meet and the meet will be posted to meet mobile.
	WARM-UP PROCEDURES	General warm-up procedures apply. All SCLSC and USA Swimming safety guidelines will be enforced. Specific warm-up procedures will be posted on deck and provided in the coaches' email communication. Coaches are advised to closely supervise their swimmers at all times. Diving is permitted only during specific warm-up times, as announced. Running and horseplay are prohibited. The use of pull buoys, paddles, kickboards, bands, tubing and other equipment is prohibited.
	HOSPITALITY	There will be a Hospitality area available for coaches and officials only. Swimmers, spectators, and children are not permitted in the Hospitality Area.
	ALTERNATE CONTACT	Alternate Contact: Carolina Aquatics Head Coach, Pam Swander Phone: 317-985-7767 Email: caheadcoach@gmail.com



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ORDER OF EVENTS

Sunday, September 20

Session 1: Timed Finals

Warm-ups: 8:30am, Start Time: 9:30am

1	Girls	11-12	200 Freestyle Relay
2	Boys	11-12	200 Freestyle Relay
3	Girls	13-14	400 Freestyle Relay
4	Boys	13-14	400 Freestyle Relay
5	Girls	Open	400 Freestyle Relay
6	Boys	Open	400 Freestyle Relay
7	Mixed	Open	100 Individual Medley
8	Mixed	Open	200 Individual Medley
9	Mixed	Open	50 Freestyle
10	Mixed	Open	100 Freestyle
11	Mixed	Open	200 Freestyle
12	Mixed	Open	50 Butterfly
13	Mixed	Open	100 Butterfly
14	Mixed	Open	200 Butterfly
15	Mixed	Open	50 Backstroke
16	Mixed	Open	100 Backstroke
17	Mixed	Open	200 Backstroke
18	Mixed	Open	50 Breaststroke
19	Mixed	Open	100 Breaststroke
20	Mixed	Open	200 Breaststroke
21	Mixed	Open	*500 Freestyle (P)
22	Mixed	Open	*400 Individual Medley (P)
P- Positive Check In			
*500 Free * 400 IM provide own timer			



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Sunday, September 20

Session 2: 12&under Timed Finals

Warm-ups: 1pm, Start Time: 1:35pm

23	Girls	10 & Under	200 Freestyle Relay
24	Boys	10 & Under	200 Freestyle Relay
25	Girls	8 & Under	25 Freestyle
26	Boys	8 & Under	25 Freestyle
27	Girls	10 & Under	50 Freestyle
28	Boys	10 & Under	50 Freestyle
29	Girls	10 & Under	100 Freestyle
30	Boys	10 & Under	100 Freestyle
31	Girls	8 & Under	25 Butterfly
32	Boys	8 & Under	25 Butterfly
33	Girls	10 & Under	50 Butterfly
34	Boys	10 & Under	50 Butterfly
35	Girls	10 & Under	100 Butterfly
36	Boys	10 & Under	100 Butterfly
37	Girls	8 & Under	25 Backstroke
38	Boys	8 & Under	25 Backstroke
39	Girls	10 & Under	50 Backstroke
40	Boys	10 & Under	50 Backstroke
41	Girls	10 & Under	100 Backstroke
42	Boys	10 & Under	100 Backstroke
43	Girls	8 & Under	25 Breaststroke
44	Boys	8 & Under	25 Breaststroke
45	Girls	10 & Under	50 Breaststroke
46	Boys	10 & Under	50 Breaststroke
47	Girls	10 & Under	100 Breaststroke
48	Boys	10 & Under	100 Breaststroke
49	Mixed	10 & Under	*200 Freestyle
50	Mixed	10 & Under	*100 Individual Medley
51	Mixed	10 & Under	*200 Individual Medley
*Provide own Timer			



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Meet Entry Summary Sheet

Team Name _____ Abbreviation _____

Coach _____

Club Contact Person _____

Home/Cell Phone Number _____ Work Phone Number _____

E-Mail Address _____

Club Mailing Address _____

Number of Coaches Attending Meet: _____

Number of Individual Events _____ × \$5.00 each \$ _____

Number of Relays _____ × \$10.00 each \$ _____

Number of Swimmers _____ × \$20.00 Pool Surcharge fee \$ _____

Number of Swimmers _____ × \$5.00 Electronic Heat Sheet \$ _____

Number of Swimmers _____ × \$4.00 SC Swimming LSC Fees \$ _____
(SCLSC Travel/Program Fee + Sports Development Fee)

Number of Out of LSC Swimmers _____ × \$0.00 SCLSC Travel/Program Fee \$ _____

Total Amount Enclosed (checks payable to **Carolina Aquatics Swim Club**) \$ _____

I, the undersigned coach, or club representative, verify that all the swimmers and coaches listed on the enclosed entry forms are registered with USA Swimming. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that the South Carolina LSC and **Carolina Aquatics Swim Club, Greer Natatorium at Columbia College, and SportsTiming, Inc.** will be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Signature/Title _____

Mail check for the above amount and signed copy of this form to:

Carolina Aquatics Swim Club

c/o Pam Swander

100 Old Cherokee Rd, Lexington, SC 29072