

***Carolina Aquatics 2016
May Breakout
Long Course Meet***

May 27-29, 2016

Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number
SC16112LCM and SC16113TT

Host Club:	CAROLINA AQUATICS SWIM CLUB (www.carolina-aquatics.com)		
Meet Director:	Karen Lobitz	CA.Meet.Dir@gmail.com	803-445-7959
Meet Referee:	Andy Rutledge	CA.MeetRef@gmail.com	803-600-6820
Meet Entries to:	Billy Culbertson	meet.support@sportstiming.com Reference "CA 2016 May Breakout"	843-628-5486
Safety Marshal:	Tricia Tomlin	Marypat3boys@gmail.com	803-361-5724

Facility:

The Carolina Natatorium - located inside the Solomon Blatt Physical Education Center at the University of South Carolina, 1400 Wheat Street, Columbia, SC, 29201. Home to USC's competitive swimming and diving programs, the Carolina Natatorium is a semi-open air facility that contains a ten lane, 50-meter competition pool with a separate 25-yard diving well for warm up/warm down, and seating for 800 spectators. The water depth of the competition course is 7 feet measured from one (1) meter to five (5) meters at the starting end of the course and 4 feet measured from one (1) meter to five (5) meters at the turn end of the course. The competition course has not been certified in accordance with 104.2.2C (4).

PARKING: Parking is available at Bates House Dormitory, located on Whaley Street, a short walk over the skywalk to the Blatt Center. Parking garages and meter parking also are available. Any parking space marked "reserved" is subject to towing. A map is available on the Carolina Aquatics website under the May Breakout event information ([meet parking](#)).

ENTRY TO THE CAROLINA NATATORIUM: Building entry for everyone is on the east side of the building adjacent to the parking lot. Only those possessing USC identification or needing ADA accessibility will be allowed entry through the front doors. ***Swimmers will be allowed on the pool deck no sooner than 15 minutes before their session warm-up.***

Facility Rules:

- Spectators will be limited to bleacher seating in the spectator seating /viewing area.
- **Only swimmers, meet officials, coaches, and meet personnel with proper credentials will be allowed on the pool deck.** Swimmers will be limited to designated areas on deck.
- Swimmers may bring folding chairs on deck for the duration of the meet, but at the end of the day chairs must be folded and placed against the wall.
- Safety marshals will be assigned to supervise all sessions of the meet and will have the authority to remove any swimmer, coach, parent, or club from the pool and facility, if necessary, for not following the facility and meet safety rules.
- Any swimmer found to be abusing any area of the facility will be barred from further competition and will also be barred from the facility. The team of any swimmer found to be abusing any area of the facility will be held responsible for any and all repairs resulting from the abuse.
- No glass containers inside the pool area.
- Hallways and stairwells must remain clear and easily accessible.
- No flash photography.

Rules:

Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein. **Use of audio or visual recording devices, including a cell phone, is prohibited in changing areas, rest rooms, and locker rooms. Deck Changing is prohibited.**

Athlete Eligibility:

This meet is a closed meet and open to swimmers currently registered with USA Swimming and members of the following swim teams: Carolina Aquatics (CA), Anderson Area YMCA (AAYM), City of Charleston Southern Marlins Racing Team (SMRT), Coastal Aquatics Club (CAC), Hilton Head Aquatics (H2A), South Carolina Swim Club (SCSC), Palmetto Aquatics (PALM), Sting Ray Aquatics- NC, Sumter Area Swimming (SAS), Gamecock Aquatics (GAME), Fins Swim Team (FINS), Savannah Swim Team (SST)

Age is to be determined on the first day of the meet.

Any swimmer entered in the meet unaccompanied by a USA Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entry Fees:

Entry limit: Each swimmer may swim a maximum of **two (2)** individual events on Friday, **three (3)** individual events on Saturday and three **(3)** individual events on Sunday, including time trials.

All fees must be paid prior to the first day of the meet. Clubs should submit a single check payable to "Carolina Aquatics Swim Club, Inc."

- \$20 facility fee per swimmer
- \$2 SCLCS Travel Fund/Program Fee per swimmer
- \$2 SCLCS Sports Development Fee per swimmer
- \$2 SCLSC out-of-state/LSC Travel Fund /Program Fee per out-of-state swimmer
(NOTE: This additional fee applies only to out-of-state swimmers)
- \$3.50 per individual event
- \$7 deck entry
- \$7 per time trial

ENTRY FEES FOR EVENTS NOT SWUM WILL NOT BE REFUNDED NOR WILL A CREDIT BE GIVEN.

Meet Format:

Meet management reserves the right to adjust the number of heats, lanes, and warm-up times based on the number of entries. Events may be combined, but awarded separately, by gender and age group as needed. Meet management reserves the right to move age groups to different sessions based on the timeline and number of entries. Meet management reserves the right to make any necessary changes during the meet to provide the best competition environment for the athletes.

- All events will be contested as Timed Finals.
- All events 400 meters and longer will be positive check-in and deck-seeded.
- The 9-12 400 Free, 11-12 400 IM, Senior 400 Free, Senior 400 IM and 800 Free will be limited to the fastest four heats of girls and boys,. It will be swum fastest to slowest, alternating girls and boys.

Time of Meet: Meet management reserves the right to adjust warm-up and meet start times based upon the number of entries and timeline of the meet. Teams will be notified of any changes in timeline via email and/or the Carolina Aquatics website.

<i>Session</i>	<i>Warm-Ups</i>	<i>Start of Competition</i>
Friday evening	5:00 pm	6:00 pm
Saturday morning	8:00 am	9:00 am
Saturday afternoon	Not before 1:00 pm	Not before 2:00 pm
Sunday morning	8:00 am	9:00 am
Sunday afternoon	Not before 1:00 pm	Not before 2:00 pm

Entries: *Meet entry procedure:* Meet entries will be accepted beginning at noon on Friday, April 24, 2016. Payment, completed entry file, and Meet Entry Finance Summary with signed release must be received before an entry will be considered complete. ***SC Swimming does not accept deck registration. All swimmers entered must be registered at the time of entry deadline.*** All entries processed after the deadline will be considered “deck entry,” subject to increased rates, and dependent upon space available.

Meet Capacity and Deadline: Meet capacity is 625 registered swimmers. **Deadline is Tuesday May 17, 2016 at noon.** The meet will close when either of these occurs. If a team’s entry should cause the meet to reach capacity, the entire file entry will be allowed. Carolina Aquatics Swim Club, Inc. is not responsible for lost or delayed entries.

Deck entries: USA Swimming identification numbers - either a card, Deck Pass verification or official roster from the LSC confirmed via SWIMS - must be provided for deck entries. Deck entries to pre-seeded individual events will be permitted only on a “lane available” basis. No heats will be added for an event. Heats will not be reseeded. **Deck entry fees must be paid in cash upon entry to the Clerk of Course prior to swimming the event.**

ENTRY SUBMISSION: Go to www.sportstiming.com, click on upcoming meets and click on the CA May Breakout. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files, you are able to submit a new form and file. Entry questions can be emailed to meet.support@sportstiming.com

The entry deadline is noon Tuesday May 17, 2016.

Awards: There will be no awards for this meet.

Scoring: There will be no team scoring.

Timing: A Colorado Timing System with 10-lane video display scoreboard will be used. One to two manually operated stop watches will provide tertiary back-up. Timing and data processing will be provided by Sports Timing and Software, Inc. (www.sportstiming.com/).

Coaches Eligibility: All coaches must be current members in good standing with USA Swimming and present their credentials at sign-in at the Clerk of Course. Coaches will display credentials at all times.

Coaches’ Meeting: A coaches meeting will be held 20 minutes prior to the start of the Friday session. The Meet Referee may call other coaches’ meetings as needed.

**Other
Information:**

Officials: All officials must show their current USA Swimming credentials at sign-in with the Meet Referee one hour prior to the first session they will be officiating. Officials will display their credentials at all times. Meetings for Officials will begin no later than 45 minutes prior to each session's start time. Carolina Aquatics welcomes visiting officials. Individuals wishing to officiate or apprentice should contact the Meet Referee as soon as possible at CA.MeetRef@gmail.com.

Warm-up Procedures: Team lane assignments will be posted at the start of each session. All SC Swimming LSC and USA Swimming safety guidelines will be enforced. Specific warm-up procedures will be posted on deck. Coaches must closely supervise their swimmers at all times. Diving is permitted only during specific warm-up times, as announced. The use of pull buoys, paddles, kickboards, bands, tubing, and other equipment is prohibited. Warm-up and warm-down area is open at the discretion of the Meet Referee.

Scratch Rule: All scratches should be submitted to the Clerk of Course as soon as possible to provide lanes for possible deck entries. **Any swimmer who is positively checked-in for an event and does not swim will be ineligible for his/her next individual event.**

Time Trials: Meet Management may allow time trials for swimmers entered in the meet who do not exceed their maximum allowable event entries per day. Time Trials will be conducted at the conclusion of each session at the discretion of the Meet Referee. Notification of time trial requests should be given to the Clerk of Course within 30 minutes after the start of each session. **Fees must be paid in cash upon entry to the Clerk of Course prior to swimming time trial.**

Timers and Counters: Swimmers in an individual event 400 meters and longer are required to provide their own timer and, if needed, counter.

Hospitality: There will be a hospitality room available for coaches and officials only. Meals served will include Friday dinner, Saturday breakfast/ lunch and Sunday breakfast/lunch. Snacks and beverages will be available during the course of the meet.

Concessions: Concessions will be available for spectators and swimmers during the meet.

Hotels:

Staybridge Suites Located at Riverfront Park in the Vista, just 2.5 miles from the Blatt Center. Rates are \$129/\$139 includes breakfast. For Team Reservations Call Shelley Nutt 803-451-5900. For individual reservations contact the hotel directly 803-451-5900 and request *Carolina Aquatics Swim Rate*. www.staycolumbiase.com

Towne Place Suites. 250 East Exchange Blvd Columbia SC 29209
\$99 for Standard King, \$109 for Double Queen Studio, and \$139 for 2 Bedroom Suite. Call (803) 695-0062. Request *Carolina Aquatics Swim Rate*. www.marriott.com

Wingate Harbison 217 Lanneau Ct. Columbia SC 29212
Located 15-20 minutes from pool with many dining options.
Rates: \$79/\$89 includes breakfast. Request *Carolina Aquatics Swim Rate*.
803-407-6166 www.columbiawi.com

Holiday Inn Express 211 Lanneau Ct. Columbia SC 29212
Located 15-20 minutes away from pool with many dining options.
Rates:\$99/\$109 includes breakfast. Request *Carolina Aquatics Swim Rate*
803-732-2229 www.columbiahie.com

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Order of Events

Friday Evening, May 27, 2016 (Session #1)

Warm-ups: 5:00 pm
Timed Finals: 6:00 pm

<u>Girls Event #</u>	<u>Event Description</u>	<u>Boys Event #</u>
1	Senior 50 Free	2
3	12 & Under 200 IM	4
5	Senior 200 IM	6
7	9-12 400 Free (P)	8
9	Senior 400 Free (P)	10

P - Positive Check-In Required

Saturday Morning, May 28, 2016 (Session #2)

Warm-ups: 8:00 am
Timed Finals: 9:00 am

<u>Girls Event #</u>	<u>Event Description</u>	<u>Boys Event #</u>
11	11-12 100 Free	12
13	10 & Under 50 Free	14
15	11-12 200 Breast	16
17	10 & Under 100 Breast	18
19	11-12 50 Breast	20
21	10 & Under 50 Back	22
23	11-12 100 Back	24
25	10 & Under 50 Fly	26
27	11-12 100 Fly	28
**** 10 Minute Break ****		
29	11-12 400 IM (P)	30

P - Positive Check-In Required

Saturday Afternoon, May 28, 2016 (Session #3)

Warm-ups: Not before 1:00 pm
Timed Finals: Not before 2:00 pm

<u>Girls Event #</u>	<u>Event Description</u>	<u>Boys Event #</u>
31	Senior 200 Fly	32
33	Senior 100 Breast	34
35	Senior 200 Back	36
37	Senior 100 Free	38
39	Senior 400 IM (P)	40

P - Positive Check-In Required

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Order of Events (continued)

Sunday Morning, May 29, 2016 (Session #4)

Warm-ups: 8:00 am
 Timed Finals: 9:00 am

<i>Girls Event #</i>	<i>Event Description</i>	<i>Boys Event #</i>
43	11-12 200 Back	44
45	10 & Under 100 Fly	46
47	11-12 50 Fly	48
49	11-12 200 Fly	50
51	10 & Under 100 Free	52
53	11-12 50 Free	54
55	10 & Under 50 Breast	56
57	11-12 100 Breast	58
59	10 & Under 100 Back	60
61	11-12 50 Back	62
**** 5 Minute Break ****		
63	12 & Under 200 Free	64

Sunday Afternoon, May 29, 2016 (Session #5)

Warm-ups: Not before 1:00 pm
 Timed Finals: Not before 2:00 pm

<i>Girls Event #</i>	<i>Event Description</i>	<i>Boys Event #</i>
65	Senior 200 Free	66
67	Senior 100 Back	68
69	Senior 200 Breast	70
71	Senior 100 Fly	72
**** 10 Minute Break ****		
73	Open 800 Free (P)	74

P - Positive Check-In Required

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Meet Entry Finance Summary

Total # of Swimmers _____ x \$20 Facility Fee = \$

Total # of Swimmers _____ x \$2 SCLSC Travel Fund/Program Fee = \$

Total # of Swimmers _____ x \$2 SCLSC Sports Development Fee = \$

Total # of out-of LSC _____ x \$2 SCLSC Travel Fund/Program Fee = \$

Total # Individual Events: _____ x \$3.50 (fee per entry) = \$

Total Amount Enclosed (payable to *Carolina Aquatics*): = \$

In granting this sanction it is understood and agreed that USA Swimming, SC Swimming, Carolina Aquatics Swim Club, Inc., the University of South Carolina, Sports Timing & Software, Inc., and any volunteers, vendors, and sponsor organizations shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. Entry in the meet indicates compliance with the release and waiver.

Mail completed Meet Entry Finance Summary and check to:

**Carolina Aquatics 2016 May Breakout
c/o Karen Lobitz
732 Southlake Rd.
Columbia SC 29223**

Team: _____

Club Code: _____

LSC: _____

Number of Coaches Attending Meet: _____

Head Coach:

Home: (____) _____ Cell: _____
(____) _____
Email: _____
Team Mailing Address: _____

Send e-mail results to: _____

I certify that this entry is completed to the best of my ability.

Signature/Title: _____ Date: _____
