

YOTA SWIM TEAM

2016 YMCA of the Triangle Area Swim Team Summer Splash Invitational – Meet Information June 17th – 19th, 2016

Site: Goldsboro YMCA
1105 Parkway Drive
Goldsboro, NC 27534

Date: June 17th - 19th, 2016

Times: Friday Session (1):
Warm Up 3:00 PM Meet start 4:30 PM

Saturday and Sunday Sessions (2-5):
12 and under AM: Warm Up 7:30 AM Meet Start 9:00 AM
13 and over PM: Warm Up 1:00 PM Meet Start 2:30 PM

Sanction: Conducted under the sanction of the USA Swimming, INC., Issued by North Carolina Swimming, INC.,
NCS Sanction #NC16122

Facility: Goldsboro YMCA- Raymond A. Bryan Pool:

The Raymond A. Bryan Pool is a 50-meter pool with a bulkhead dividing two 25 yd courses of eight (8) lanes each. The lanes are 7 feet wide and the depth at the starting end is 12ft deep. The depth at the turn end is 4ft. On the competition course, the eight lanes have nonturbulent lane ropes, Paragon starting blocks, a digital scoreboard, and a Colorado Timing System. Computer results will be used. There is a four-lane therapy pool adjacent to the 50m pool that will be available for continuous warm-up/down in addition to the extra 8-lane course. Spectator seating for 450 is available in the balcony area. Chairs are not allowed to block the walkways according to fire code regulations nor are they allowed to remain in place overnight. Spectators are not allowed on the pool deck. Please notify parents of this rule that applies to all parents who are not active meet volunteers assisting in the meet operations as run by the YMCA of the Triangle Swim Team. Only meet volunteers, USA Swimming registered athletes, current USA Swimming registered officials, and coaches may be on deck. The competition pool has not been certified in accordance with USA Swimming 104.2.2C(4).

Rules: The meet will be conducted in accordance with the current USA Swimming Rules and Regulations and the NCS Safety program, except where rules therein are optional and exceptions are herein stated. All events will be timed finals. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited.

Classification: This is a 5 session, long course, timed final meet - 1 session on Friday, 2 sessions on Saturday and 2 sessions on Sunday. There is a 12 & under age group session, and a 13 & over group session. Meet host reserves the right to combine the sessions of the meet if numbers warrant it.

Eligibility: All swimmers must be registered with USA Swimming, Inc.
12 and under athletes must have 11-12 BB standards to compete in 400 IM, 400 Freestyle, and 800 Freestyle events. 13 and over athletes must have 13-14 BB standards to compete in 400 Freestyle and 800 Freestyle events. The time standards used are those prescribed in the 2013-2016 National Age Group Motivational Time Standards. On deck registration will not be available at this meet.

We will limit the 800 free to TWO (2) heats of women and TWO (2) heats of men.
We will limit the 1500 free to TWO (2) heats of men and TWO (2) heats of men
(Those chosen to swim in the 800 free and 1500 free are based on fastest entry times.)

Disabilities: YOTA welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit YOTA's ability to accommodate all requests.

Racing Starts: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entries: Submit entries on disk using Hy-Tek CL2 format, by standard date interchange format (SD3). You must list swimmers' age **June 17th, 2016**. Use **ONLY** best meters times achieved (no short course entry times). All swimmers must be registered USA Swimming members by your local LSC. You can find the Hy-Tek order of events file at the North Carolina Swimming website at www.ncswim.org. No Deck Entries will be accepted. NT entries will be accepted.

Entries will be accepted from teams in the following order:

1. Teams that have attended this meet in previous years.
2. Teams that have communicated in advance with Head Coach Chad Onken that they are coming.

Entries will be accepted until we meet our meet entry maximum.

Entry Limit: Swimmers may enter 4 individual events per day. Swimmers who are entered in more than the allowed number of event(s) will automatically be dropped from the event(s) that put the swimmer over the limit. No refunds will be given for incorrect entries.

Entry Deadline: **Completed meet entries on Hy-Tek or similar team management programs are due Wednesday, June 8th, 2016.** Entries will not be accepted without summary sheet and payment of entry fees. Late Entries (including additional events or switching of events for the swimmers already entered in the meet) may be accepted at the discretion of the Meet Director, but will not be seeded. **DOUBLE ENTRY FEES WILL BE CHARGED FOR ALL LATE OR CHANGED ENTRIES.** Telephone and fax entries will not be accepted. Clubs submitting entries in HY-Tek Team Manager COMMLINK-II format, LSA Std or similar team management formats will be given results on disk at the conclusion of the meet. **NO NEW SWIMMER DECK ENTRIES WILL BE TAKEN.**

| | | |
|--------------------|----------------------|---------|
| Entry Fees: | Individual Events | \$7.50 |
| | NCS Travel Surcharge | \$3.00 |
| | Facility Charge | \$15.00 |

Entry fees must accompany entries and are not refundable.
MAKE CHECKS PAYABLE TO: YOTA SWIM TEAM

Mail entries and Fees to: **YOTA Swim Team**
Attn: Kale Stevens
801 Corporate Center Drive, Suite 118
Raleigh, NC 27606
Kale.Stevens@YMCATriangle.org and Chad.Onken@ymcatriangle.org

Please note that there will be no entries accepted without a hard copy. Emailing your entries is accepted as long as they are accompanied with a hard copy. **Entries must include:**

1. **Correct entry Fees**
2. **Entry forms properly completed**
3. **Received by June 8th, 2016**
4. **Do not send entries in a manner which requires signature for delivery**

Awards: No awards will be given at this meet.

Warm Ups: Warm up assignments will be emailed out to the teams prior to the meet date. There is no diving from the shallow end of the pool.

- Safety:** The NCS Safety Program is in effect for the meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated on deck, in locker rooms, or throughout facility.
- Credentials:** All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification/registration. Coaches shall prominently display their registration cards while on deck.
- Coaches Meeting:** A Coaches meeting will be held at 3:00 PM June 17th. **Coach packets will be distributed when the coaches present their USA Swimming Coach membership card. Coaches without a coach membership card will not be allowed on the pool deck.** Coaches are responsible for all the information distributed in the packet and at the coaches meeting.
- Meet Director:** Kale Stevens Kale.Stevens@YMCATriangle.org
- Meet Referee:** Charles Stephenson cstep33@gmail.com
- Meet Marshall:** Tammy Minyard Tammy.Minyard@ymcatriangle.org
- Officials Meeting:** The Officials meeting will take place at 4:00 PM during session 1, at 8:30 AM for session 2 and 4, and at 2:00 PM for session 3 and 5.
- Hospitality:** Hospitality will be open to officials, coaches, and meet volunteers.
- Release Statement:** USA Swimming, Inc., North Carolina Swimming, Inc, YMCA of the Triangle Area Swim Team, and The Goldsboro YMCA shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

SCHEDULE OF EVENTS

| Friday | June 12th - Session 1 | |
|----------------------|---|---------------------|
| Girls Event # | Event | Boys Event # |
| 1 | Open 400 IM | 2 |
| 3 | 12 & Under 200 Free | 4 |
| 5 | 13 & Over 200 Free | 6 |
| 7 | Open 800 Free | 8 |
| 9 | Open 1500 Free | 10 |

| Saturday | June 13th - Session 2 | |
|-----------------|---|-----------|
| 11 | 12 & Under 200 Fly | 12 |
| 13 | 12 & Under 50 Free | 14 |
| 15 | 12 & Under 100 Back | 16 |
| 17 | 12 & Under 200 IM | 18 |
| 19 | 12 & Under 50 Breast | 20 |
| 21 | 12 & Under 100 Fly | 22 |
| 23 | 12 & Under 200 Breast | 24 |

| | Session 3 | |
|-----------|---------------------------------|-----------|
| 25 | 13 & Over 50 Free | 26 |
| 27 | 13 & Over 100 Back | 28 |
| 29 | 13 & Over 200 Breast | 30 |
| 31 | 13 & Over 100 Fly | 32 |
| 33 | 13 & Over 200 IM | 34 |

| Sunday | June 14th - Session 4 | |
|---------------|---|-----------|
| 35 | 12 & Under 200 Back | 36 |
| 37 | 12 & Under 100 Free | 38 |
| 39 | 12 & Under 50 Back | 40 |
| 41 | 12 & Under 100 Breast | 42 |
| 43 | 12 & Under 50 Fly | 44 |
| 45 | 12 & Under 400 free | 46 |

| | Session 5 | |
|-----------|---------------------------------|-----------|
| 47 | 13 & Over 100 Free | 48 |
| 49 | 13 & Over 200 Back | 50 |
| 51 | 13 & Over 100 Breast | 52 |
| 53 | 13 & Over 200 Fly | 54 |
| 55 | 13 & Over 400 Free | 56 |

Entry Summary Sheet

YOTA Summer Splash Invitational

June 17th – 19th, 2016

Use this form for a summary of entries:

| Age Group | Total Number of swimmers | Total Number of Entries | Total Entry Fee |
|---------------|--------------------------|-------------------------|-----------------|
| 12 & Under | | | |
| 13 & Over | | | |
| Total entries | | | |

Total Fees: Return this summary sheet with entry fees, official rosters and entry forms to:

YOTA Swim Team
Kale Stevens
801 Corporate Center Drive Suite 118
Raleigh, NC 27606
Kale.Stevens@ymcatriangle.org
(919) 582-9301

USA Swimming, Inc., North Carolina Swimming, Inc., YMCA of the Triangle Area, The Goldsboro YMCA, and other Governing bodies of the Facilities shall be held free and harmless for any and all liabilities or claims for damages arising by reasons of injuries to anyone during the conduct of this event.

Head Coach Signature: _____

Coach Name: _____

Club: _____

Club Abbreviation: _____

Address: _____ Work Phone Number: _____

_____ Cell Phone Number: _____

Email Address: _____

****A check for all applicable fees is required for this to be a valid entry.****