

# THE 2016 PALM THANKSGIVING TURKEY INVITE



NOVEMBER 18 - 20, 2016

**MEET SANCTION: Held under the sanction of USA Swimming, Inc., Issued by South Carolina Swimming, Sanction # SC1763SCY & SC1764TT**

<b>HOST:</b>	<b>PALMETTO AQUATICS</b>	<a href="http://www.PalmettoAquatics.com">http://www.PalmettoAquatics.com</a>	
<b>Head Coach:</b>	Heath Edwards	<a href="mailto:coachheath@palmettoaquatics.com">coachheath@palmettoaquatics.com</a>	(803) 665-8444
<b>Meet Director:</b>	Sue Walton	<a href="mailto:sue.walton@earthlink.net">sue.walton@earthlink.net</a>	(803) 422-6681
<b>Meet Referee:</b>	Kim Crouse	<a href="mailto:kimcrouse@hotmail.com">kimcrouse@hotmail.com</a>	(803) 443-1749
<b>Meet Entries:</b>	Billy/Victoria Culbertson	<a href="mailto:meet.support@sportstiming.com">meet.support@sportstiming.com</a>	(843) 628-5486
<b>Safety Marshall:</b>	Greg David	<a href="mailto:g david@stratoswp.com">gdavid@stratoswp.com</a>	(803) 530-2445
	Daniel Fournel	<a href="mailto:fournsy14@gmail.com">fournsy14@gmail.com</a>	(803) 603-9516

**FACILITY:** The University of South Carolina Natatorium located in the Solomon Blatt PE Center, 1300 Wheat Street, Columbia, SC is a semi-open air facility, that contains a ten-lane, 50 meter competition pool with an additional diving well for warming up and warming down, and seating for 800 spectators. The competition pool depth measured from one meter to five meters out from the wall is 7 feet deep at the starting end of the course and 4 ft. deep measured out from one meter to five meters at the bulkhead end of the course. The competition course has not been certified in accordance with 104.2.2 C(4).

**ENTRY:** Entry to the pool for swimmers, officials, and spectators will be through the doors to the east side of the complex. The front entrance is only for those with USC identification and those needing ADA entry.

**PARKING:** Visitors should park in the Bates West Dorm parking lot, on Whaley Street one block directly south of the Solomon Blatt PE Center and walk across the elevated walkway to the pool complex. Garages and metered parking are available. Do not park in permit areas or reserved parking. On Saturday and Sunday, the lots adjacent to the pool are also available for parking. The parking link:  
<https://www.teamunify.com/scpa/UserFiles/File/Swim%20Meet%20Map%20June%202013.pdf>

**RULES:** Unless otherwise noted herein, this meet shall be conducted with the current USA Swimming code and SCLSC rules and the information therein. **Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of the same devices is not allowed behind the starting blocks. Deck changes are prohibited.**

**ATHLETE ELIGIBILITY:** This meet is open to all swimmers and teams that are currently registered members of USA Swimming. Age is to be determined by the first day of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer's legal guardian to ensure compliance with this requirement.

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### ENTRY FEES:

\$20.00 pool fee per swimmer  
\$3.50 per individual event -timed finals  
\$4.00 per individual event – prelims/finals  
\$7.00 per deck entry individual event  
\$2.00 SCLCS Travel Fund/Program fee per swimmer  
\$2.00 SCLCS Sports Development fee per swimmer  
\$2.00 SCLSC out of state Travel Fund/Program Fee per swimmer (non SCLSC swimmer only)  
\$8.00 per time trial

**All 10 and under swimmers may swim a maximum of four (4) individual events (including time trials) on each day of the meet. All 11 and over swimmers may swim a maximum of three (3) individual events (including time trials) on each day of the meet.**

**ENTRY FEES WILL NOT BE REFUNDED NOR WILL A CREDIT BE GIVEN FOR EVENTS NOT SWUM.**

### MEET FORMAT:

- Meet management reserves the right to adjust the number of heats, lanes, warm up times and sessions based upon the number of entries or the meet timeline.
- All events on Friday and Sunday will be timed finals.
- All events 11 & above on Saturday will be prelims/finals except the 500 free.
- The 500 free, for 13 and Over only, will be timed finals with the top 10 girls and top 10 boys swimming at finals.
- The 500 free will be swum last in the session on Saturday morning but will be the third event during finals Saturday night.
- **The top 20 for each age group of 11-12, 13-14, and 15 and Over will return for finals.**
- During finals on Saturday night, all of the girl's finals of one event will be swum and then all the boys finals of one event will be swum (example = 11-12 girls 100 back, 13-14 girls 100 back, 15 & Over girls 100 back, 11-12 boys 100 back, 13-14 boys 100 back, 15 & Over 100 back, etc..)
- The 1000 Free, 500 Free and 400 IM will be swum fastest to slowest, alternating girls and boys.
- The 10 and under events will be timed finals only and swum in the afternoon session on Saturday & Sunday.
- Dive over starts will be used during preliminary and timed finals events.
- Depending upon the timeline, the 11 and Over 400 IM may be limited to the top 50 girls and top 50 boys.
- Depending upon the timeline, the 1000 Free may be limited to the top 30 girls and top 30 boys.
- Time Trials will be conducted at the conclusion of each session at the discretion of the Meet Referee. Fees must be paid on the day of the Time Trial **in cash**.
- It is the coach's responsibility to check for ties leading to swim offs. Swim-offs will be swum at the time designated by the Meet Referee. Any swimmer not present for the swim off will be dropped to the next lower place.
- **Any swimmer who misses a positive check-in or finals event and does not swim will be ineligible to compete in his/her next individual preliminary or timed final event.**

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**TIME OF MEET:**

<i>SESSION</i>	<i>WARM-UPS</i>	<i>MEET</i>
<b>Friday</b>	<b>4:00 pm</b>	<b>5:00 pm</b>
<b>Saturday Morning-Prelims</b>	<b>7:30 am</b>	<b>8:30 am</b>
<b>Saturday Afternoon</b>	<b>Not before 12:00pm</b>	<b>Not before 1 pm</b>
<b>Saturday Evening Finals</b>	<b>5:00 pm</b>	<b>6:00 pm</b>
<b>Sunday Morning</b>	<b>7:30 am</b>	<b>8:30 am</b>
<b>Sunday Afternoon</b>	<b>Not before 12:00pm</b>	<b>Not before 1 pm</b>

**ENTRIES:**

**Meet entries:** Entries will be accepted beginning October 20, 2016. *SC Swimming does not accept deck registrations. All swimmers entered must be registered at time of entry deadline.* Deck entries will only be considered after the deadline and must be accompanied by the swimmer's USA ID number. Deck entries will be available if there is an open lane but not if it causes an additional heat. Clubs should submit the Financial Summary Sheet and a single check payable to **Palmetto Aquatics** for the full amount due for an entry to be complete. Deck entries must be paid in cash prior to the swim event.

**Deadline and Capacity:** All entries must be received no later than **5:00 PM, Tuesday, November 8, 2016** - however registration will close sooner if the 700 swimmer limit is met before the registration deadline. Meet capacity is 700 non-PALM swimmers. First come, first serve. PALM reserves the right to enter all of its swimmers. The meet will close after the team whose entries take registration to capacity are received by Sport Timing Inc. and entered in the meet.

**Entry Submission:** Go to [www.sportstiming.com](http://www.sportstiming.com), click on meets and click on the PALM Turkey Invite. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files, you are able to submit a new form and file. Entry questions can be emailed to [meet.support@sportstiming.com](mailto:meet.support@sportstiming.com).

**AWARDS:**

Ribbons will be awarded to 1<sup>st</sup> through 10<sup>th</sup> place swimmers in all age groups for individual events.

**SCORING:**

None.

**TIMING:**

A Colorado Timing System with 10 lane video display scoreboard will be used. Timing and data processing is provided by Sports Timing & Software, Inc. ([www.sportstiming.com](http://www.sportstiming.com))

**COACHES**

**ELIGIBILITY:**

All coaches must show their current coaching credentials and sign in at the Meet Director's office. Credentials should be displayed at all times. There will be a coaches meeting 20 minutes before the start of the meet's first session.

**OTHER**

**INFORMATION:**

**OFFICIALS:** **Palmetto Aquatics** welcomes visiting officials and appreciates their help in the officiating of this meet. Individuals wishing to officiate or apprentice at this meet should contact the Meet Referee as soon as possible. All Officials shall show their current LSC certification cards and sign in at the Meet Director's office one hour prior to the first session they will be officiating.

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**WARM-UPS:** The South Carolina LSC Procedures will be in effect. Warm-up assignments will be posted prior to the start of each session. Coaches are required to closely supervise their swimmers at all times. Diving is permitted only during specific warm-up times as announced. The Meet Director reserves the right to adjust warm-up times after reviewing the projected time line. Coaches will be informed of any adjustments in the warm-up schedule via email and/or at the coaches meeting.

**SAFETY:** Running and horseplay are both prohibited. Glass containers and bottles are prohibited inside the pool area. The use of pull buoys, paddles, kickboards, bands, tubing and other equipment is prohibited. Deck Marshals will be assigned to supervise and have the authority to remove individuals for improper behavior.

**SPECTATORS:** Spectators will be limited to the viewing area. The viewing area has aluminum bleacher seating and therefore no free standing chairs may be used.

**POOL AREA:** Only swimmers, officials, coaches and meet personnel are allowed on the deck. No food or drinks are allowed on the deck. Swimmers may bring chairs on the deck. They may be kept on deck throughout the meet.

**TIMERS:** Each team is asked to provide at least one timer per session. Each swimmer in distance events (1000 Free, 500 Free and 400IM) will be required to provide their own timer and counter when appropriate.

**HOSPITALITY:** Hospitality will be open for coaches and officials throughout the meet just off the pool deck in a designated area. Meals will be served Friday evening, Saturday and Sunday. Snacks and beverages will be available during the meet.

**VENDORS:** Fully-equipped swim vendor, AUGUSTA SWIM SUPPLIES, personalized meet tee shirts available for purchase, and concessions will be available for visitors and swimmers on the 2nd level of the Blatt Natatorium.

**HOTELS:** Please refer to Palmetto Aquatics when calling to reserve a room. See the hotel fliers located on the PALM meet web page.

\* **Staybridge Suites.** Call (803) 451-5900. PALM rates: \$129 – King studio suite with full size kitchen/sleeper sofa and \$259 – 2 bedroom 2 bath suite with full size kitchen (1,000 sq. ft). Located at 1913 Huger Street minutes from the pool. Includes complimentary hot breakfast buffet and Wi-Fi.

\* **Holiday Inn Express & Suites.** Call (803) 732-2229. PALM rate of \$99/night. Located off I-26 in Harbison ara at 211 Lanneau Court 10 Minutes from town. Includes complimentary hot breakfast buffet and Wi-Fi.

\* **Wingate by Wyndham.** Call (803) 407-6166. PALM rate of \$89/night. Located off I-26 in Harbison area at 217 Lanneau Court 10 Minutes from town. Includes complimentary hot breakfast buffet and Wi-Fi.

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### Order of Events Friday, November 18, 2016

**Session: 1**  
**Format: Timed Finals**  
**Warm-up: 4:00 PM**  
**Start time: 5:00 PM**

Girls Event #	Boys Event #	Age Group	Event
1	2	11 and Over	200 Flv
3	4	11 and Over	100 Free
5	6	11-12	50 Flv
7	8	11 and Over	200 Breast
9	10	11 and Over	1000 Free (P)

(P) Positive check in required

### Saturday, November 19, 2016

**Session: 2**  
**Format: Prelims**  
**Warm-up: 7:30 AM**  
**Start time: 8:30 AM**

Girls Event #	Boys Event #	Age Group	Event
11	12	13 and Over	100 Back
13	14	13 and Over	100 Breast
15	16	13 and Over	200 IM
17	18	13 and Over	50 Free
19	20	13 and Over	500 Free (P)

(P) Positive check in required

**Session: 3**  
**Format: Prelims and Timed Finals**  
**Warm-up: Not Before 12 Noon**  
**Start time: Not Before 1 PM**

Girls Event #	Boys Event #	Age Group	Event
21	22	11-12	100 Back
23	24	10 & Under	50 Breast
25	26	11-12	100 Breast
27	28	10 & Under	100 Free
29	30	11-12	200 IM
31	32	10 & Under	50 Fly
33	34	11-12	50 Free
35	36	10 & Under	100 Back
37	38	10 & Under	100 IM

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### Order of Events Saturday, November 19, 2016

**Session: 4**  
**Format: Finals**  
**Warm-up: 5:00 PM**  
**Start time: 6:00 PM**

Girls Event #	Boys Event #	Age Group	Event
21	22	11-12	100 Back
11	12	13 and Over	100 Back
25	26	11-12	100 Breast
13	14	13 and Over	100 Breast
19	20	13 and Over	500 Free
29	30	11-12	200 IM
15	16	13 and Over	200 IM
33	34	11-12	50 Free
17	18	13 and Over	50 Free

### Sunday, November 20, 2016

**Session: 5**  
**Format: Timed Finals**  
**Warm-up: 7:30 AM**  
**Start time: 8:30 AM**

Girls Event #	Boys Event #	Age Group	Event
39	40	13 and Over	200 Free
41	42	13 and Over	100 Fly
43	44	13 and Over	200 Back
45	46	13 and Over	400 IM (P)

(P) Positive check in required

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### Order of Events

Session: 6  
 Format: Timed Finals  
 Warm-up: Not Before 12 Noon  
 Start time: Not Before 1 PM

Girls Event #	Boys Event #	Age Group	Event
47	48	11-12	50 Back
49	50	10 & Under	200 Free
51	52	11-12	200 Free
53	54	10 & Under	50 Back
55	56	11-12	50 Breast
57	58	10 & Under	100 Fly
59	60	11-12	100 Fly
61	62	10 & Under	50 Free
63	64	11-12	200 Back
65	66	10 & Under	100 Breast
67	68	11-12	400 IM (P)

(P) Positive check in required

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**MEET ENTRY SUMMARY SHEET**

**Team Information**

Team Name \_\_\_\_\_ Team Code \_\_\_\_\_

Number Coach(s) \_\_\_\_\_

Team Coach and Contact Person \_\_\_\_\_

Home/Cell Phone Number \_\_\_\_\_ Work Phone Number \_\_\_\_\_

E-Mail for Results: \_\_\_\_\_

Team Mailing Address \_\_\_\_\_

**Financial Information**

\_\_\_\_\_ # swimmers x \$20.00 (pool surcharge) = \_\_\_\_\_

\_\_\_\_\_ # swimmers x \$2.00 SCLSC Travel Fund/Program Fee = \_\_\_\_\_

\_\_\_\_\_ # swimmers x \$2.00 SCLSC Sports Development Fee = \_\_\_\_\_

\_\_\_\_\_ # swimmers x \$2.00 SCLSC out of state Travel/Program Fee = \_\_\_\_\_

\_\_\_\_\_ # entries x \$3.50 – timed finals (10 & Under events) = \_\_\_\_\_

\_\_\_\_\_ # entries x \$4.00 – prelims/finals (11 and Over events) = \_\_\_\_\_

**Total Fees** \_\_\_\_\_

**Submit checks, payable to Palmetto Aquatics and the Meet Entry Summary Sheet to:  
2016 Palmetto Aquatics Thanksgiving Turkey Invite  
c/o Heath Edwards  
5102 Circle Drive  
Columbia, South Carolina, 29206**

In granting this sanction it is understood and agreed that USA Swimming, South Carolina Swimming LSC, Palmetto Aquatics, the University of South Carolina, Sports Timing & Software, Inc., Augusta Swim Supply, and any volunteers and sponsor organizations shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature/Title: \_\_\_\_\_