

2016 Blizzard Blast

December 17-18, 2016

Held under the sanction of USA Swimming issued by SC
Swimming: Sanction Number SC:SC1738SCY
Time Trial:SC1739TT

Host Club:

South Carolina Swim Club

Meet Director: Laurie Morrin	mpscmanager@swimmpsc.com	843-819-3377
Meet Referee: Steve Savage	savages@musc.edu	843 693 1473
Meet Entries: Victoria Culbertson	Meet.support@sportstiming.com	843-628-5486
Safety Marshal: Megan Kelly	mkelly2@tompsc.com	843-856-2536

Facility:

Mount Pleasant Recreation Park West Pool
1251 Park West Blvd, Mount Pleasant, SC 29466.

Indoor 6-lane 25-yard pool with Competitor non-turbulent lane lines. Limited bleacher seating is available. Spectators may bring chairs to use on the outside patio. Chairs and coolers are not permitted in the facility.

The water depth of the competition course is 8 feet measured from one (1) meter to five (5) meters at the starting end of the course and 3.5 feet measured from one (1) meter to five (5) meters at the turn end of the course). The competition course has not been certified in accordance with 104.2.2C (4).

Rules:

1. Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein.
2. The Meet Director reserves the right to adjust the warm-up times & start times.
3. The total number of eligible swimmers per meet is set at 400 swimmers. The Meet Director reserves the right to limit events, heats, number of swimmers per team, or to adjust the format to conform with the 4 hour provision for 12 and Under sessions in accordance with Rule 205.3.1F
4. In accordance with USA Swimming there will be a designated swimmer area. This area will be clearly marked and is only open those swimming in the meet. Parents are not to enter nor sit in this area. We ask that parents sit on the covered patio side of the pool.
5. **Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of these devices is also not allowed behind the starting blocks.**
6. Deck changes are prohibited.

**Athlete
Eligibility:**

1. Age is determined by the first day of the meet. This competition is open to any USA Swimming registered athlete. USA Swimming registrations will not be accepted on deck.
2. **Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.**

Meet Format:

1. This is a timed finals meet and will be limited to the first 400 swimmers.
2. Deck entries will be accepted and are \$ 7 per event. All deck entries must be submitted no later than 30 minute before the start of the session. Swimmers will be entered into open lanes in existing heats on a first come first serve basis. **In the event of a significantly oversubscribed session, the Meet Director reserves the right to not accept deck entries.**
3. Warm-up procedures: Team lane assignments will be made for each session. All SCLSC and USA Swimming safety guidelines will be enforced. In order for swimmers to warm-up a USA Registered coach must be present. If a coach cannot attend warm-up for his or her team please contact the meet host.
4. Positive Check-in: The Meet Director will determine if positive check-in will be required for all events in order to conform to the 4 hour rule.
5. **Seeding/Scratches:** All Open Events will be seeded by gender with no age separation. The 400 IM & 500 free will be deck seeded, and require positive check-in. The events will be swum co-ed slowest to fastest. Meet host reserves the right to limit the amount of heats in all events. Meet host reserves the right to limit the 400 IM and 500 free to accommodate and conform to the timeline. Those swimmers who are cut from the 500 free and 400 IM if heats must be limited may swim in another event not to exceed the individual event limit for the day. Swimmers must provide timers and counters for the 500 free, and 400 IM.

In the open events, all ages will be seeded together but will be scored separately by designated age groups: 12&U, 13-14, 15-16, 17-18.

A swimmer that misses their assigned heat will not be entered into another heat of that event unless circumstances are beyond the swimmer's control as determined by the meet referee and the swimmer may be allowed to swim.

Entry Fees: \$3.50 per individual event
\$15.00 pool/facility fee per swimmer
\$2.00 SCLSC Travel Fund/Program fee per swimmer
\$2.00 SCLSC Sports Development fee per swimmer
\$2.00 out-of-state SCLSC Travel Fund/Program fee
\$7.00 per event for Deck/Late entries
\$7.00 time trial

Athletes may enter up to **3 individual events** Saturday and Sunday **including** Time Trials. Each athlete may enter one relay event per day. The daily event maximum(s) maybe amended based on timeline and total number of athletes competing, at the sole discretion of the host team's Meet Director.

Make checks payable to SCSC. Entry fees are non-refundable. The Clerk of Course will accept deck entries for open lanes only. Payment for all deck entries is due before the end of warm-ups to Clerk of Course.

Entries: Go to www.sportstiming.com , click on upcoming meets and click on the (insert meet name) Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files, you are able to submit a new form and file. Entry questions can be emailed to meet.support@sportstiming.com

Entries are due by December 8, 2016.

SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline.

Awards: No awards will be given

Scoring: No Scoring

Timing: Colorado electronic timing system, with touch pads & plungers, will be used. Stop watches will also be used.

Coaches Eligibility: Coaches must be coach members of USA Swimming and they must have their credentials visible at all times. Coaches meeting will be announced via email prior to meet.

Other Information: Certified officials are welcome to assist with the meet. Please contact: Michael Healy @ mjhealy1@gmail.com

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Saturday/Sunday Morning Warm-up: 7:30 a.m.
 Saturday/Sunday Morning Meet Start: 8:30 a.m.

Saturday/Sunday Afternoon Warm-up: 12:00 p.m.
 Saturday/Sunday Afternoon Meet Start: 1:30 p.m.

Saturday Morning Session – 10 and Under

Warm-up at 7:30am, Meet Start at 8:30am

1	10 & U	50	Butterfly	2
3	10 & U	100	Backstroke	4
5	10 & U	50	Freestyle	6
7	10 & U	100	Breaststroke	8
9	10 & U	100	IM	10
11	10 & U	200	Freestyle	12

Saturday Afternoon Session – 11 & 12 and Open
Warm-up not before 12:00pm, Meet Start at 1:30pm

Girls				Boys
13	11 & 12	200	IM	14
15	Open	200	IM	16
17	11 & 12	100	Backstroke	18
19	Open	100	Backstroke	20
21	11 & 12	50	Butterfly	22
23	Open	200	Butterfly	24
25	11 & 12	50	Freestyle	26
27	Open	100	Freestyle	28
29	11 & 12	100	Breaststroke	30
31	Open	200	Breaststroke	32
33	Open	500	Freestyle	34

Sunday Morning Session – 10 & Under and 11-12 Girls

Warm-up at 7:30am, Meet Start at 8:30am

35	10 & U	200	IM	36
37	11 & 12	50	Backstroke	██████████
39	10 & U	50	Backstroke	40
41	11 & 12	100	Freestyle	██████████
43	10 & U	100	Freestyle	44
45	11 & 12	50	Breaststroke	██████████
47	10 & U	50	Breaststroke	48
49	11 & 12	100	Butterfly	██████████
51	10 & U	100	Butterfly	52

Sunday Afternoon Session – Open and 11-12 Boys

Warm-up not before 12:00pm, Meet Start at 1:30pm

53	Open	400	IM	54
██████████	11 & 12	100	Freestyle	56
57	Open	50	Freestyle	58
██████████	11 & 12	100	Butterfly	60
61	Open	100	Butterfly	62
██████████	11 & 12	50	Backstroke	64
65	Open	200	Backstroke	66
██████████	11 & 12	50	Breaststroke	68
69	Open	100	Breaststroke	70
71	Open	200	Freestyle	72

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Park West Pool Mount Pleasant, SC

Held under the sanction of USA Swimming issued by SC Swimming:
Sanction Number SC1738SCY
Time Trial 1739TT

Team Name: _____ Team Abbreviation: _____

Team Address: _____

City & State _____ Zip _____

Head Coach/ Team Rep: _____
Phone _____ E-mail _____

For Entry Problems Call or E-Mail: _____

Total # of Athletes: _____ X \$2.00 SCLSC Travel Fund/Program Fee = _____

Total # of Athletes: _____ X \$2.00 Out of State SCLSC Travel Fund/Program Fee= _____

Total # of Athletes: _____ X \$15.00 Pool/Facility Fee = _____

Total # of Athletes: _____ X \$2.00 SCLSC Sports Development Fee = _____

Total # of Individual Entries: _____ X \$3.50 Entry Fee = _____

Total # of Relay Entries: _____ X \$0.00 Relay Fee = _____

Total Fees Submitted: \$

Make Checks Payable To: SCSC Parent Association

Mail entries to: **South Carolina Swim Club -PA**
PO Box 882
Mount Pleasant, SC 29465-0882
(Please waive signature for overnight deliveries)

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and SC Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

In granting this sanction it is understood and agreed that USA Swimming, SC Swimming, Park West Pool and the Mount Pleasant Swim Club shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

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Signature/Title

Date

