

2016 PALMETTO AQUATICS LONG COURSE LAST CHANCE QUALIFIER



JULY 8-10, 2016

MEET SANCTION: Held under the sanction of USA Swimming, Inc., Issued by South Carolina Swimming, Sanction SC16114LCM & SC16115TT

HOST:	Palmetto Aquatics		http://www.PalmettoAquatics.com
Head Coach:	Heath Edwards	(803) 665-8444	coachheath@palmettoaquatics.com
Meet Director:	Sue Walton	(803) 422-6681	sue.walton@earthlink.net
Meet Referee:	Kim Crouse	(803) 443-1749	kimcrouse@hotmail.com
Meet Entries:	Billy/Victoria Culbertson	(843) 628-5486	meet.support@sportstiming.com
Safety Marshall:	Greg David	(803) 530-2445	gdavid@stratoswp.com
	Daniel Fournel	(803) 603-9516	fournsy14@gmail.com

FACILITY: The University of South Carolina Natatorium located in the Solomon Blatt PE Center, 1300 Wheat Street, Columbia, SC is a semi-open air facility, that contains a ten-lane, 50 meter competition pool with an additional diving well for warming up and warming down, and seating for 800 spectators. The competition pool depth measured from one meter to five meters out from the wall is 7 feet deep at the starting end of the course and 4 ft. deep measured out from one meter to five meters at the bulkhead end of the course. The competition course has not been certified in accordance with 104.2.2 C(4).

ENTRY: Entry to the pool for swimmers, officials, and spectators will be through the doors to the east side of the complex. The front entrance is only for those with USC identification and those needing ADA entry.

PARKING: Visitors should park in the Bates West Dorm parking lot, on Whaley Street one block directly south of the Solomon Blatt PE Center and walk across the elevated walkway to the pool complex. Garages and metered parking are available. Do not park in permit areas or reserved parking. On Saturday and Sunday, the lots adjacent to the pool are also available for parking. A map is available on the PALM website under the Last Chance Qualifier meet tab.

RULES: Unless otherwise noted herein, this meet shall be conducted with the current USA Swimming code and SCLSC rules and the information therein. **Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting end of the pool. Deck changes are prohibited.**

ATHLETE

ELIGIBILITY: This meet is open to all swimmers and teams that are currently registered members of USA Swimming. Age is to be determined by the first day of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer's legal guardian to ensure compliance with this requirement.

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ENTRY FEES: \$20.00 pool fee per swimmer
 \$2.00 SCLSC Travel Fund/Program fee per swimmer
 \$2.00 SCLSC Sports Development fee per swimmer
 \$2.00 SCLSC out of state Travel Fund/Program Fee per swimmer (non SCLSC swimmer only)
 \$3.50 per individual event
 \$6.00 per deck entry individual event
 \$8.00 per time trial

Entry Limit: Athletes may enter up to 2 individual events on Friday and 4 individual events on Saturday and 4 individual events on Sunday. The event limit for each day includes time trials.

ENTRY FEES WILL NOT BE REFUNDED NOR WILL A CREDIT BE GIVEN FOR EVENTS NOT SWUM.

MEET FORMAT:

- Meet management reserves the right to adjust the number of heats, lanes, and warm up times based upon the number of entries or the meet time line. Meet Management also reserves the right to adjust the number of sessions throughout the meet based upon the number of entries or the meet time line. Dive over starts will be used during events.
- All events will be timed finals.
- All events that are positive check-in events will be deck seeded. The check-in for these events will close, **promptly**, 30 minutes prior to the scheduled start of that session.
- Results will be awarded by the following age-groups 10 &U, 11-12, 13-14 and 15 & Over.
- The 400 IM, 800 Free and 1500 Free will be swum fastest to slowest, alternating women/men.
- All 50 meter events will start at the far end of the pool (farthest from the diving well).
- Depending upon the time line, the number of entries accepted for 400 IM, 800 Free, and 1500 Free may be limited.
- Swimmers must provide their own personnel to time and lap count for events 400 meters and longer.
- Time Trials will be conducted at the discretion of the Meet Referee. Fees must be paid on the day of the Time Trial.
- The 800 and 1500 free may be limited to the fastest 30 females and 30 males in each listed event with the following conditions: All 15-AND OLDER SWIMMERS WHO HAVE MADE THE 800 and/or 1500 SECTIONAL TIME STANDARDS FOR EITHER EVENT AND ALL 14 & UNDER SWIMMERS WHO HAVE MADE THE STATE TIME STANDARDS FOR THEIR AGE GROUP FOR EITHER EVENT MAY NOT SWIM THE EVENT(S). If limited, those who do not make the top 30 in the 800 and/or 1500 free may swim in another event not to exceed the individual event limit for the day. Entries will be accepted based upon the fastest seed time. In both the 800 and 1500, it may be possible to exceed the 30 female or male swimmer maximum only if there are less than 30 swimmers entered by the opposite sex in that event.
- **Any swimmer who misses a positive check-in event and does not swim will be ineligible to compete in his/her next individual event.**

TIME OF MEET:

<i>SESSION</i>	<i>WARM-UPS</i>	<i>MEET</i>
Friday	4:00 pm	5:00 pm
Saturday Morning	7:30 am	8:30 am
Saturday Afternoon	Not before 12:00pm	Not before 1 pm
Sunday Morning	7:30 am	8:30 am
Sunday Afternoon	Not before 12:00pm	Not before 1 pm

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ENTRIES: Meet entries: Entries will be accepted beginning June 10, 2016. ***SC Swimming does not accept deck registrations. All swimmers entered must be registered at time of entry deadline.*** Deck entries will only be considered after the deadline and must be accompanied by the swimmer's USA ID number. Deck entries will be available if there is an open lane but not if it causes an additional heat. Clubs should submit the Financial Summary Sheet and a single check payable to **Palmetto Aquatics** for the full amount due for an entry to be complete. Deck entries must be paid in cash prior to the swim event.

Deadline and Capacity: All entries must be received no later than **5:00 PM, Tuesday, June 28, 2016** - however registration will close sooner if the 600 swimmer limit is met before the registration deadline. Meet capacity is 600 non-PALM swimmers. PALM reserves the right to enter all of its swimmers. If a team's entries cause the meet to exceed the limit, all file entries for that team will be allowed.

Entry Submission: Go to www.sportstiming.com, click on meets and click on the PALM LC INVITE. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files, you are able to submit a new form and file. Entry questions can be emailed to meet.support@sportstiming.com.

AWARDS: Ribbons will be awarded to 1st - 10th place swimmers in all age groups for individual events.

SCORING: NONE

TIMING: A Colorado Timing System with 10 lane video display scoreboard will be used. Timing and data processing is provided by Sports Timing & Software, Inc. (www.sportstiming.com).

COACHES

ELIGIBILITY: All coaches must show their current coaching credentials and sign in at the Meet Director's office. Credentials shall be displayed at all times. There will be a coaches meeting 20 minutes before the start of the meet's first session.

OTHER

INFORMATION: **OFFICIALS:** **Palmetto Aquatics** welcomes visiting officials and appreciates their help in the officiating of this meet. Individuals wishing to officiate or apprentice at this meet should contact the Meet Referee as soon as possible. All Officials shall show their current USA Swimming registration cards and LSC certification cards and sign in at the Meet Director's office one hour prior to the first session they will be officiating.

WARM-UPS: The South Carolina LSC Procedures will be in effect. Warm-up assignments will be posted prior to the start of each session. Coaches are required to closely supervise their swimmers at all times. Diving is permitted only during specific warm-up times as announced. The Meet Director reserves the right to adjust warm-up times after reviewing the projected time line. Coaches will be informed of any adjustments in the warm-up schedule via email and/or at the coaches meeting

SAFETY: Running and horseplay are both prohibited. Glass containers and bottles are prohibited inside the pool area. The use of pull buoys, paddles, kickboards, bands, tubing and other equipment is prohibited. Deck Marshals will be assigned to supervise and have the authority to remove individuals for improper behavior.

2016 PALMETTO AQUATICS LONG COURSE

LAST CHANCE QUALIFIER

JULY 8-10, 2016

SPECTATORS: Spectators will be limited to the viewing area. The viewing area has aluminum bleacher seating and therefore no free standing chairs may be used.

POOL AREA: Only swimmers, officials, coaches and meet personnel are allowed on the deck. No food or drinks are allowed on the deck. Swimmers may bring chairs on the deck. They may be kept on deck throughout the meet.

TIMERS: Each team is asked to provide at least one timer per session. Each swimmer in events 400 Free, 400 IM, 800 Free and 1500 Free will be required to provide their own timer and counter when appropriate.

HOSPITALITY: Hospitality will be open for coaches and officials throughout the meet just off the pool deck in a designated area. Meals will be served Friday evening, Saturday and Sunday. Snacks and beverages will be available during the meet.

VENDORS: There will be concessions, a swim supply vendor and customized meet tee shirts available for purchase on the 2nd level of the Blatt Natatorium.

HOTEL ACCOMODATIONS: Please refer to Palmetto Aquatics when calling to reserve a room. See the hotel fliers located on the PALM meet web page.

* **Staybridge Suites.** Call (803) 451-5900. PALM rates: \$129 – King studio suite with full size kitchen/sleeper sofa, \$149 for 2 Queens, and \$209 – 2 bedroom 2 bath suite with full size kitchen (1,000 sq. ft). Located at 1913 Huger Street minutes from the pool. Includes complimentary hot breakfast buffet and Wi-Fi.

* **Wingate by Wyndham.** Call (803) 407-6166. PALM rate of \$84/night. Located off I-26 in Harbison area at 217 Lanneau Court 12 Minutes from Downtown. Includes complimentary hot breakfast buffet and Wi-Fi.

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ORDER OF EVENTS Friday Afternoon, July 8, 2016 Session: 1 – Timed Finals

Warm-up: 4:00 PM
Start time: 5:00 PM

Girls Event #	Boys Event #	Age Group	Event
1	2	OPEN	400 IM (P)
3	4	OPEN	800 Free (P)
5	6	OPEN	1500 Free (P)

(P) Positive check in required

Saturday Morning, July 9, 2016 Session: 2 – Timed Finals

Warm-up: 7:30 AM
Start time: 8:30 AM

Girls Event #	Boys Event #	Age Group	Event
7	8	12 and Under	50 Backstroke
9	10	12 and Under	200 Free
11	12	12 and Under	100 Fly
13	14	12 and Under	100 Breaststroke
15	16	12 and Under	50 Free
17	18	12 and Under	400 Free (P)

(P) Positive check in required

Saturday Afternoon, July 9, 2016 Session: 3 – Timed Finals

Warm-up: Not before 12:00 PM
Start time: Not before 1:00 PM

Girls Event #	Boys Event #	Age Group	Event
19	20	13 and Over	200 Breaststroke
21	22	13 and Over	100 Free
23	24	13 and Over	200 Fly
25	26	13 and Over	100 Backstroke
27	28	13 and Over	200 IM
****10 Minute Break****			
29	30	13 and Over	400 Free (P)

(P) Positive check in required

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ORDER OF EVENTS Sunday Morning, July 10, 2016 Session: 4 – Timed Finals

Warm-up: 7:30 AM
Start time: 8:30 AM

Girls Event #	Boys Event #	Age Group	Event
31	32	12 and Under	200 IM
33	34	12 and Under	50 Breaststroke
35	36	12 and Under	100 Backstroke
37	38	12 and Under	100 Free
39	40	12 and Under	50 Fly

Sunday Afternoon, July 10, 2016 Session: 5 – Timed Finals

Warm-up: Not before 12:00 PM
Start time: Not before 1:00 PM

Girls Event #	Boys Event #	Age Group	Event
41	42	13 and Over	200 Backstroke
43	44	13 and Over	50 Free
45	46	13 and Over	100 Breaststroke
47	48	13 and Over	200 Free
49	50	13 and Over	100 Fly

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MEET ENTRY SUMMARY SHEET

Team Information

Team Name _____ Team Code _____

Coach(s) _____

Team Coach and Contact Person _____

Home/Cell Phone Number _____ Work Phone Number _____

E-Mail Address _____

Team Mailing Address _____

Financial Information

_____ # swimmers x \$20.00 (pool surcharge) = _____

_____ # swimmers x \$2.00 SCLSC Travel Fund/Program Fee = _____

_____ # swimmers x \$2.00 SCLSC Sports Development Fee = _____

_____ # swimmers x \$2.00 SCLSC out of state Travel/Program fee= _____

_____ # entries x \$3.50 (per event) = _____

Total Fees _____

Submit checks, payable to Palmetto Aquatics and the Meet Entry Summary Sheet to:
2016 Palmetto Aquatics LC Last Chance Qualifier
c/o Heath Edwards
5102 Circle Drive
Columbia, South Carolina 29206

By submitting these entries for this meet, USA Swimming, South Carolina Swimming LSC, Palmetto Aquatics, the University of South Carolina, Sports Timing & Software, Inc., Augusta Swim Supply, and any volunteers and sponsor organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

Signature/Title: _____